Invasive and Noninvasive Group A Streptococcal Isolates with Different speA Alleles in The Netherlands: Genetic Relatedness and Production of Pyrogenic Exotoxins A and B

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Streptococcal pyrogenic exotoxin A (SPE-A) and SPE-B have been implicated in the pathogenesis of severe group A streptococcal (GAS) disease. We studied 31 invasive GAS strains including 18 isolates from patients with toxic shock syndrome and 22 noninvasive strains isolated in The Netherlands between 1994 and 1998. These strains were associated with the different allelic variants of the gene encoding SPE-A. We selected endemic strains with speA-positive M and T serotypes: speA2-associated MIT1 and M22-60T12 strains, speA3-associated M3T3 strains, and speA4-associated M6T6 strains. Since speA1-positive isolates were not frequently encountered, we included speA1 strains of different serotypes. The GAS strains were compared genotypically by pulsed-field gel electrophoresis and phenotypically by the in vitro production of SPE-A and SPE-B. All strains within one M and T type appeared to be of clonal origin. Most strains produced SPE-A and SPE-B, but only a minority of the speA4-positive isolates did so. Among our isolates, speA1- and speA4-positive strains produced significantly more SPE-A than speA2- and speA4-containing strains, while SPE-B production was most pronounced among speA1- and speA2-containing strains. There was a marked degree of variability in the amounts of exotoxins produced in vitro by strains that shared the same genetic profile. We conclude that the differences in the in vitro production of SPE-A and SPE-B between our selected strains with identical M and T types were not related to either genetic heterogeneity or the clinical course of GAS disease in the patient from whom they were isolated.

Although group A streptococcal (GAS) isolates are generally considered noninvasive pathogens that cause localized infections of nasopharyngeal mucosal surfaces and the skin, increasing numbers of reports have described invasive infections worldwide that result in necrotizing fasciitis, a toxic shock-like syndrome (TSS), and death (7, 15, 29, 38, 40, 44). Despite significant study, the cause of episodic changes in the severity of GAS disease has not yet been elucidated. Several factors have been implicated in the pathogenesis of severe GAS infections, including a decrease in herd immunity and the introduction of highly virulent mutant strains. The emergence of certain strain types, like MIT1 and M3T3, among invasive GAS isolates symbolizes the epidemiology of GAS pathogenicity (10, 14, 15, 29, 40, 41, 45). After a long period of absence, these strains, which are associated with streptococcal pyrogenic exotoxin A (SPE-A), started reappearing in several countries. SPEs belong to the major virulence factors in the pathogenesis of severe GAS infections. They show a remarkable degree of homology with staphylococcal enterotoxins B and C and are considered superantigens, exerting a series of important biological effects on the host, including the massive release of cytokines and the consequent induction of fever, erythematous skin reactions, and polyclonal T-cell activation (1, 3, 5, 6, 24, 39).

Different streptococcal exotoxins are known, and these have been designated SPE-A, SPE-B, SPE-C, SPE-F, and streptococcal superantigen (17, 27, 35, 44, 45). The highly conserved chromosomal gene encoding SPE-B (speB) is present in practically 100% of the GAS strains (4). It has been documented that SPE-B is identical to or is an allelic variant of streptococcal proteinase precursor (12, 13); it cleaves the interleukin 1β precursor and extracellular matrix proteins such as fibronectin (17, 18). Moreover, SPE-B appears to be involved in tissue invasion and destruction (22, 23). In addition, several reports have suggested an important role for SPE-B in the pathogenesis of serious GAS disease (15, 22, 23, 34). SPE-A and SPE-C are phage encoded, and their presence is restricted to a limited number of strains (29, 46). Far more streptococcal isolates from patients with TSS, other invasive GAS disease, or scarlet fever have been reported to produce SPE-A or at least to possess the gene that encodes SPE-A (speA) than GAS isolates in general (14, 20, 21, 29, 40, 43, 44). Four naturally occurring isotypes of SPE-A have been described: SPE-A1, SPE-A2, SPE-A3, and SPE-A4. The newer variants, SPE-A2 and SPE-A3, differ from the ancient SPE-A1 by one amino acid, whereas the most recently described isotype, SPE-A4, shows only 91% homology with the other allelic variants (32).

In this investigation, we studied speA-positive GAS isolates with certain M types which were isolated frequently in The Netherlands from 1994 to 1998 for the estimation of SPE-A and SPE-B production in vitro by comparing isolates that carry different speA alleles. For this purpose, we developed a sensitive technique for the detection of SPE-A and SPE-B produced by GAS isolates. Using this assay, we collected quantitative information on the production of SPE-A and SPE-B and related our data to the presence of speA1, speA2, speA3, or speA4 alleles in speA-positive GAS strains. In this study, we made a
distinction between invasive isolates from patients with and without TSS and noninvasive throat isolates. Genetic heterogeneity among strains of the same M type was determined by pulse-field gel electrophoresis (PFGE).

MATERIALS AND METHODS

Microorganisms. A total of 53 clinical GAS strains were collected from Dutch patients during the period from 1994 to 1998 within the framework of a nationwide GAS surveillance program. Thirty-one invasive GAS strains were recovered from normally sterile sites. Twenty-two noninvasive strains were obtained from pharyngitis patients, who showed no signs of invasive infection. All GAS strains originated from different patients and were stored at −70°C upon receipt. Laboratory strains NY-5 (SPE-A positive), 279 (SPE-A negative but SPE-B positive), and A95/216 (SPE-B negative) were used as assay controls.

PFGE. PFGE was performed with the Genepath group 1 reagent kit (Bio-Rad, Hercules, Calif.) as described in the instruction manual. Briefly, in situ cell lysis was carried out by overnight incubation at 37°C in lysing Buffer 1 and lysostaphin. Proteinase K in proteinase K buffer. Then, the plugs were washed thoroughly and stored at 4°C. Next, DNA inserts were digested overnight at room temperature with 25 U of the Smal enzyme in Smal buffer per plug, followed by separation of the fragments at 180 V with a CHEF-DR II apparatus (Bio-Rad) with pulse times ranging from 5 to 50 s over 24 h. Polymerized bacteriophage lambda DNA standards (Bio-Rad) were used as molecular size markers. Gels were stained with ethidium bromide and were photographed under UV light, after which the PFGE patterns were compared visually. Restriction analysis of strains belonging to the same M type was performed simultaneously in the same run.

Culture and production of SPE-A and SPE-B. Aliquots of freshly thawed bacteria were grown on fresh blood agar plates and were subsequently cultured in Todd-Hewitt broth (Difco, Detroit, Mich.) supplemented with 0.3% (wt/vol) glucose, 0.2% (wt/vol) NaHCO₃, 0.2% (wt/vol) NaCl, 0.08% (wt/vol) Na₂HPO₄, and 0.02% (wt/vol) L-glutamine. The strains were sequentially grown twice at 37°C for 3 h to reach the logarithmic phase, followed by overnight culture at 37°C to attain the stationary phase. The bacteria were spun down, and supernatants from the final culture were concentrated six times by ethanol precipitation. Subsequent protein/enriched preparations were subjected to inhibition enzyme-linked immunosorbent assay (ELISA) for the estimation of SPE-A and SPE-B production.

Antigens. SPE-A was isolated from GAS strain NY-5 as described previously (26). The concentration of SPE-A was kindly provided by J. M. Musser (Baylor College of Medicine, Houston, Tex.). Both antigens were ≥99% pure, as determined by sodium dodecyl sulfate-polyacrylamide gel electrophoresis combined with silver staining (26).

Antibodies against SPE-A and SPE-B. High-titer serum from a selected healthy individual was used as the source of polyclonal antibodies against SPE-A and SPE-B.

Detection of SPE-A and SPE-B produced by GAS strains. SPE production by the GAS strains to be tested was determined by competitive ELISAs. Ninety-six-well flat-bottom microtiter ELISA plates (3590, Costar, Cambridge, Mass.) were coated for 1 h with 100 μl of SPE-A or SPE-B (0.5 μg/ml in saline). Unless otherwise mentioned, all incubation steps were performed at 37°C. Phosphate-buffered saline supplemented with 0.1% Tween 20 was used in the washing procedures. Blocking was performed with 150 μl of 0.1% gelatin in twice-distilled water. Concentrated supernatants were then serially diluted in 96-well, flat-bottom microtiter plates (Greiner GmbH, Frickenhausen, Germany), mixed 1:1 with our high-titer reference serum (final concentration, 1:2,000), and incubated at 37°C for 1 h until equilibrium was reached. Aliquots of 100 μl were pipetted into the coated plates, and the plates were incubated for 1 h. Next, the plates were incubated with peroxidase-labeled sheep anti-human immunoglobulin G (IgG), and the ELISAs were developed with a hydrogen peroxide–3,3′,5,5′-tetramethylbenzidine mixture as the substrate. The optical densities (ODs) in the wells were determined with an ELISA microplate reader (Bio-Rad) operated at 450 nm. The OD values measured in the absence of the supernatant were taken as 100% reference values. Supernatants from strains NY-5 and 279 were used as SPE-A positive and SPE-A-negative controls, respectively, while supernatants from strains 279 and 95/126 were used as SPE-B positive and SPE-B-negative controls, respectively. All experiments were performed in triplicate. The inhibition of ELISA reactivity was used as a measure for the percentage of SPE-A or SPE-B. Supernatants of GAS strains which were included in this study were tested at five dilutions in washing buffer: as such and at 1:3, 1:10, 1:30, and 1:100. We used a 30% reduction of the positive control OD at 450 nm (OD₃₀₀) as the threshold for exotoxin production. The highest dilution of concentrated supernatant which induced significant inhibition was used for the quantitation of toxin production. SPE production was depicted in arbitrary units, which represent the reciprocal value of the highest dilution of supernatant that induced ≥30% inhibition of ELISA reactivity. In our procedures, the lower detection limits for SPE-A and SPE-B were 5 and 1 ng/ml, respectively.

Statistics. The nonparametric Kruskal-Wallis test was used to compare the production of SPE-A or SPE-B by GAS strains of different M/T types. Differences with P values below 0.05 were considered significant.

RESULTS

Typing of bacterial isolates. After M and T typing and the determination of spe profiles, 53 clinical GAS isolates, of which 22 were noninvasive and 31 were invasive (18 isolates from pharyngitis, 5 from arthritis, and 13 isolates from patients with less severe infections), were included in the study. All isolates harbored speA and speB genes. The bacterial isolates comprised 17 M1T1 strains, 17 M3T3 strains, 5 M6T6 strains, and 9 M22-60T12 strains. Strains that possessed the speA1 allele were sporadically identified among both invasive and noninvasive isolates and were not found in association with any particular M or T strain type; five speA1-positive isolates of different types were included. The speA alleles and the clinical sources of the isolates are shown in Table 1.

A 100% correlation was observed between the following combinations: M1T1 strains and the speA2 gene, M22-60T12 strains and the speA2 gene, M3T3 strains and the speA3 gene, and M6T6 strains and the speA4 gene. All M and T types included were recovered from both invasive and noninvasive sites; M22-60T12 strains were predominantly isolated from pharyngeal swabs and were only sporadically isolated from normally sterile body compartments.

PFGE. All isolates were subjected to PFGE, and most banding patterns between isolates that carried the same M protein were indistinguishable when restriction was done with SmaI (Fig. 1). For none of the strains were more than two fragment differences observed between strains of similar M and T types. Thus, all of the strains of a particular M and T type were considered to be of similar clonal origin. No major differences in PFGE patterns were observed between isolates of identical
M and T types recovered from patients with TSS, otherwise invasive GAS isolates, or isolates from patients with pharyngitis. The five speA1-positive isolates each belonged to different serotypes, and all had different PFGE profiles (data not shown).

Production of SPE-A and SPE-B. The production of SPE-A and SPE-B by these GAS strains was quantitated by competitive ELISA. Exotoxin-enriched supernatants were first incubated in solution with high-titer human serum at fixed concentrations as a source of anti-SPE-A and anti-SPE-B antibodies until equilibrium was reached. The concentration of free antibodies was then determined by ELISA. In order to guarantee the specificity of the assay, inhibition of ELISA reactivity was determined with supernatant preparations for negative control strains (strain 279 for SPE-A production and strain A95/126 for SPE-B production). OD values for the plates coated with SPE-A or SPE-B were identical to the values observed for the plates with Todd-Hewitt broth growth medium, indicating that cross-reactivity between the coating and other GAS products excreted into the supernatant did not occur. The supernatant preparation for strain NY-5, our source for the purification of SPE-A, was used as a positive control for the production of SPE-A (Fig. 2).

Similarly, the supernatant preparation for strain 279 was tested as a positive control for the production of SPE-B. The production of SPE-A and SPE-B by individual GAS strains is presented in Fig. 3. The majority of isolates were found to produce SPE-A as well as SPE-B in vitro. Significant differences in the amounts of SPE-A and SPE-B produced were observed between groups of strains with different speA allelic variants ($P < 0.0005$). Of the clinical isolates tested, SPE-A was detected in supernatant preparations for all speA1-, speA2-, and speA3-positive strains. speA4-positive strains did not always cause inhibition. The speA1- and speA3-positive strain types did not produce significantly different concentrations of SPE-A. Furthermore, no significant differences in SPE-A production were demonstrated between M22-60T12 and M6T6 strains. speA1 and speA3 strains produced significantly larger amounts of SPE-A than speA2 and speA4 strains ($P < 0.005$). The level of SPE-A production by M1T1 strains was lower than that by speA1 strains and speA3 M3T3 strains ($P < 0.001$) but was higher than that by M22-60T12 and M6T6 strains ($P = 0.04$).

Overall, SPE-B was detected at higher concentrations than SPE-A. No significant differences in the levels of SPE-B were observed between speA1 and speA2 strains. In addition, no significant differences in the levels of SPE-B were found between speA3 and speA4 isolates. The level of production of SPE-B by speA1 isolates and speA2-positive strains of the M1T1 or M22-60T12 serotypes was significantly higher than that by M3T3 and M6T6 strains, some of which did not synthesize measurable amounts of SPE-B ($P < 0.0005$). The levels of exotoxin production in broth medium by strains of identical M types varied widely from none to strong, but no significant differences in SPE production by strains from patients with TSS, otherwise invasive strains, or noninvasive strains were observed.

**DISCUSSION**

In this study, we investigated the production of SPE-A and SPE-B by 53 endemic GAS strains and compared the levels of
occurred, we included five Swedish and Finnish studies that showed that all M1 strains were analyzed did not represent the wide variety of GAS types present in the community. In accordance with other Dutch endemic strains containing the speA gene (15, 28, 33). In striking contrast, the connection between M1 and M3 strains and the speA gene among U.S. isolates was considerably lower (8). These large discrepancies with regard to the occurrence of speA may be related to the geographic region of where the strain is isolated. PFG was performed to determine whether toxin expression could be related to the genetic differences within strains of similar M and T types. The value of PFG with SmaI in the molecular epidemiological typing of Streptococcus pyogenes, has been well established, yielding suitable and discriminatory macrorestriction patterns (2, 43, 47). Among the restricted numbers of isolates in our study, we could not detect significant differences in banding patterns between strains that shared identical M and T types. Moreover, regardless of the sources of the clinical isolates, all GAS isolates with similar M and T types appeared to be derived from the same genetic lineage, even though they may have originated from different regions of the country. These results are in line with those of others who did not find a correlation between the genomic type and the severity or outcome of disease among M1T1 isolates (28, 33). Accordingly, several other previous reports have demonstrated a strong clonality of M1T1 strains from different parts of the world (10, 25, 29–31, 43). While substantial genetic diversity among M1-expressing organisms has, however, been described, a single subclone that carries the speA gene and that has been recovered worldwide, including The Netherlands, was involved in most invasive episodes (25, 28, 31, 33). It seems obvious that our M1 isolates belong to this globally spread clone, which has been designated restriction fragment length polymorphism type 1a. Furthermore, Upton et al. (47) recently identified two subclones within the M3 type, and both of them contain the speA gene.

Some investigators reported a direct correlation between logarithmic growth and SPE-A production (16), while others mentioned that SPE-A is produced mainly during the short stationary phases which interrupt growth (36). In contrast, SPE-B production was detected only when cultures entered the stationary phase (9). In our study, we tested exotoxin production in bacterial supernatant preparations at several time points in 1- to 24-h cultures starting from fresh mid-logarithmic-phase cultures. From these experiments, exotoxin production appeared to be most pronounced with two sequential incubations to the mid-logarithmic phase, followed by an overnight culture. The results indicated that the majority of our endemic strains containing the speA gene are indeed producers of exotoxins A and B in vitro. Purified SPE-A from laboratory strain NY-5 and human serum containing polyspecific IgG were used for the estimation of SPE-A production; considerable inhibition of ELISA reactivity was reached by all allelic SPE-A variants. Therefore, we conclude that anti-SPE-A antibodies are cross-reactive with all four allelic variants of SPE-A. As far as levels of SPE-A production were concerned, speA1 and speA3 strains induced significantly stronger inhibition than speA2 and speA4 strains. We considered the possibility that the anti-SPE-A antibodies in our reagent serum present a lower affinity or neutralizing capacity toward SPE-A2, SPE-A3, and especially, SPE-A4 than toward SPE-A1; SPE-A1 differs from SPE-A2 and SPE-A3 by only one amino acid, while the degree of homology with SPE-A4 is considerably lower. These differences may have influenced the results, since our ELISA plates were coated with NY-5-derived SPE-A1. However, subjection of GAS supernatant preparations to sodium dodecyl sulfate-polyacrylamide gel electrophoresis and silver staining yielded results which were in line with the data obtained by inhibition ELISA (data not shown). Our high-titer serum also appeared to be appropriate for the

![Diagram showing production of SPE-A and SPE-B by clinical GAS isolates](http://jcm.asm.org/downloaded_from.png)
recognition of SPE-B. Our isolates generally produced SPE-B in larger amounts than SPE-A. Strong exotoxin B production was common in speA1 and speA2 strains, while nonproducers were found among the speA3 and speA4 strains. Interestingly, an enormous variation in the amounts of both SPE-A and SPE-B produced by strains of identical M and T types was noticed. Since these strains were indistinguishable by PFGE and were very likely genetically related, we conclude that toxin production is regulated at the transcription level. It is important to bear in mind that toxin production in vitro may not accurately reflect the regulation of protein expression in the host. In addition, it is not clear whether SPE-A production by invasive strains occurs in response to environmental conditions encountered in the host during tissue invasion and/or whether the toxin contributes to the invasiveness of the strain. The systemic effects in necrotizing fasciitis and TSS may be due to synergistic effects involving multiple streptococcal products. It is possible that speA is genetically linked to one or more other genes involved in TSS. Recently, Cleary et al. (11) reported that SPE-A expression is genetically unstable, suggesting the existence of a common regulatory circuit linking intracellular invasion, the M protein, the hyaluronic acid capsule, and SPE-A expression and providing a reversible genetic switch mechanism by which SPE-A and M1 expression could both vary (11).

Surprisingly, we observed higher percentages of SPE-A-producing strains than several other investigators: Talkington et al. (45) reported that 50% of M1 and M3 strains expressed SPE-A, Hauser et al. (14) observed 100% SPE-A production by M3 strains versus 20% SPE-A production by M1 strains, and Chaussee et al. (8) mentioned 43% SPE-A production by invasive speA-positive isolates. Holm and coworkers (15, 33) concluded that Scandinavian M1 strains produce very little or no SPE-A but large amounts of SPE-B, regardless of the clinical condition. We ascribe the discrepancies between our results and those from other groups to differences in procedures. Relative to other techniques that have been used (14–16, 21), the inhibition ELISA that we used is a very sensitive technique for the estimation of SPE-A and SPE-B, with both exotoxins being detected in nanogram amounts. The high-titer human serum that we used proved to be an excellent source of polyclonal antibodies against SPE-A and SPE-B. Furthermore, hyaluronic acid, which at high levels might interfere with the detection of SPE-A, did not disturb our assays, because the concentration factor of the bacterial supernatant preparations did not exceed sixfold.

Our data do not support the hypothesis that the clinical source of the GAS isolate determines the in vitro production of either exotoxin. With regard to this particular point, our data are in line with those of others who suggest an absence of a correlation between SPE-B production in vitro and the severity of GAS disease or any particular M type (8, 15, 33, 37, 45). A strong association between SPE-A production and the isolation of SPE-A-producing strains from patients with TSS has, however, been observed (14, 21, 29, 45), although the speA-positive TSS strains in those studies were compared with speA-negative strains isolated from other sources as well. Interestingly, a study with isolates with identical restriction fragment length polymorphism patterns within families showed that while the speA gene was maintained in all isolates, only invasive isolates expressed SPE-A in vitro (8).

The increase in the incidence of invasive GAS disease is accompanied by a shift in the appearance of speA alleles. Remarkably, the speA1 allele was already observed in GAS strains isolated in the first half of the century. Nowadays, however, speA1 is rarely found in current GAS strains, while speA2 and speA3 are frequently encountered (30, 32). The allelic variants of SPE-A may display qualitative or quantitative heterogeneity in one or more of the functions ascribed to SPE-A. Thus, it might be speculated that the allelic change from speA1 into speA2 or speA3 contributes to the progressive virulence of the bacteria. Bradford Kline and Collins (6) demonstrated that SPE-A3 has significantly enhanced mitogenic activity and affinity for class II MHC molecules those of SPE-A1. In contrast, SPE-A2 has slightly higher affinity for class II molecules than SPE-A1 but no increased mitogenic activity (6). Minor increases in toxin production combined with the enhanced activities of exotoxin A could, however, result in disproportionate increases in toxicity and thus increased virulence in the host. This might be the result of both higher-level toxin production by SPE-A-positive strains compared with the for strains that do not synthesize SPE-A and a reflection of the greater toxicity of the current SPE-A alleles compared with that of the ancient SPE-A or other streptococcal toxins (20, 21).

In conclusion, the majority of speA-positive GAS strains endemic in The Netherlands synthesized SPE-A and SPE-B in vitro. In general, the selected M and T serotypes in combination with the speA allelic variants appeared to be correlated with the expression of exotoxins, with SPE-A production being most pronounced in our speA1 and speA3 strains and SPE-B production being most significant in our speA1 and speA2 strains. Nevertheless, genetically related isolates of identical M and T serotypes showed wide variations in levels of SPE-A and SPE-B excretion in vitro, but these variations were not decisive for the clinical course of disease: there were no significant differences in the levels of in vitro production of SPE-A and SPE-B by strains from patients with TSS, otherwise invasive strains, or noninvasive strains.

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