Evaluation of Three Rapid Methods for Detection of Methicillin Resistance in Staphylococcus aureus

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The probe-based Velogene Rapid MRSA Identification Assay (ID Biomedical Corp., Vancouver, British Columbia, Canada) and the latex agglutination MRSA-Screen (Denka Seiken Co., Tokyo, Japan) were evaluated for their ability to identify methicillin-resistant Staphylococcus aureus (MRSA) and to distinguish strains of MRSA from borderline oxacillin-resistant S. aureus (BORSA; mecA-negative, oxacillin MICs of 2 to 8 µg/ml). The Velogene is a 90-min assay using a chimeric probe to detect the mecA gene. MRSA-Screen is a 15-min latex agglutination test with penicillin-binding protein 2a antibody-sensitized latex particles. We compared these assays with the BBL Crystal MRSA ID System (Becton Dickinson, Cockeysville, Md.) and with PCR for mecA gene detection. A total of 397 clinical isolates of S. aureus were tested, consisting of 164 methicillin-susceptible strains, 197 MRSA strains, and 37 BORSA strains. All assays performed well for the identification of MRSA with sensitivities and specificities for Velogene, MRSA-Screen, and BBL Crystal MRSA ID of 98.5 and 100%, 98.5 and 100%, and 98.5 and 100%, respectively. Three MRSA strains were not correctly identified by either of the Velogene and MRSA-Screen assays, but repeat testing with a larger inoculum resolved the discrepancies. The BBL Crystal MRSA ID test misclassified four BORSA strains as MRSA. Both the Velogene and the MRSA-Screen assays are easy to perform, can accurately differentiate BORSA isolates from MRSA isolates, and provide a rapid alternative for the detection of methicillin resistance in S. aureus in clinical laboratories, especially when mecA PCR gene detection is unavailable.

Methicillin-resistant Staphylococcus aureus (MRSA) has become increasingly prevalent worldwide. In the United States and in some European countries, MRSA accounts for 10 to 40% of all S. aureus isolates (16, 26). Increased surveillance, including screening of high-risk patients, has been recognized as an important component of effective infection control programs to limit the spread of MRSA in hospitals. Therefore, rapid and accurate identification of MRSA is essential. Traditional antimicrobial susceptibility test methods such as disk diffusion or broth microdilution require at least 24 h to perform. In addition, problems in the laboratory identification of MRSA may occur due to low-level expression of oxacillin resistance in certain strains of S. aureus. Difficulties in the differentiation of MRSA from borderline oxacillin-resistant S. aureus (BORSA) strains may also occur (8, 10).

Methicillin resistance in S. aureus is mediated by the production of an altered penicillin-binding protein, PBP 2a (5). The mec gene complex regulates the production of PBP 2a. Detection of the mecA gene or of PBP 2a appears to most accurately detect methicillin resistance in S. aureus (1, 5, 6, 15, 21, 22). However, the use of these assays is largely restricted to reference centers, and they are not currently utilized by most routine diagnostic laboratories.

Bekkaoui et al. (2) recently described the development of a 2-h assay utilizing cycling probe technology with a DNA-RNA-DNA chimeric probe designed to detect the mecA gene in S. aureus. The resulting Velogene Rapid MRSA Identification Assay (ID Biomedical Corp., Vancouver, British Columbia, Canada) is a colorimetric enzyme immunoassay (EIA) utilizing a fluorescein-labeled mecA probe. This subtractive assay uses a streptavidin-coated 96-well microtiter plate format, and the detection of uncut probe from mecA negative strains results in the development of a blue color, whereas mecA-positive strains result in a colorless reaction.

In 1998, Nakatomi and Sugiyama (13) reported on the development of a simple test for the detection of the mecA gene product, PBP 2a. The resulting commercially available assay, the MRSA-Screen (Denka Seiken Co., Tokyo, Japan), is a 15-min slide latex agglutination test using latex particles sensitized with a monoclonal antibody against PBP 2a (4).

In this study, we evaluated these two new tests for the detection of methicillin resistance in S. aureus. The assays were compared to standard methods of susceptibility testing and to another commercially available kit, the BBL Crystal MRSA ID System (Becton Dickinson, Cockeysville, Md.) (9). Detection of the mecA gene by PCR was used as the “gold standard” in this evaluation.

MATERIALS AND METHODS

Clinical specimens. A total of 397 well-characterized clinical isolates of S. aureus were selected for testing, consisting of 163 methicillin-susceptible S. aureus (MSSA) strains (oxacillin MIC, ≤ 1 µg/ml; mecA negative), 197 MRSA strains (oxacillin MIC, ≥ 4 µg/ml; mecA positive), and 37 BORSA strains (oxacillin MIC, 2 to 8 µg/ml; mecA negative). The isolates had been typed by pulsed-field gel electrophoresis and were shown to have represented distinct genotypes. All isolates were stored frozen in buffered glycerol at −70°C and were subcultured twice onto Trypticase soy agar supplemented with 5% sheep blood prior to testing. All isolates were subjected to “blinded” testing with the Velogene assay, the MRSA-Screen test kit, the BBL Crystal MRSA ID test, the oxacillin agar screen plate test (14), and determination of oxacillin MICs by broth microdilution testing (14). Control strains used for all assays included the MRSA strains ATCC 33592 and ATCC 43300 and MSSA strain ATCC 29213.

Velogene Rapid MRSA Identification Assay. Testing of isolates using the Velogene assay was performed in accordance with the manufacturer’s instructions. Briefly, a 1-µl loopful of growth from a blood agar plate was suspended in 50 µl of lys buffer and incubated at 55°C for 20 min. The suspension was then incubated in a dry bath at 95°C for 5 min. A 50-µl aliquot of cycling reagent was
The results of testing with the Velogene Rapid MRSA Identification Assay, MRSA-Screen, the BBL Crystal MRSA ID system, and oxacillin agar screen tests were as follows: 98.5% and 100%, 98.5% and 100%, 98.5% and 98.0%, 99.0% and 85.5%, and 100 and 100%, respectively.

For this method, the number of strains showing growth (+) or no growth (−) are indicated.

The BBL Crystal MRSA ID System performed well for the detection of MRSA strains, although some BORSA isolates and MRSA strains with oxacillin MICs of ≤8 µg/ml were

### TABLE 3. Discrepancies between mecA PCR detection, Velogene Rapid MRSA Identification Assay, MRSA-Screen, BBL Crystal MRSA ID system, and oxacillin agar screen test results

<table>
<thead>
<tr>
<th>Organism (no. of strains)</th>
<th>Velogene Rapid MRSA</th>
<th>MRSA-Screen</th>
<th>BBL Crystal</th>
<th>Oxacillin agar screen plate</th>
<th>mecA PCR</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRSA (197)</td>
<td>194</td>
<td>194</td>
<td>194</td>
<td>195</td>
<td>2</td>
</tr>
<tr>
<td>MSSA (163)</td>
<td>0</td>
<td>163</td>
<td>163</td>
<td>163</td>
<td>0</td>
</tr>
<tr>
<td>BORSA (37)</td>
<td>37</td>
<td>37</td>
<td>37</td>
<td>44</td>
<td>33</td>
</tr>
</tbody>
</table>

* For the five tests, the sensitivity and specificity values for the detection of methicillin resistance were 98.5 and 100%, 98.5 and 100%, 98.5 and 100%, 99.0 and 85.5%, and 100 and 100%, respectively.

** TABLE 2. Results of testing 397 S. aureus strains with the Velogene Rapid MRSA Identification Assay, the MRSA-Screen, the BBL Crystal MRSA ID system, the oxacillin agar screen plate, and mecA PCR

<table>
<thead>
<tr>
<th>No. of strains found to be positive (+) or negative (−) by:</th>
<th>Velogene Rapid MRSA</th>
<th>MRSA-Screen</th>
<th>BBL Crystal</th>
<th>Oxacillin agar screen plate</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRSA (197)</td>
<td>194</td>
<td>194</td>
<td>194</td>
<td>195</td>
</tr>
<tr>
<td>MSSA (163)</td>
<td>0</td>
<td>163</td>
<td>163</td>
<td>163</td>
</tr>
<tr>
<td>BORSA (37)</td>
<td>37</td>
<td>37</td>
<td>37</td>
<td>44</td>
</tr>
</tbody>
</table>

* For this test, the number of strains showing growth (+) or no growth (−) are indicated.

The results of testing with the Velogene Rapid MRSA Identification Assay, MRSA-Screen, and BBL Crystal MRSA ID assays are summarized in Table 2. Retesting a subset of 60 isolates with these assays yielded identical results. Discrepent test results obtained with these assays are summarized in Table 3.

The Velogene Rapid MRSA Identification Assay was able to accurately detect methicillin resistance in almost all strains (sensitivity, 98.5%), including those with low-level resistance (oxacillin MICs, 4 to 8 µg/ml). There were no false-positive reactions when testing MSSA or BORSA strains (specificity, 100%). However, with visual interpretation of test results, three strains of MRSA were initially identified as methicillin susceptible (Table 3). These three strains were very “sticky” in consistency and were difficult to scrape off the plate. This caused problems when emulsifying the organisms in the lysis buffer provided. Two of these three strains were identified as MRSA strains when the test results were read by spectrophotometer. Repeat testing of these two strains with a larger inoculum gave correct results both visually and spectrophotometrically. Use of the larger inoculum did not decrease the specificity of the assay.

The Velogene Rapid MRSA latex agglutination assay also had excellent sensitivity (98.5%) and specificity (100%) for the detection of methicillin resistance in S. aureus. However, methicillin resistance was not detected in three isolates (Table 3). Upon retesting these isolates with a larger inoculum, all three were found to agglutinate with the anti-PBP 2a sensitized latex. No false-positive reactions were observed with a larger inoculum, and no autoagglutination was observed in the control latex reagent.

The BBL Crystal MRSA ID System performed well for the detection of MRSA strains, although some BORSA isolates and MRSA strains with oxacillin MICs of ≤8 µg/ml were
misidentified (Table 3). The sensitivity of this assay was 98.5%, and the specificity was 98%.

The oxacillin agar screen plate performed well for the detection of MRSA strains, missing only two, both with oxacillin MICs of 4 μg/ml (sensitivity, 99%). Growth of all of the MSSA strains and of eight BORSA strains was suppressed on the screen plate; 29 BORSA strains did grow on the oxacillin screen plate (specificity, 85.5%).

**DISCUSSION**

It is known that many strains of MRSA demonstrate heterogeneous expression of oxacillin resistance (5, 7). As a result, laboratory methods have been developed to enhance the expression of resistance in staphylococci, including the supplementation of media with NaCl and prolonging the incubation period to 24 h (7). The use of the oxacillin agar screen plate containing 6 μg of oxacillin per ml, as recommended by the NCCLS (14), has been very useful for identifying MRSA, although many BORSA strains will also grow on this medium. Rapid commercially available methods of detecting methicillin resistance in staphylococci, such as the BBL Crystal MRSA ID test kit, have been developed and, as in the present study, these methods have been found to be useful (9, 17). Nevertheless, difficulties exist in accurately identifying MRSA and in differentiating these strains from BORSA strains (18, 19, 23). In this study, we wished to determine the accuracy of two new rapid diagnostic tests for the detection of methicillin resistance in S. aureus. A large number of BORSA isolates was included in the evaluation in order to challenge the assays.

The Velogene Rapid MRSA Identification Assay was rapid and easy to perform, providing results in approximately 90 min. This test compares favorably with conventional susceptibility test methods and provides more rapid results. Test results can be interpreted visually or by using a spectrophotometer. Problems were occasionally encountered with certain strains of S. aureus with a very “sticky” or “waxy” consistency. Since these strains were difficult to pick off an agar plate, a one-loopful inoculum (approximately two to five colonies), as recommended by the manufacturer, may not provide sufficient target for the test assay. As a result, a small number of MRSA strains were not correctly identified. However, improvements to the assay’s sensitivity could be achieved by using a heavier inoculum, without affecting the excellent specificity of the assay. Because of its microwell-EIA detection format, the test can easily be adopted for testing of multiple isolates simultaneously, and 20 isolates can easily be tested in less than 2 h.

The MRSA-Screen accurately detected the mecA gene product, PBP 2a, in almost all of the test strains of MRSA, as previously reported by other investigators (4, 24, 25). False-negative results occurred with three of the MRSA isolates with MICs of either 4 or 8 μg/ml. Similar results had been reported by van Griethuysen et al. (24), who speculated that the problem may have been due to a low inoculum of only 1 μl (a loopful), as recommended by the manufacturer at the time of this analysis. Using a larger inoculum of approximately 50 colonies (a large, “heaping” loopful) resulted in improved sensitivity of the assay without loss of specificity. The manufacturer has recently changed its recommendations, indicating the need for use of a higher inoculum or more time for agglutination. In another recent report (25), MRSA strains that initially failed to agglutinate with the MRSA-Screen assay were restested after incubation in the presence of a 5-μg methicillin disk in order to increase the level of PBP 2a expression. However, this would add to the total amount of time required for laboratory confirmation of MRSA. The MRSA-Screen assay is simple to perform, highly sensitive and specific, and can easily be incorporated into any clinical diagnostic laboratory.

Attempts to use genotypic methods for the identification of MRSA have generally been limited to specialized reference laboratories. With the introduction of newer assays, such as the Velogene Rapid MRSA Identification Assay and the MRSA-Screen, diagnostic laboratories will have better tools at their disposal for rapid and accurate detection of methicillin resistance in S. aureus. The time and cost savings that are realized with these newer, genotype-based assays will allow clinicians and infection control practitioners to more effectively manage patients and control the spread of MRSA. These newer tests show great promise in providing rapid, sensitive and specific alternatives for clinical laboratories where PCR or DNA hybridization for the mecA gene is not readily available.

**REFERENCES**


