Fatal Case of Toxic Shock-Like Syndrome Due to Group C Streptococcus Associated with Superantigen Exotoxin

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Group C streptococci have been reported to cause invasive disease similar to that classically associated with group A streptococcus (GAS). We describe a fatal case of toxic shock-like syndrome due to Streptococcus equi subsp. zooepidemicus. The causative organism did not possess any known GAS superantigen exotoxin genes but did show evidence of superantigen production.

CASE REPORT

A 63-year-old man developed left thigh pain and swelling while on an airplane flight. Two hours later, he developed fever, rigors, and a rapidly progressing skin rash on his trunk and limbs. Two days earlier, after presenting with vertigo and vomiting, he had received an intramuscular injection of proclopherazone into the left thigh for presumed acute labyrinthitis.

Treatment was commenced for presumed meningococcal sepsis with intravenous (i.v.) benzylpenicillin and ceftriaxone at his local hospital. A cranial computerized tomography scan showed no abnormalities. He was intubated for a reduced conscious state and transferred to the intensive care unit at our institution.

Examination revealed a temperature 39.5°C, a pulse of 120/min, a blood pressure of 100/60 mmHg, and a confluent erythematous skin rash on his trunk and limbs, with petechiae on his legs. His left thigh was tender, swollen, and erythematous. Hypotension developed requiring inotropic support, and there were no other clinical features of toxic shock syndrome (TSS).

Initial investigations revealed a leukocyte count of 5.1 × 109/liter (61% neutrophils, 18% band neutrophils) and a platelet count of 25 × 109/liter; the blood film showed neutrophilia with a left shift and toxic granulations. The C-reactive protein level was 194 mg/liter (normal range, 2.5 to 9.6 mg/liter), creatinine was 12.8 mmol/liter (normal range, 2.5 to 9.6 mmol/liter), lactate was 239 mg/liter (normal range, 1.5 to 4.0 g/liter). D-dimer, 6.7 mg/liter (normal range, <0.20 mg/liter).

An ultrasound scan revealed generalized edema of the anerolateral musculature of the left thigh with no abscess. At operation, there was marked subcutaneous and muscle edema but no obvious necrosis. Biopsies demonstrated muscle necrosis and gram-positive cocci. Treatment was continued for presumed group A streptococcus-associated soft-tissue infection and TSS with benzylpenicillin and clindamycin plus i.v. immunoglobulin (IVIG) at 1.5 g/kg.

Postoperatively, he had a persistent fever exceeding 40°C and developed progressive multisystem organ failure. Repeat hemoglobin was 7.9 g/dl, leukocytes were 26.0 × 109/liter, and platelets were 14 × 109/liter. He had circulatory failure, requiring high-dose i.v. adrenaline and noradrenaline infusions, and ventricular tachycardia, requiring cardioversion. A trans-thoracic echocardiogram revealed severe global hypokinesis with no evidence of endocarditis. Respiratory failure developed with increasing hypoxia and ventilatory requirements.

Liver dysfunction (bilirubin, 29 μmol/liter; urea, 18 mmol/liter) required continuous venovenous hemodiafiltration. Liver dysfunction (bilirubin, 77 μmol/liter; alanine transferase, 913 U/liter; albumin, 13 g/liter) and coagulopathy (international normalized ratio, 3.5) worsened. Despite maximal support, the patient died just over 48 h after arriving at our institution.

Microbiology. Streptococcus equi subsp. zooepidemicus sensitive to penicillin was isolated from multiple muscle biopsies and knee joint fluid and from one of six blood culture bottles taken on admission. 16S rRNA sequencing (results not shown) confirmed that the patient’s isolate had 100% sequence homology with S. equi subsp. zooepidemicus.

A fully characterized superantigen toxin-producing (including streptococcal pyrogenic exotoxin A) group A streptococcus (GAS) positive control strain and a non-toxin-producing group...

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C. Broth cultures were centrifuged at 4,000 × g and passed through a 0.2-μm-pore-size filter before use.

A proliferation assay specifically developed and validated to distinguish superantigen from conventional antigen activity was performed (15). Peripheral blood mononuclear cells (PBMCs) were isolated from whole blood on a Ficoll-Paque gradient. After washing, healthy donor PBMCs were adjusted to 5 × 10^5/ml in RPMI medium supplemented with antibiotics and 3% heat-inactivated fetal bovine serum. PBMCs were plated in 96-well round-bottom tissue culture plates at 10^5/200 μl of medium. Cells were stimulated in triplicate with 100 μl of culture supernatants from a non-toxin-producing GCS negative control strain were obtained to the negative controls. Bacterial strains were subcultured on

Discussion. TSS due to GAS has been reported with increasing frequency since the mid 1980s. Several streptococcal pyrogenic exotoxins (SPEs) produced by GAS implicated in the pathogenesis of invasive infections have been identified. The SPEs act as superantigens and interact simultaneously with the major histocompatibility complex class II antigens on antigen-presenting cells and specific Vb regions of T-lymphocyte receptors to cause massive T-cell proliferation and cytokine production.

C. Streptococcus (GCS) negative control strain was obtained from clinical isolates. Bacterial strains were subcultured on horse blood agar plates at 37°C in 5% CO₂ before use to ensure viability and purity. Supernatants for proliferation experiments were prepared by inoculating individual colonies in 50 ml of nutrient broth (brain heart infusion) and culturing overnight with shaking at 37°C. Broth cultures were centrifuged at 4,000 × g and passed through a 0.2-μm-pore-size filter before use.

Reports are also emerging of toxic shock-like syndrome associated with group G streptococci (GGS) and GCS (10, 14, 16, 18). The role of superantigen exotoxins in GCS and GGS pathogenesis has also been investigated (1, 2, 21).

GCS are uncommon human pathogens and account for less than 1% of all bacteremias (6). Most infections are community acquired and occur in patients with significant underlying conditions. Clinical manifestations include endocarditis, meningitis, and primary bacteremia, and the mortality rate is high (20 to 30%) (12, 24). In one study, S. equi subsp. zooepidemicus represented only 1.4% of 214 GCS isolates from a variety of clinical specimens (3). S. equi subsp. zooepidemicus may cause a higher proportion of aggressive infections than would be expected from its rare occurrence at superficial sites (12).

Five well-documented reports of TSS associated with GCS bacteremia, including the present case, are summarized in Table 1 (10, 14, 16, 18). One case was due to Streptococcus equisimilis, one was due to S. equi subsp. zooepidemicus, and in three cases the GCS was not identified to the species level. Four cases had necrotizing fasciitis or myositis. Two patients died within 48 h. Production of superantigen exotoxins or induction of a mitogenic response was not demonstrated in one case (18). In another report, four GCS strains isolated from patients with “toxic shock-like syndrome” were analyzed for pyrogenic toxin superantigens, but no clinical details were provided (22). Two other cases of overwhelming fatal GCS infection were also postulated to be toxin mediated (4).

We describe a fatal infection that demonstrates the clinical and laboratory features of streptococcal TSS (24), with early onset of shock and organ failure and isolation of GCS from normally sterile sites. The onset of the illness occurred 2 days after an intramuscular injection, with pain at the site as a major presenting symptom. Muscle biopsies revealed myonecrosis and streptococci on Gram stain and culture. There was no obvious portal of entry noted in previous cases of GCS toxic shock-like syndrome, but there is a report of necrotizing fasciitis due to GCS following a podiatry procedure (8).

Interestingly, our patient had frequent contact with horses. Prior exposure to animals or animal products was documented in 24% of the cases in one series of GCS bacteremia (5), but population-based studies have found a lower rate (7). S. equi subsp. zooepidemicus is not considered part of the normal human flora and is a cause of infections in domestic animals, including horses, cattle, sheep, and pigs. Many cases of S. equi subsp. zooepidemicus infection can be traced to an animal source (12). S. equi subsp. zooepidemicus isolates from humans

![Diagram](http://jcm.asm.org/)
TABLE 1. Summary of data from reported cases of GCS-associated TSS

<table>
<thead>
<tr>
<th>Case no. (reference)</th>
<th>Age (yr)/sex</th>
<th>Causative species</th>
<th>Site(s) of culture</th>
<th>Underlying conditions</th>
<th>Clinical features</th>
<th>Complications</th>
<th>Treatment</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (14) 41/F</td>
<td>S. equisimilis</td>
<td>Blood, leg lesion</td>
<td>None</td>
<td>Hemodynamic shock, confusion, necrotizing fasciitis</td>
<td>Thrombocytopenia, raised transaminase, hypocalcemia</td>
<td>Penicillin</td>
<td>Recovery</td>
<td></td>
</tr>
<tr>
<td>2 (16) 46/M</td>
<td>GCS</td>
<td>Blood, throat</td>
<td>None</td>
<td>Hypotension, myalgia, macular rash</td>
<td>Thrombocytopenia, renal impairment, raised transaminase and CK&lt;sup&gt;b&lt;/sup&gt; cardiac failure</td>
<td>Ampicillin, teicoplanin, amikacin</td>
<td>Recovery</td>
<td></td>
</tr>
<tr>
<td>3 (10) 54/M</td>
<td>Large-colony-forming GCS</td>
<td>Blood, thigh blister</td>
<td>Liver cirrhosis, hepatoma</td>
<td>Leg pain and swelling, acute brain syndrome, hypotension</td>
<td>Thrombocytopenia, raised transaminase and CK, hypocalcemia, renal impairment</td>
<td>Inotropes</td>
<td>Death in 4 h</td>
<td></td>
</tr>
<tr>
<td>4 (18) 22/M</td>
<td>GCS</td>
<td>Blood</td>
<td>None</td>
<td>Pyomyositis, myonecrosis</td>
<td>Thrombocytopenia, coagulopathy, raised transaminase and CK, ARDS&lt;sup&gt;c&lt;/sup&gt;</td>
<td>Penicillin, gentamicin, IVIG</td>
<td>Recovery</td>
<td></td>
</tr>
<tr>
<td>5 (PR)&lt;sup&gt;d&lt;/sup&gt; 63/M</td>
<td>S. equi subsp. zooepidemicus</td>
<td>Blood, thigh muscle, knee joint fluid</td>
<td>None</td>
<td>Myositis, hemodynamic shock</td>
<td>Thrombocytopenia, coagulopathy, renal impairment, raised transaminase and CK, cardiac failure</td>
<td>Penicillin, clindamycin, ceftriaxone, IVIG</td>
<td>Death in 48 h</td>
<td></td>
</tr>
</tbody>
</table>

<sup>a</sup> F, female; M, male.
<sup>b</sup> CK, creatine phosphokinase.
<sup>c</sup> ARDS, acute respiratory distress syndrome.
<sup>d</sup> PR, present report.
with septicemia were shown to be identical to strains from local pigs in Hong Kong (25). Although S. equi subsp. zooepidemicus equi has over 92% DNA homology with S. equi subsp. equi, they have very different biological behaviors in the horse. S. equi subsp. zooepidemicus is a commensal of the horse nasopharynx and external genitalia but can cause wound, respiratory, and uterine infections in susceptible horses. In contrast, S. equi subsp. equi causes sepsis, a highly contagious and invasive respiratory disease, in young horses (9).

Anzai et al. demonstrated that supernatants of equine clinical isolates of S. equi subsp. equi, but not of S. equi subsp. zooepidemicus, elicited potent mitogenic responses from PBMCs (1). Artushin et al. detected mitogen responses and sepe-I and sepe-H genes encoding pyrogenic mitogens in S. equi subsp. equi, but not S. equi subsp. zooepidemicus, equine isolates (2). Sachse et al. detected speG in 15 of 24 human clinical isolates of S. dysgalactiae subsp. equisimilis belonging to GCS and GGS (21). Profitch et al. recently identified two novel streptococcal superantigen genes (speLSe and speMSe) from the S. equi genome database, which were detected in clinical S. pyogenes isolates but not in eight S. equi isolates analyzed (20).

We did not detect the genes encoding GAS SPEs in the S. equi subsp. zooepidemicus isolated from this case of toxic shock-like syndrome. However, it is not clear that all of the genes encoding SPEs in the GAS genomes have been identified. The ability to stimulate PBMC proliferation is the most sensitive test of superantigen activity. The degree of mitogenic activity detected in the supernatant from the organism from our patient was characteristic of superantigen activity in an assay specifically developed and validated to distinguish superantigen from conventional antigen activity. This strongly suggests the presence of an unidentified novel superantigen exotoxin produced by S. equi subsp. zooepidemicus that could be implicated in the pathogenesis of the fatal infection in our patient.

The overall mortality rate due to GAS TSS remains high. Our patient died despite treatment with surgery, penicillin, clindamycin, and IVIG. Penicillin remains the treatment of choice for GAS and GCS infections, but the addition of clindamycin provided greater efficacy in experimental and retrospective clinical series of GAS TSS. Early aggressive surgical exploration and debridement of a suspected deep-seated infection are essential components of treatment. IVIG therapy enhances the ability of patient plasma to inhibit bacterial mitogenicity, reduces T-cell production of proinflammatory cytokines, and improved survival in GAS TSS studies. Therapy directed toward superantigens may be an efficient strategy against invasive infections due to GAS and other streptococci (23).

This fatal case of toxic shock-like syndrome due to S. equi subsp. zooepidemicus with evidence of superantigen toxin production highlights the need for further studies investigating the role of superantigen exotoxins in the pathogenesis of invasive disease due to GCS.

REFERENCES
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