Diagnostic and Public Health Dilemma of Lactose-Fermenting
Salmonella enterica Serotype Typhimurium in Cattle
in the Northeastern United States

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Received 15 July 1999/Returned for modification 2 December 1999/Accepted 14 December 1999

The presence of lactose-fermenting Salmonella strains in clinical case materials presented to microbiology laboratories presents problems in detection and identification. Failure to detect these strains also presents a public health problem. The laboratory methods used in detecting lactose-fermenting Salmonella enterica serotype Typhimurium from six outbreaks of salmonellosis in veal calves are described. Each outbreak was caused by a multiply-resistant and lactose-fermenting strain of S. enterica serotype Typhimurium. The use of Levine eosin-methylene blue agar in combination with screening of suspect colonies for C8 esterase enzyme and inoculation of colonies into sulfide-indole-motility medium for hydrogen sulfide production was particularly effective for their detection. A hypothesis for the creation of lactose-fermenting salmonellae in the environment is presented. It is proposed that the environment and husbandry practices of veal-raising barns provide a unique niche in which lactose-fermenting salmonellae may arise.

To differentiate Salmonella from other Enterobacteriaceae, bacteriologists use lactose fermentation as a key biochemical test. As early as 1887, it was known that Escherichia coli was a lactose fermenter and that Salmonella was not a lactose fermenter. Therefore, most differential plating media commonly developed and used today for the isolation of Salmonella contain lactose (16, 17, 31).

It has been reported that less than 1% of all salmonellae ferment lactose (17). Since 1907, there have been various reports of the occurrence of lactose-fermenting (Lac+) Salmonella in humans, such as Lac+ Salmonella enterica serotype Virchow, S. enterica serotype Tennessee, S. enterica serotype Indiana, S. enterica serotype Agona, S. enterica serotype Typhimurium, S. enterica serotype Oranienburg, S. enterica serotype Toubin, S. enterica serotype Newport, S. enterica serotype Typhi, S. enterica serotype Java, and S. enterica serotype Toulon (1, 7, 12, 14, 19–22, 26, 27, 35, 38, 48, 55, 58–60). Lac+ S. enterica serotype Typhimurium and S. enterica serotype Anatum have been reported from dried milk products and milk-drying equipment (5, 57). There have been, however, only a few accounts of animal isolations: e.g., from 1969 to 1971 in Arizona, Lac+ S. enterica serotype Typhimurium was isolated from avian, bovine, canine, and porcine hosts, with most of the Lac+ isolates coming from calves that had high morbidity and mortality rates (52). In 1976, an epidemic in 4-day-old calves of salmonellosis due to Lac+ S. enterica serotype Typhimurium was reported in Australia (33). In 1978, S. enterica serotype Indiana was isolated in turkeys in Great Britain (30, 55, 57). Also, in 1978, we reported the first veal calf outbreak due to Lac+ S. enterica serotype Typhimurium in the northeastern United States (43, 57). In 1981 and 1983, respectively, Corbion in France (9) and Rodriguez et al. in Cuba (51) described Lac+ Salmonella in cattle.

It is apparent that there are only a few reports that convey details of animal outbreaks caused by Lac+ S. enterica serotype Typhimurium. The purpose of our work is to present the clinical microbiology characteristics of six outbreaks of Lac+ S. enterica serotype Typhimurium occurring in intensively raised, milk-fed veal calves in the late 1970s and early 1980s in the northeastern United States. Also, we present a testing protocol for use by clinical laboratories concerned with the detection of biochemically aberrant isolates. The public health significance of these outbreaks is highlighted. The results of antimicrobial resistance found in the isolates is discussed in the context of the genetic events that likely occurred to produce the Lac+ Salmonella isolates. A hypothesis is proposed as to the creation of Lac+ Salmonella in the environment and is related to the epidemiology of salmonellosis in veal calves.

MATERIALS AND METHODS

Case material. The isolates of S. enterica serotype Typhimurium used in this study originated from New York and Pennsylvania and were from diarrheal disease samples submitted to the New York State Diagnostic Laboratory as part of its mission to conduct laboratory investigations of spontaneously occurring disease in food-fiber animals, other animals, and birds. Fecal samples obtained from live animals and submitted in various transport media and internal tissues obtained at postmortem examination of calves were the usual specimens to be cultured. Field trip visits to three of the six outbreak sites were made to gather additional animal and environmental specimens for culturing. A questionnaire was developed for use in the field to gather demographic and calf information, including the use of antimicrobial agents. Further information was gathered by telephone interviews.

Viral fluorescent-antibody testing. For detecting bovine rotaviruses and coronaviruses, sections of calf intestine were frozen at −70°C for 2 h. A cryostat microtome was used to cut tissue sections, which were then mounted on glass slides (two sections per slide), air dried, and fixed in acetone at −20°C for 15 min. Next, the acetone-fixed slides were dried in a biological safety cabinet and stored at −70°C before staining. An fluorescein isothiocyanate-conjugated calf anti-bovine coronavirus reagent and a fluorescein isothiocyanate-conjugated calf anti-bovine rotavirus reagent were used in a direct fluorescent-antibody assay to detect the presence of bovine rotaviruses and coronaviruses (conjugates came from the Reagents Division, National Veterinary Services Laboratories, Animal and Plant Health Inspection Service, U.S. Department of Agriculture, Ames, Iowa, and were produced in gnotobiotic calves). Slides were read on a fluorescent microscope at 450 nm.

Bacterial culturing. All fecal and tissue specimen manipulations were performed with a biological safety cabinet (type 2A) by trained microbiology staff following aseptic techniques. Standard microbiological procedures were used throughout the study (15, 16, 23, 25, 28, 32). The following bacteriological media

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Citrobacter fluorescens was detected to a number score by the method of McDonough et al. (45). Interpretation of results (46). A mnemonic was used to reduce the resistances.

National Committee for Clinical Laboratory Standards guidelines were used for standard bacterial strains were used as quality controls in these assays (45), and methods of Duguid et al. (13) and McDonough et al. (45) for presumptive results (24, 29).

Another colony-screening technique which worked well was the polyvalent salmonella O antisera; colonies are slide agglutination with polyvalent salmonella O antisera; colonies are slide positive. Another colony-screening technique which worked well was the polyvalent salmonella bacteriophage O-1 group E assay, which produced same-day presumptive results (24, 29).

Identification of Salmonella. Colonies thought to be Salmonella were tested biochemically with a standard conventional biochemical protocol (17, 18, 32). Finally, biochemically confirmed salmonellae were serogrouped with commercially available rabbit antisera (BBL) (18).

Bacteriophage typing of Lac+ isolates. Isolates of S. enterica serotype Typhimurium were phage typed with an updated serotype Typhimurium scheme (2, 6, 34, 45). Phage typing studies were performed at the Laboratory Center for Disease Control, Bureau of Microbiology, National Laboratory for Enteric Pathogens, Ottawa, Canada.

Biotyping of Lac+ isolates. Biotyping of isolates was performed by the methods of Duguid et al. (13) and McDonough et al. (45) for S. enterica serotype Typhimurium.

Plasmid profile. Plasmid DNA was isolated by an adaptation of the Birboim-Doly extraction procedure (4) and analyzed by vertical gel electrophoresis by the technique of Cross and Falkow (11).

Antimicrobial susceptibility testing. The disk diffusion method of Bauer et al. (3) was used for susceptibility testing. Fourteen drugs were routinely used to test gram-negative enteric bacteria: ampicillin (10 μg), chloramphenicol (30 μg), colistin (10 μg), sulfisoxazole (Gantrisin) (300 μg), gentamicin (10 μg), kanamycin (30 μg), neomycin (30 μg), nitrofurantoin (300 μg), polymyxin B (300 μg), streptomycin (10 μg), tetracycline (30 μg), triple sulfa (300 μg), trimethoprim (1.25 μg)-sulfadiazine (23.75 μg), and cephalothin (30 μg). The Mueller-Hinton agar and drug disks were BBL products, except for sulfisoxazole (Dilco). Standard bacterial strains were used as quality controls in these assays (45), and National Committee for Clinical Laboratory Standards guidelines were used for interpretation of results (46). A mnemonic was used to reduce the resistances detected to a number score by the method of McDonough et al. (45).

Gross pathology and histopathology. Gross and microscopic examinations of any calves and their tissues submitted to the Necropsy Service, Department of Pathology, College of Veterinary Medicine, Cornell University, were made.

RESULTS

Clinical case and treatment histories. A series of six outbreaks of salmonellosis in veal calves occurred from October 1977 to February 1982 in northern Pennsylvania and the southern tier of New York. In all cases, both morbidity and mortality rates were high; calves, 7 to 10 days old on average, presented with clinical signs of depression, anorexia, fever, bloody diarrhea, and severe dehydration. Most affected calves died within 24 to 36 h of the onset of illness. The antimicrobial treatment histories, including medicated milk replacer diets, are shown in Table 1.

Clinical bacteriology and clinical virology. In the first outbreak, eight of eight dead calves had Lac+ S. enterica serotype Typhimurium isolated from intestines and mesenteric lymph nodes; in six of eight, isolates were obtained from gallbladder swabs; in five of eight, isolates were obtained from livers and spleens; two of eight calves had Pasteurella multocida and Arcanobacterium pyogenes isolated from lungs; the environment (room drains and milk mixer apparatus) were culture positive for Lac+ S. enterica serotype Typhimurium; and no salmonellae were found in the milk replacer. Fluorescent-antibody tests were negative for rotavirus and coronavirus for eight of eight tested calf intestines.

In the second outbreak, the intestines of 2 calves were tested and were found culture positive for Lac+ S. enterica serotype Typhimurium; no bacteria were isolated from joints; feces from 4 of 12 live calves were culture positive for Lac+ Salmonella; and the milk replacer was culture negative for Salmonella. No virology testing was conducted on these calves.

In the third outbreak, the ileum tested from a single calf contained Lac+ S. enterica serotype Typhimurium; environmental specimens (room drains, milk mixer vat, environmental surfaces, and milk pails) contained no salmonellae; and four of nine fecal specimens from live calves contained Lac+ S. enterica serotype Typhimurium. Fluorescent-antibody tests were negative for rotavirus and coronavirus for the single tested dead calf intestines.

In the fourth outbreak, only two fecal specimens were received from live calves; Lac+ S. enterica serotype Typhimurium was cultured from these. Virology testing was not attempted for these calves.

In the fifth outbreak, Lac+ S. enterica serotype Typhimurium was recovered from three dead calf hock joints, ilea, spleens, and mesenteric lymph nodes, as well as from fecal samples from six live calves. The intestine from one of the three autopsied calves was tested by a fluorescent-antibody test for rotavirus and coronavirus, with negative results.

<table>
<thead>
<tr>
<th>Outbreak</th>
<th>Drugs used in feed and for treatment of sick calves</th>
<th>Milk replacer</th>
<th>III calves (oral and injectable drugs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nitrofurantoin, oxytetracycline</td>
<td>Neomycin, oxytetracycline</td>
<td>Oxytetracycline, chloramphenicol</td>
</tr>
<tr>
<td>2</td>
<td>Chlortetracycline, sulfamethazine, penicillin</td>
<td>Neomycin, oxytetracycline</td>
<td>Gentamicin, lincomycin, spectinomycin</td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>Neomycin, oxytetracycline</td>
<td>Nitrofurantoin, penicillin, penicillin-streptomycin, gentamicin, neomycin-tetracycline, nitrofurazone, lincomycin-spectinomycin</td>
</tr>
<tr>
<td>4</td>
<td>Neomycin, oxytetracycline</td>
<td>Neomycin, oxytetracycline</td>
<td>Trimethoprim-sulfadiazine</td>
</tr>
<tr>
<td>5</td>
<td>Neomycin, oxytetracycline</td>
<td>Neomycin, oxytetracycline</td>
<td>Sulfamethazine, lincomycin-spectinomycin</td>
</tr>
<tr>
<td>6</td>
<td>None (nonmedicated)</td>
<td>Neomycin, polyoxym B sulfate, tetracycline</td>
<td>Neomycin, polyoxym B sulfate, tetracycline</td>
</tr>
</tbody>
</table>

TABLE 1. Antimicrobial drugs used in veal calves and in their food

Outbreak | Drugs used in feed and for treatment of sick calves | Milk replacer | III calves (oral and injectable drugs) |
<table>
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In the sixth outbreak, cultures from two calves grew Lac⁺ S. enterica serotype Typhimurium from the intestines, mesenteric lymph nodes, spleens, and lungs. All intestinal tissue sections were found negative for rotavirus and coronavirus by fluorescent-antibody testing.

Appearance of colonies of Lac⁺ S. enterica serotype Typhimurium on agar in vitro. The overall appearance of the Lac⁺ Salmonella colonies on differential media was similar to that of E. coli; i.e., they appeared as rough, flat, lactose-fermenting bacterial colonies. All isolates recovered from plating on brilliant green agar appeared as rough, yellowish green colonies; MacConkey agar yielded rough, red colonies; and on Levine eosin-methylene blue agar, the colonies looked like small, rough, 2- to 4-mm green sequins with a metallic sheen. Levine EMB agar was the best medium for distinguishing Lac⁺ enteric bacteria, including Lac⁺ Salmonella, from other bacteria due to their very typical appearance on this medium.

Screening tests for the detection of Lac⁺ Salmonella. On average, a total of 15 colonies were screened (five from each of three selective agars) from each specimen (feces, internal organ, or environmental swab). In total, 45 calves were tested and over 10 environmental swabs were screened.

(i) C8 esterase enzyme test. All of the colonies that ultimately were identified as Lac⁺ Salmonella were positive in the C8 esterase enzyme test; i.e., the colonies fluoresced.

(ii) H₂S production. Early testing demonstrated that screening of suspect colonies for H₂S production was not possible with triple sugar iron agar and Kliger agar slants (the reaction was acid slant/acid butt/gas), because the black iron sulfide precipitate that would normally be seen from non-lactose-fermenting salmonellae in these media was dissolved due to acid production in the media. However, in SIM medium, peptone iron agar, and lysine iron agar, H₂S production in the form of a black precipitate was visible from all colonies that subsequently were identified as Salmonella.

(iii) Lysine decarboxylase broth. All colonies that subsequently were identified as Salmonella were positive in the lysine decarboxylase broth test.

(iv) Agglutination with polyvalent salmonella O antisera. All colonies that subsequently were identified as Salmonella agglutinated in the polyvalent salmonella O antisera assay. All polyvalent salmonella bacteriophage O1-OE assay. All colonies that subsequently were identified as Salmonella were lysed by bacteriophage O1-OE.

Bacteriophage typing of Lac⁺ S. enterica serotype Typhimurium. Only a single isolate was tested from each outbreak, except for outbreak 6, in which the isolate was found not to be viable at the testing laboratory. Of the five isolates, only one was typeable to a definitive phage type, and the other four were either untypeable or produced atypical phage reactions (Table 2).

TABLE 2. Phage type, biotype, antibiogram, and plasmid profile of Lac⁺ S. enterica serotype Typhimurium strains

<table>
<thead>
<tr>
<th>Outbreak</th>
<th>Phage type/biotype</th>
<th>Antibiogram mnemonic</th>
<th>Plasmid size (MDa)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>U276/26ei</td>
<td>64272, resistance to ampicillin, chloramphenicol, sulfisoxazole, nitrofurantoin, streptomycin, tetracycline, triple sulfa, and cephalothin and sensitivity to colistin, gentamicin, kanamycin, neomycin, polymyxin B, and trimethoprim-sulfadiazine; 65672, resistance to ampicillin, chloramphenicol, sulfisoxazole, kanamycin, neomycin, nitrofurantoin, streptomycin, tetracycline, triple sulfa, and cephalothin and sensitivity to colistin, gentamicin, polymyxin B, and trimethoprim-sulfadiazine</td>
<td>100, 62, 5.3, 3.7, 2.2, 1.7</td>
</tr>
<tr>
<td>2</td>
<td>Atypical/26ei</td>
<td>65672, resistance to ampicillin, chloramphenicol, sulfisoxazole, nitrofurantoin, streptomycin, tetracycline, triple sulfa, and cephalothin and sensitivity to colistin, gentamicin, kanamycin, neomycin, polymyxin B, and trimethoprim-sulfadiazine</td>
<td>62, 5.3, 3.7, 2.2, 1.7</td>
</tr>
<tr>
<td>3</td>
<td>Atypical/26ei</td>
<td>65672, 62, 5.3, 3.7, 2.2, 1.7</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Untypeable/26ei</td>
<td>65672, 60, 54, 5.3, 3.7, 2.2, 1.7</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Atypical/26ei</td>
<td>65672, 100, 62, 5.3, 3.7, 2.2, 1.7</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>—/—</td>
<td>65672, 100, 62, 54, 5.3, 3.7, 2.2, 1.7</td>
<td></td>
</tr>
</tbody>
</table>

Antimicrobial susceptibility test results. Antibiograms for the Lac⁺ S. enterica serotype Typhimurium strains are shown in Table 2. All strains tested were multiply resistant to at least eight drugs.

DISCUSSION

From the points of view of human clinical and veterinary microbiologists, it is important to recognize that Lac⁺ strains exist and then to screen case materials for these biochemically aberrant bacteria. From our varied case load in a large veterinary diagnostic laboratory screening thousands of specimens each month, we have detected Lac⁺ salmonellae only from veal calves and their barn environments. We have not statistically shown that we have found a higher frequency of Lac⁺ salmonellae than the literature reports (less than 1%). However, we have demonstrated that in the northeastern United States, there exists a somewhat unique niche for Lac⁺ S. enterica serotype Typhimurium in milk-fed veal populations. We are well aware of the pitfalls of using diagnostic submissions and the data derived from them because of potential submission bias; however, this report is at the same time a useful indicator of what is occurring in the field, although perhaps not useful for statistical statements of prevalence. As long as Salmonella isolates are found in cattle and bull calves are sold from dairy farms to be raised as veal, the potential exists for Lac⁺ S. enterica serotype Typhimurium to occur in veal farms.

While a microbiologist may screen for salmonellae, whether or not they are biochemically aberrant, by using the PCR test on broth enrichment cultures of clinical specimens, in order to carry out serotyping and susceptibility testing of Salmonella, the Lac⁺ Salmonella would still have to be successfully isolated on agar and correctly identified. Hence, it is important to recognize that these strains are found in animal populations. Salmonella is a zoonotic bacterial agent, and S. enterica serotype Typhimurium is the most common serotype found in animals and in humans (44). During outbreak 3, a child helping to manage calves became ill with an acute gastrointestinal disease manifested by vomiting, fever, diarrhea, and cramps. Stool specimens were cultured from this child, but Salmonella was not isolated in vitro. Her presumptive diagnosis, however, was salmonellosis, based in part on the estimated incubation period of her disease, on knowledge of the salmonellosis situ-
ation on her family farm, and on the fact that laboratory cultures had ruled out other enteric bacterial pathogens. It is plausible that the hospital clinical laboratory performing the enteric culturing did not detect or did not recognize Lac\textsuperscript{1}Salmonella in her stool cultures; the laboratory staff was not routinely using bismuth sulfite agar, which does not use lactose as the sugar in the medium. It is noteworthy that calves recovering from clinical disease but whose salmonella shedding status was unknown were sent to market after these outbreaks occurred; exposure of humans in contact with these calves during marketing also may have occurred. Perhaps there are relatively more reports in the literature of human cases of Lac\textsuperscript{1}salmonellae than animal cases due to the more widespread use of bismuth sulfite agar in laboratories testing specimens from humans.

Figure 1 provides an overview of the hypothesis for the creation of Lac\textsuperscript{+} S. enterica serotype Typhimurium in the environment of veal-raising barns. The hypothesis is based on the interaction of the veal calf host, the salmonella agent, and the environment.

![Diagram of hypothesis](http://jcm.asm.org/)
plasmids (100 MDa) (Table 2) in Lac environments (41, 53). The presence of high-molecular-weight disseminating antibiotic resistance genes in soil and in aquatic environment but not in the intestine of the calf at body temperature of IncH1 plasmids in Serratia strains of a common ancestor (40). The lac plasmids also may contain determinants of antimicrobial resistance, and there have been reports of outbreaks of Lac\(^+\) and antimicrobial agent-resistant Salmonella in the literature (19, 55, 57).

In addition, the source of food for the veal calves, i.e., milk replacer, contains abundant lactose sugar and is often supplemented with viable lactobacillus-containing products.

From our previous work with the agent S. enterica serotype Typhimurium, we know that many strains of S. enterica serotype Typhimurium isolated from calves in New York and Ontario, Canada, carry IncH1 plasmids (57). IncH1 plasmids are of high molecular weight, have a low copy number in the bacterial cell, and are thermosensitive for transfer (optimally between 22 and 30\(^\circ\)C) (41, 54). We documented the presence of IncH1 plasmids in S. enterica serotype Typhimurium and E. coli strains from outbreak 1 (57). The ultimate source of the IncH1 plasmids is unknown, but they have been reported to occur naturally in Citrobacter, Klebsiella, Enterobacter, E. coli, Salmonella, Serratia, and Shigella. The presence of these plasmids that transfer at a low temperature in the veal barn environment but not in the intestine of the calf at body temperature suggests that they may be important vectors for disseminating antibiotic resistance genes in soil and in aquatic environments (41, 53). The presence of high-molecular-weight plasmids (100 MDa) (Table 2) in Lac\(^+\) S. enterica serotype Typhimurium strains from outbreaks 2, 4, 5, and 6 (in addition to outbreak 1, previously reported in reference 57) provides preliminary evidence that these also may be IncH1 plasmids.

We have proposed that a recombination event occurred between the IncH1 plasmid of Salmonella and a lac plasmid in the feces in the environment of the veal barn and that this recombination event was facilitated by the selective pressure of antimicrobial agent usage in the veal calves. Because of the efficient fecal-(fomite)-oral cycling of Salmonella in the veal barn environment, the calves would be expected to become infected easily with a salmonella strain that carried a recombinant lac-IncH1 plasmid.

In each of these outbreaks, the strain of Lac\(^+\) S. enterica serotype Typhimurium appeared to be more virulent, i.e., killed calves within hours after clinical signs were noted. In E. coli, IncH1 plasmids confer the ability to persist longer in the intestine of the calf (37, 41, 56). One may consider that the same effect could occur in a salmonella-infected calf whose Salmonella strain carried the same type of plasmid. Also, the newly acquired ability of Salmonella to use lactose may confer on it a selective advantage in an environment where lactose is plentiful, i.e., milk replacer in the environment and intestine of the calf; thus, the calves may have died more quickly because of exposure to overwhelming numbers of Salmonella in the veal barn environment.

In summary, we have described the clinical microbiology characteristics of a potentially zoonotic bacterial pathogen that presents the veterinary and medical communities with a difficult diagnostic and treatment problem. Our hypothesis as to the evolution of Lac\(^+\) Salmonella suggests that the veal barn environment, like the human hospital environment, is one with many selective pressures brought on by the juxtaposition of antimicrobial agent use, abundant plasmids, and an immunocompromised host population. The fact that these hosts are also human food presents a potential food-borne disease problem. Our future work will deal with understanding the genetics of the lac gene and the resistance determinants found in Lac\(^+\) strains of Salmonella. The veal industry of the 1990s has in place residue avoidance and quality assurance programs that should help to address many of the drug usage and management problems highlighted in our discussion of these six outbreaks of salmonellosis in the late 1970s and early 1980s.

ACKNOWLEDGMENTS

This work was supported by the New York State Department of Agriculture and Markets, Albany.

We thank Rasik Khakhria, Federal Laboratories, Health Canada, and the Canadian Food Inspection Agency, Health Protection Branch, Laboratory Center for Disease Control, Bureau of Microbiology, National Laboratory for Enteric Pathogens, Winnipeg, Manitoba, Canada, for bacteriophage typing studies.

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