Pulsed-Field Gel Electrophoresis Analysis of Nasopharyngeal Flora in Children Attending a Day Care Center

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To investigate how bacterial pathogens spread from child to child in a day care center, we monitored six children, two boys and four girls, born between August 1995 and November 1997, attending a day care center and analyzed nasopharyngeal samples from them using pulsed-field gel electrophoresis (PFGE). We obtained nasopharyngeal cultures from all of the affected children and almost all of the unaffected children between September 1998 and March 1999 after some children presented simultaneously with purulent rhinorrhea. Moreover, when a child was found to have acute otitis media, nasopharyngeal secretions from the child were independently cultured during treatment. During this period, 28 isolates of Moraxella catarrhalis, 13 of Streptococcus pneumoniae, and 4 of Haemophilus influenzae were recovered. PFGE gave 8 patterns for M. catarrhalis, 10 for S. pneumoniae, and 1 for H. influenzae. PFGE patterns demonstrated spread of M. catarrhalis between children. However, each occurrence of clusters of infection with M. catarrhalis lasted 2 to 6 weeks, with a change in PFGE pattern between occurrences of clusters. The M. catarrhalis strain infecting each child also changed. Similarly, the S. pneumoniae strain in each child also changed. In contrast, infection with H. influenzae persisted for about 3 months in an affected child.

Acute otitis media (AOM) is the most common disease of the upper respiratory airway in childhood and occurs at least once in about two-thirds of children under 3 years of age (17). Recurrent AOM (rAOM) tends to occur in children under 2 years of age, particularly with episodes of AOM in the first year of life (9). AOM has a multifactorial etiology, and risk factors for rAOM are classified by host, bacterial, and environmental characteristics. Host factors include immature immunity (15), lack of breast feeding, and tubal dysfunction (4). With respect to bacterial factors, penicillin-resistant Streptococcus pneumoniae has become a major concern in respiratory tract infections in children. Recent studies have shown a high incidence of penicillin-resistant S. pneumoniae in middle ear secretions (6). As for environmental factors, the relationship between day care center attendance and occurrence of otitis media was reported by Hesselvic (8) as early as 50 years ago. Since then, many other studies have shown that day care center attendance is a strong risk factor for rAOM compared with care at home (7, 14, 16).

Although attendance at a day care center is a risk factor for rAOM, no epidemiological study has demonstrated that children acquire infecting organisms from other children. Moreover, the incidence of rAOM has increased recently, with some children requiring hospitalization and treatment with injectable antibiotics because of persistent purulent otitis media, high fever, and complications, e.g., bacterial meningitis. Therefore, it is important to analyze clinical nasopharyngeal samples from children attending day care centers. In this study, we analyzed nasopharyngeal cultures from children attending a day care center and investigated how bacterial pathogens spread from child to child in this setting, using pulsed-field gel electrophoresis (PFGE).

MATERIALS AND METHODS

Monitoring. We prospectively monitored six children attending a day care center attached to Tohoku Rosai Hospital in Sendai City from December 1997 to March 1999. The six children, two boys and four girls, were born between August 1995 and November 1997. Five children were between the ages of 7 months and 2 years 4 months when our study started. The other one was 6 months old when the child entered the day care center in May 1998. These six children were the only ones in the day care center and were cared for in one room measuring about 6 by 8 m.

Nasopharyngeal cultures. Between September 1998 and March 1999, when some children presented simultaneously with purulent rhinorrhea, nasopharyngeal secretions from all of the affected children and almost all of the unaffected children were cultured by an otolaryngologist (M.S.). In addition, when a child was found to have AOM, nasopharyngeal secretions from the child were independently cultured during treatment. The diagnosis of AOM was made by the same otolaryngologist. This study protocol was approved by Tohoku Rosai Hospital’s ethics committee.

Nasopharyngeal secretions were obtained with a sterile cotton swab (Seed Swab No. 2; Eiken Chemical Co., Ltd., Tokyo, Japan). The swab with the sample was shaken in 1.0 ml of buffered saline with gelatin (BSG), which consisted of 8.5 g of NaCl, 0.3 g of KH2PO4, 0.6 g of Na2HPO4, 0.1 g of gelatin, and 1,000 ml of distilled water (11), to suspend microorganisms, and 20 μl of the suspension was plated onto chocolate and sheep blood agar plates, which were incubated at 35°C for 18 to 24 h in a candle jar. Alpha-hemolytic colonies were selected and transferred to sheep blood agar, and S. pneumoniae was identified by its sensitivity to optochin. Colonies with morphological typical of Haemophilus influenzae were purified by passage on chocolate agar and identified using paper disks impregnated with an NAD solution (Factor X; Eiken Chemical Co.) and hemin (Factor V; Eiken Chemical Co.). Moraxella catarrhalis was identified by failure of bacterial growth on blood agar plates and the ability to utilize carbohydrates, reduction of nitrate, and production of DNase (13). Gram stains were performed for each isolate.

Antimicrobial agents. Reference powders of different drugs with known potency were as follows: benzylpenicillin (Banyu Pharmaceutical Co., Ltd., Tokyo, Japan), ampicillin (Meiji Seika Kaisha, Ltd., Tokyo, Japan), clavulanic acid (SmithKline Beecham Pharmaceuticals, Surrey, United Kingdom), cefaclor (Eisai Co., Ltd., Tokyo, Japan), cefadroxil (Sankyo Co., Ltd., Tokyo, Japan), cefuroxime (Takeda Chemical Industries, Ltd., Osaka, Japan), cefmetazole (Sankyo Co.), cefotaxime (Nippon Hoechst Marion
TABLE 1. Clinical courses of the six children studied

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* URI, upper respiratory infection.
* E, entrance into the day care center.

RESULTS

Occurrence of upper respiratory infection and AOM. All of the children had upper respiratory infections during the monitoring period. Five children (83%) had at least one episode of AOM, and four had more than four episodes (Table 1). Although child 3 did not have AOM before entrance into the day care center, he had rAOM episodes after entrance. On the other hand, children 2 and 5 rarely had episodes of AOM during the monitoring period, although they attended the same day care center.

Nasopharyngeal culture. Between September 1998 and March 1999, 28 isolates of *M. catarrhalis*, 13 of *S. pneumoniae*, and 4 of *H. influenzae* were recovered from the six children, mainly from the nasopharynx.

PFGE. We examined whether isolates from the nasopharynx belonged to the same strain by PFGE after cutting chromosomal DNA with two or three restriction enzymes. As shown in Fig. 1, we obtained 8 PFGE patterns from *M. catarrhalis* isolates, 10 from *S. pneumoniae* isolates, and 1 from *H. influenzae* isolates. The isolates which showed the same PFGE pattern with one restriction enzyme were identified as the same strains after digestion with the other enzymes for each organism. We designated these strains M1 to M8, S1 to S10, and H, respectively.
Spread of bacteria in the day care center. Clusters of infections with *M. catarrhalis* strains M1, M2, M4, and M7 occurred in children attending the day care center from September 1998 to March 1999. However, the duration of each occurrence of clusters of infection lasted 2 to 6 weeks. The PFGE pattern of the *M. catarrhalis* strains changed between periods of clusters. Similarly, the strain of *M. catarrhalis* changed in each child in the day care center between periods of infection (Table 2).

In this study, the clusters of infection with *S. pneumoniae* and *H. influenzae* could not be measured. As with *M. catarrhalis*, the strain of *S. pneumoniae* also changed with time in each child. However, child 3 was infected with the same *H. influenzae* strain for 3 months (Table 2).

**MIC determinations.** The MICs of 10 antibiotics against 28 isolates of *M. catarrhalis*, 13 of *S. pneumoniae*, and 4 of *H. influenzae* were determined. When we compared susceptibility patterns with PFGE profiles, the MICs were almost equal for the strains which showed the same PFGE profile. Therefore, the MICs for the representative strains which showed different PFGE profiles are shown in Table 3.

Because the MICs decreased slightly in the presence of clavulanic acid (5 μg/ml), which inhibits β-lactamase activity, all strains of *M. catarrhalis* and *H. influenzae* were considered to produce penicillinase. In addition, all *M. catarrhalis* and *H. influenzae* isolates were considered to produce penicillinase by the P/Case test (Showa Chemical Co., Ltd., Tokyo, Japan). Of the 10 strains of *S. pneumoniae*, 3 were resistant to benzylpenicillin (MIC, ≥2.0 μg/ml) and 4 showed intermediate resistance (0.1 μg/ml ≤ MIC ≤ 1.0 μg/ml).

**DISCUSSION**

AOM is a major health problem of childhood. In the past, it was easy for physicians to treat AOM with antibiotics. However, the incidence of rAOM has increased recently, with some children requiring hospitalization and treatment with injectable antibiotics because of persistent purulent otorrhea and high fever. Such severe AOM has the possibility of supplicative complications, e.g., bacterial meningitis or brain abscess. Generally, the parents of children who attend day care centers have jobs outside the home. Thus, rAOM represents a significant burden when outpatient treatment fails. Moreover, rAOM is recognized as a social problem because of the associated high medical expenses. Although rAOM has been reported to be associated with attendance at day care centers (7, 14, 16), no epidemiologic

**TABLE 2.** *M. catarrhalis*, *S. pneumoniae*, and *H. influenzae* isolates recovered from the nasopharynges of the six children studied and occurrence of clusters of infection with *M. catarrhalis* 

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<th>Child</th>
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* PCG, benzylpenicillin; AMP, ampicillin; CLA, clavulanic acid (5 μg/ml); CEC, cefaclor; CPD, cefpodoxime; CDT, cefditoren; CTM, cefotiam; CMZ, cefmetazole; CTX, cefotaxime; IPM, imipenem.
study has demonstrated that children acquire infecting organisms from either other children or the same children at different times. Neither has molecular biology been used to characterize the infecting agent, thereby establishing the mode of infection. Therefore, it is important to analyze isolates from the nasopharynges of children attending day care centers to answer these questions. In this study, we investigated bacteria in serial nasopharyngeal cultures repeatedly in children attending a day care center, using PFGE.

The usefulness of epidemiological typing of the strains of a bacterial species by PFGE for genomic DNA has been well established (2). First, we analyzed PFGE patterns using SpeI for *M. catarrhalis* and SmaI for *S. pneumoniae* and *H. influenzae*. As a result, we obtained 8 PFGE patterns from *M. catarrhalis* isolates, 10 from *S. pneumoniae* isolates, and 1 from *H. influenzae* isolates. To indicate that the strains showing indistinguishable PFGE patterns are indeed the same, we further analyzed PFGE patterns using NorI and NheI for *M. catarrhalis*, *ApaI* for *S. pneumoniae*, and SpeI for *H. influenzae*. As for *S. pneumoniae* and *H. influenzae*, the isolates which showed the same PFGE pattern with the first restriction enzyme were identified as the same strains after digestion with another enzyme. As for some *M. catarrhalis* strains, it was very difficult to obtain PFGE bands with NorI and NheI (M4, M5, and M6) and NheI (M3 and M7) for unknown reasons. However, by using both NorI and NheI, we found that the strains showing indistinguishable PFGE patterns with SpeI were indeed the same.

In analyzing the restriction patterns, we referred to Tenover’s guidelines to determine the relatedness of bacterial isolates (18). As a result of PFGE, restriction patterns were divided into two types: one is indistinguishable patterns, and the other is differences of more than four bands in each organism. Strains showing differences of more than four bands were considered unrelated because the isolates were collected within a short period (6 months) and taken from small populations (18).

Table 1 shows the clinical courses of all of the children studied with regard to AOM and upper respiratory infections between December 1997 and March 1999. There were many AOM episodes. Child 3 had no attacks prior to entrance into the day care center but had several consecutive episodes of AOM after entrance. Attendance at a day care center seemed to be a causative factor for AOM in this case. However, four episodes of AOM other, from child 3 during this period.

Four *H. influenzae* isolates were recovered from the nasopharynges of six children. PFGE showed that these isolates belonged to the same strain. Infection with *H. influenzae*, unlike infection with *M. catarrhalis* and *S. pneumoniae*, persisted for about 3 months in child 3. Therefore, we assume that elimination of *H. influenzae* from the nasopharynx is difficult, compared with that of *M. catarrhalis* and *S. pneumoniae*. Studies addressing this question are under way in our laboratory.

ACKNOWLEDGMENT

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