Hemorrhagic Fever with Renal Syndrome: Diagnostic Problems with a Known Disease

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Hemorrhagic fever with renal syndrome (HFRS), caused by different hantaviruses, is a distinct clinical syndrome endemic in several parts of Asia and Europe. However, the clinical picture can sometimes be indistinguishable from that of other infectious or noninfectious diseases. In this report we describe a clinical case, which is a rare occurrence but is a prime example of the difficulties in the diagnosis of HFRS in areas with a low prevalence of the disease.

Hemorrhagic fever with renal syndrome (HFRS) is a disease caused by viruses of the family Bunyaviridae, genus Hantavirus. Worldwide, several different human pathogenic hantaviruses are known (2, 9, 15). The subtypes Hantaan (HTN), Dobrova (DOB), and Seoul (SEO) cause moderate to severe HFRS in Asia and Europe, whereas Puumala (PUU) causes a mild form of HFRS in central Europe and Scandinavia also referred to as nephropathia epidemica (13). There are also several New World hantaviruses, the prototype of which is Sin Nombre virus, that cause hantavirus pulmonary syndrome in the Americas (1). Hantaviruses are rodent-borne pathogens and are normally transmitted to humans via aerosols generated from feces, urine, and saliva of infected rodents. In Germany two different serotypes of hantaviruses are known to be endemic. The predominant virus is PUU virus, mainly found in southwest Germany, which is carried by the bank vole (Clethrionomys glareolus) (5, 14, 15, 17; J. Pilaski, C. Ellerich, T. Kreutzer, A. Lang, W. Benik, A. Pohl-Koppe, L. Bode, E. Vanek, I. B. Autenrieth, K. Bigos, and H. W. Lee, Letter, Lancet 337:111, 1991). Recently several cases of DOB virus infection in Northeast Germany have been described (12, 16). In this part of Germany, DOB virus is found in Apodemus agrarius and seems to be less pathogenic to humans than Apodemus flavicollis-derived DOB virus which is found in the Balkans (16). In Germany, PUU and DOB viruses usually cause a mild form of HFRS with occasional severe complications such as acute renal failure and bleeding (14).

With the exception of known areas of endemicity, such as the Schwäbische Alp (Pilaski et al., Letter), clinical HFRS cases occur relatively infrequently in most parts of Germany. Consequently, hantavirus infections are not always considered in the initial differential diagnosis of infectious and/or febrile diseases. In addition, the use of commercial diagnostic tests is limited and sometimes unreliable. The following clinical case description demonstrates the general difficulties associated with the diagnosis of hantavirus infections in areas having low disease frequency.

Clinical case report and laboratory findings. A 25-year-old plumber was admitted to a small hospital in Hessen, Germany, with a 39°C fever that had developed over the previous days. Based on the clinical presentation, history, and laboratory parameters, acute appendicitis was diagnosed and surgery was performed. In situ the appendix appeared normal, but 800 ml of intraperitoneal fluid was observed. Shortly after surgery the patient became oliguric and was transferred to the intensive care unit of a nearby university hospital. The physical examination on admission showed a febrile (39.9°C) male patient who was somnolent but awake and well orientated. The patient suffered from diffuse abdominal pain, but without any classical signs of peritonitis, and presented bilateral pleural effusions, a reduction in pulmonary ventilation, and tachycardia (120/min). conspicuous laboratory results were as follows: leukocytosis, 35,000/ml; thrombocytopenia, 38,000/ml; creatinine, 3.8 mg/dl; urea, 134 mg/dl; C-reactive protein, 115 mg/liter; and serum lactate, 3.2 mmol/liter. The blood coagulation parameters suggested a disseminated intravascular coagulopathy. Urine analysis displayed a nonselective proteinuria with a total loss of 3.52 g/liter over 24 h and an osmolality of 274 mosmol/kg. Autoantibodies were not detected, and a primary hematological disease was also excluded. Three days after admission the patient developed large diffuse hemorrhages in the thighs, the back, and the intra-abdominal area of the surgery. In order to stop the intra-abdominal bleeding, a second surgical intervention became necessary. Extensive capillary leakage led to multiple edema and pleural effusions, the latter of which had to be treated by punctuation. Hantavirus serology was ordered 2 days after admission to the intensive care unit. Immunoglobulin M (IgM) antibodies specific to PUU virus were detected using a μ-capture enzyme-linked immunosorbent assay (ELISA). Subsequently, IgM and IgG titers and specific parameters of kidney function were monitored over the next 3 months (Fig. 1). Reverse transcription-PCR for hantaviruses on RNA isolated from blood (whole blood, blood clots, and serum) and urine remained negative. On the second and third
ELISAs, optical densities at 410 nm were recorded and the with uninfected antigen controls run for each serum. For all induction and inactivation with 5 \text{E10} rads from a 60Co source. Standard methodology was applied, problems with quality control and test evaluation can be exacerbated by the facts that infections are rare and several serotypes can be the consequence of misinterpreted symptoms. Similar cases have occurred in Scandinavian countries and Russia, especially when HFRS was not generally recognized (4). Increasing awareness of hantavirus infections in Scandinavia has drastically reduced unnecessary surgical interventions. This may be more difficult to achieve in Western and Central Europe, since HFRS case numbers are much smaller.

Serology is still the first choice for the diagnosis of hantavirus infections. Most serological assays are set up to diagnose groups of hantaviruses rather than specific serotypes. Due to serological cross-reactivity between serotypes of such groups (e.g., DOB, SEO, and HTN), a positive result may occur in tests against any of the related antigens. Any laboratory offering hantavirus diagnosis should fulfill minimal requirements for the critical interpretation of their tests and should contact a reference center for advice in critical and questionable cases. Problems with quality control and test evaluation can be exacerbated by the facts that infections are rare and several serotypes may cocirculate. Seropanels might be helpful in determining the proper test antigen for a given geographic location.

Positive serology should be interpreted very cautiously in cases that are based on a single serum sample and where IgG cannot be detected. Independent confirmatory testing should always be attempted. In these cases, PCR detection of viral nucleic acid can be performed on blood samples, but a positive result is to be expected only if the samples were taken within the first days after onset of symptoms. Urine and kidney biopsy materials are sometimes better sources for this particular detection assay but are often not available (6, 7, 14). The first sampling on this case patient was done several days after the appearance of initial clinical symptoms, and therefore, the negative PCR results were not surprising. If clinical material is only useful for serological testing (sampling is performed at a nonviremic stage), serial serum samples are needed to confirm the diagnosis by demonstrating the appearance of IgG-specific antibodies, as was done in the described case. Virus isolation is
normally done on Vero cells (American Type Culture Collection, C1008). Since isolation from human material is difficult (10), attempts are routinely made only following positive PCR results.

Areas of hantavirus endemicity in Western and Central Europe are not well defined, and hantavirus infections may be more common than expected. As we have learned from the experience of Scandinavian countries, the problem needs to be widely addressed and discussed with physicians of different specialties. Hantavirus infections should be considered in differential diagnosis along with a series of other acute infectious diseases, especially scrub typhus, murine typhus, spotted fevers, and leptospirosis. Hantavirus infection also needs to be differentiated from hematological diseases, other causes of acute renal failure, acute abdomen, and neurological diseases (11).

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