Real-Time Fluorescence PCR Assays for Detection and Characterization of Heat-Labile I and Heat-Stable I Enterotoxin Genes from Enterotoxigenic Escherichia coli

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To facilitate the diagnosis of enterotoxigenic Escherichia coli (ETEC) infections in humans, we developed and evaluated real-time fluorescence PCR assays for the Roche LightCycler (LC) against the enterotoxin genes commonly present in strains associated with human illness. Separate LC-PCR assays with identical cycling conditions were designed for the type I heat-labile enterotoxin (LT I) and the type I heat-stable enterotoxin (ST I) genes, using the LC hybridization probe format. A duplex assay for ST I with two sets of amplification primers and three hybridization probes was required to detect the major nucleotide sequence variants of ST I, ST Ia and ST Ib. LC-PCR findings from the testing of 161 E. coli isolates of human origin (138 ETEC and 23 non-ETEC) were compared with those obtained by block cycler PCR analysis. The sensitivities and specificities of the LC-PCR assays were each 100% for the LT I and ST I genes. The LC-PCR and block cycler PCR assays were also compared for their abilities to detect LT I and ST I genes in spiked stool specimens with different methods of sample preparation. Findings from these experiments revealed that the limits of detection for the LC-PCR assays were the same or substantially lower than those observed for the block cycler PCR assay. Melting curve analysis of the amplified LT I and ST I genes revealed sequence variation within each gene, which for the ST I genes correlated with the presence of ST Ia and ST Ib. The rapidity, sensitivity, and specificity of the LC-PCR assays make them attractive alternatives to block cycler PCR assays for the detection and characterization of ETEC.

Enterotoxigenic Escherichia coli (ETEC) is a major cause of sporadic diarrheal disease in humans, affecting mainly children in developing countries (1, 3, 21) and travelers from industrialized countries visiting tropical or subtropical areas (9). ETEC strains have also caused waterborne outbreaks on cruise ships (6), food-borne outbreaks at schools (16) and restaurants (5, 11), and outbreaks among persons serving in the military (12, 20, 27). ETEC strains from humans cause mild or severe watery diarrhea by producing a heat-labile enterotoxin (LT I) (similar in structure to cholera toxin), heat-stable enterotoxins (ST Ia and/or ST Ib), or both (17).

Initially, detection of ETEC strains was accomplished with animal assays and cell culture techniques that required specific antibodies to reliably demonstrate the presence of the target enterotoxins. Later, enzyme-linked immunosorbent assays and membrane-based DNA hybridization assays, which improved speed and ease of use, became popular. Further enhancements in methods for the detection of ETEC gave rise to PCR assays (18, 24, 26, 28). These assays were attractive alternatives to the earlier methods because of their sensitivity and specificity, as well as their speed and use of readily available reagents. Recent advances in PCR amplification and fluorescence-based detection technologies have brought significant improvements to conventional block cycler PCR assays, thereby enabling the simultaneous, sequence-specific detection of multiple products in real time. The development of thermal cyclers with the ability to rapidly amplify genes and the capacity to continuously monitor the accumulation of specific PCR products labeled with fluorescent probes obviates the need for labor-intensive agarose gel procedures and provides a real-time, reliable identification of target genes (2, 7, 14, 15, 22, 23).

In the present study, we describe the development and evaluation of a set of real-time PCR assays for the LightCycler (LC) (Roche Diagnostics, Mannheim, Germany), using primers and hybridization probes that target the LT I, ST Ia (also referred to as STp), and ST Ib (also referred to as STh) genes. We used the hybridization probe format for these assays because it permitted a melting curve analysis to be performed after the amplification phase to achieve additional characterization of the target genes. The availability of rapid and specific assays for the detection and characterization of ETEC should
The presence of the LT I, ST Ia, and ST Ib genes was determined by the block cycler PCR assays of Ølsvik and Strockbine (19) and Schulztz et al. (24).

Template DNA from the spiked stool specimens was extracted directly from samples using the MagnaPure LC automated DNA extraction system (Roche Diagnostics) with the total nucleic acid isolation kit (Roche Diagnostics).

Before processing in the automated DNA extraction system, the stool swabs were immersed in 500 μl of physiological saline and heated at 95°C for 10 min to inactivate infectious material. For outbreak-associated stool specimens, which were submitted as 50% (wt/vol) suspensions of stool in Cary-Blair transport medium, the stool suspensions were diluted 1:1 with 0.1 M phosphate-buffered saline and heated at 95°C for 10 min. A 200-μl aliquot of the heated mixture was then used as the sample for the automated extraction of template DNA. Aliquots of the extracted DNA were used either directly for template DNA in the LC-PCR assay or after a second heating at 99°C for 10 min in the block cycler PCR assay.

**Table 1. Characteristics of 138 ETEC and 23 non-ETEC strains tested by block cycler PCR and LC-PCR assays**

<table>
<thead>
<tr>
<th>Genotype&lt;sup&gt;a&lt;/sup&gt;</th>
<th>LT I</th>
<th>ST Ia</th>
<th>ST Ib</th>
<th>No. of strains</th>
<th>Serotype&lt;sup&gt;b&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>+</td>
<td>+</td>
<td>3</td>
<td>O78:H11 (1), O148:H28 (2)</td>
<td></td>
</tr>
</tbody>
</table>

<sup>a</sup> The presence of the LT I, ST Ia, and ST Ib genes was determined by the block cycler PCR assays of Ølsvik and Strockbine (19) and Schulztz et al. (24).

<sup>b</sup> Ound and Hund, O and H antigens, respectively, not determined with available typing sera; Orou, O antigen not determined because of incomplete or rough lipopolysaccharide; NM, nontypeable. Numbers in parentheses indicate the number of strains with that serotype.

facilitate the detection and control of outbreaks caused by ETEC.

**Materials and Methods**


Positive control strains included *E. coli* strains H10407 (serotype O78:H11), containing the genes for LT I, ST Ia, and ST Ib; E2539 (serotype O25:NM), containing the gene for LT I; TX1 (serotype O78:H12), containing the gene for ST Ib; and B4106 (serotype O27:H7), containing the gene for ST Ia. Negative control strains included the following diarrheagenic *E. coli* strains that lack the LT and ST enterotoxin genes: Shiga toxin-producing *E. coli* ATCC 45895 (serotype O157:H7), enteropathogenic *E. coli* B170 (serotype O111:NM), entero-invasive *E. coli* EDL1284 (serotype O124:NM), and enteroinvasive *E. coli* 3591-78 (serotype O75:NM). Bacterial isolates were stored frozen at −70°C in tryptic soy broth containing 10% glycerol and were subcultured prior to testing on plates of either MacConkey agar (Merck, Darmstadt, Germany) or tryptic soy agar containing 5% sheep blood.

**Serologic characterization.** Determination of O:H serotypes was performed by standard methods, with the exception that the O serology was performed with microtiter plates instead of tubes (8).

**Preparation of template DNA.** Template DNA from pure bacterial cultures was prepared as previously described (25). Briefly, a 1-ml-long sweep of bacterial growth was grown in 40 ml of clarified blood or water at 37°C in 300 ml of tryptose broth, composed of 1% Triton X-100, 0.5% Tween 20, 10 mM Tris-HCl (pH 8.0), and 1 mM EDTA and heated at 99.9°C for 10 min. In the case of overnight enrich-
locations within the designated GenBank sequences are shown in Table 2. Oligonucleotide sequences for the hybridization probes were selected by using Oligo version 6.0 (Molecular Biology Insights, Inc., Cascade, Colo.) to have comparable melting temperatures (Tm) G+C contents within the range of 35 to 60 mol%, and minimal secondary structure due to self-complementarity or palindromic sequences.

**LC-PCR assay and product detection.** All LC-PCR assays were performed with a fluorescence temperature cycler (LC; Roche Diagnostics). The LT amplification mixture consisted of 2 μl of 10× reaction mix (LC-FastStart master hybridization probes; Roche Diagnostics), 3 mM MgCl2, a 0.5 μM concentration of each oligonucleotide primer, a 0.2 μM concentration of each oligonucleotide probe, and 2 μl of template DNA in a final volume of 20 μl. The ST amplification mixture consisted of 2 μl of 10× reaction mix (LC-FastStart master hybridization probes; Roche Diagnostics), 3 mM MgCl2, 0.5 μM ST Ia and 0.125 μM ST Ib oligonucleotide primers, a 0.2 μM concentration of each oligonucleotide probe, and 2 μl of template DNA in a final volume of 20 μl. Samples were amplified as follows: an initial denaturation step at 95°C for 10 min to activate the FastStart Taq DNA polymerase, 40 cycles of denaturation at 95°C for 10 s and annealing at 50°C for 20 s, and an extension at 72°C for 30 s. The temperature transition rate was 20°C/s. The generation of target amplicons for each sample was monitored during the annealing and the elongation steps at 640 and 705 nm. At the end of the quantification phase of the reaction, samples positive for target genes were identified by the instrument at the cycle number where the fluorescence attributable to the target sequences exceeded that measured for background. Those scored as positive by the instrument were confirmed by visual inspection of the graphical plot (cycle number versus fluorescence value) generated by the instrument.

Following the amplification phase, a melting curve analysis was performed with a temperature transition rate of 0.2°C/s to determine the Tm for the sequences targeted by the hybridization probes. Tm was manually assigned from a plot generated by the instrument of the negative derivative of fluorescence versus temperature (~dF/dT) of the melting curve for amplification products measured at 640 and 705 nm. Positive controls were included in each LC run to monitor any variation of melting peak temperature determined in different runs. To avoid false-negative readings from possible variability in the target gene sequences, the final determination of the presence of the target genes in samples was performed at the completion of the melting curve analysis. Samples with amplicons having Tm as above those obtained for the negative control samples (known negative strains and no-added-DNA template controls) were scored as positive for the respective target gene.

**Sensitivity of LC-PCR assays for ETEC detection.** To assess the sensitivity of the PCR assays for the three target genes, E. coli H10407 strain ATCC 35401 was grown at 37°C in brain heart infusion broth (approximate optical density of 2.7 to 2.8 at 600 nm) and diluted 10-fold in phosphate-buffered saline to yield 104 to 1010 CFU/ml as estimated by a standard plating procedure. Crude DNA templates from a 300-μl aliquot of each dilution were prepared by heating the bacterial suspension at 99°C for 10 min to lyse the bacteria and centrifuging the lysate at 1,000 × g for 2 min to sediment debris. Aliquots of the clarified supernatant were tested in the LC-PCR assays and the block cycle PCR assays as described above to determine the minimum number of CFU per reaction that could be detected by each method.

To assess the sensitivity of the PCR assays for the three target genes in fecal specimens, aliquots of stool suspensions from four healthy volunteers (50% wt/vol in physiological saline) were inoculated with E. coli H10407 to yield final spiking levels of 109 to 1010 CFU/g. Three swabs from each spiked stool suspension were prepared, and one swab from each spiking level was used to prepare DNA templates for PCR by direct DNA extraction, culture on a MacConkey agar plate (BBL, Cockeysville, Md.), or overnight enrichment in GN broth (BBL). Whole-cell templates from the overnight growth on the MacConkey plate and direct DNA extracts from the swabs were prepared as described above. The DNA templates were tested with the block cycler and real-time PCR assays to determine the limit of detection (LOD) for each assay. In this study, the LOD was defined as the lowest inoculation level at which three of the four spiked stool samples (75%) were positive.

**Nucleotide sequence analysis of PCR products.** Amplification products were purified using the HighPure PCR product purification kit (Roche Diagnostics), and cycle sequencing reactions for the LT I, ST Ia, and ST Ib amplicons were performed as described in the PRISM Ready Reaction Dye Deoxy Terminator cycle sequencing kit protocol (Applied Biosystems, Weiterstadt, Germany). Both strands of each amplicon originating from separate amplification reactions with the corresponding primers listed in Table 2 were sequenced in duplicate to rule out the possibility of Taq DNA polymerase-induced errors. The fluorescence-labeled reaction products were analyzed with an ABI PRISM 310 genetic analyzer (Applied Biosystems).

**Nucleotide sequence accession numbers.** The nucleotide sequences of amplicons derived from representative strains harboring LT I and ST I variants were deposited in GenBank under the following accession numbers: AY342056 (strain H5176, LT I variant), AY342057 (strain F7682, ST Ia variant), AY342058 (strain C4046, ST Ib variant), and AY342059 (strain R554, ST Ib variant).

**RESULTS**

**Strategy for duplex LC-PCR assay design.** We designed two separate real-time fluorescence PCR assays for the LC to detect the two main types of enterotoxin genes commonly present in ETEC strains causing human disease. One assay targets the LT I gene, while the other targets the ST Ia and ST Ib genes. For the LT I assay, primers spanning a 340-bp region of the B-subunit gene and a set of hybridization probes (anchor and sensor probes) internal to this region were designed against sequences that were conserved among known LT I genes (GenBank accession numbers M17874 and M17873) and that were divergent from the analogous region of the cholera toxin gene from *Vibrio cholerae*. 

**TABLE 2. Oligonucleotide primers and LC hybridization probes used in the PCR assay**

<table>
<thead>
<tr>
<th>Oligonucleotide</th>
<th>Sequencea</th>
<th>Target gene</th>
<th>Nucleotide position</th>
<th>GenBank accession no.</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>LTI-1</td>
<td>GCG TTA CTA TCC TCT CTA TGT G</td>
<td>LT I</td>
<td>874-895</td>
<td>S60731</td>
<td>Klaus Pfefier, personal communication</td>
</tr>
<tr>
<td>LTI-2</td>
<td>AGT TTT CCA TAC TGA TTT CCG C</td>
<td>LT I</td>
<td>1213-1192</td>
<td>S60731</td>
<td>Present study</td>
</tr>
<tr>
<td>LTI-HP-1</td>
<td>AGG ATG AAG GAC ACA TTA AGA ATC ACA T-[FL]</td>
<td>LT I</td>
<td>1102-1129</td>
<td>S60731</td>
<td>Present study</td>
</tr>
<tr>
<td>LTI-HP-2</td>
<td>[Red 640]-TCT GAC GAC GACCAA AAT TGA ATG ATT [Ph]-[Ph]</td>
<td>LT I</td>
<td>1131-1157</td>
<td>S60731</td>
<td>Present study</td>
</tr>
<tr>
<td>STIa-1</td>
<td>CTT GAT TAT CTT TCC CCT CT</td>
<td>ST Ia</td>
<td>317-337</td>
<td>M25607</td>
<td>Present study</td>
</tr>
<tr>
<td>STIa-2</td>
<td>TTT AAT AAC AGG GAC AG</td>
<td>ST Ia</td>
<td>505-545</td>
<td>M25607</td>
<td>Present study</td>
</tr>
<tr>
<td>STIb-1</td>
<td>CTT GAT TGT CTT TCC CAT CT</td>
<td>ST Ib</td>
<td>79-98</td>
<td>M34916</td>
<td>Present study</td>
</tr>
<tr>
<td>STIb-2</td>
<td>ATT AAT ACC ACC GCG TAC AA</td>
<td>ST Ib</td>
<td>267-248</td>
<td>M34916</td>
<td>Present study</td>
</tr>
<tr>
<td>STI-HP-1a</td>
<td>AAA TCA GAA AAT ATG AAC ACA T-[FL]</td>
<td>ST Ia</td>
<td>430-454</td>
<td>M25607</td>
<td>Present study</td>
</tr>
<tr>
<td>STI-HP-1b</td>
<td>GTC CTG AAA GCA TGA TGT GCA ATA ATG [Ph]-[Ph]</td>
<td>ST Ib</td>
<td>193-218</td>
<td>M34916</td>
<td>Present study</td>
</tr>
<tr>
<td>STI-HP-2</td>
<td>[Red 705]-ACT GCT GTG AAT TGT GTC GTA ATC CT-[Ph]</td>
<td>ST Ib</td>
<td>458-482</td>
<td>M25607</td>
<td>Present study</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>220-245</td>
<td>M34916</td>
<td></td>
</tr>
</tbody>
</table>

a [FL], fluorescein; [Red 640], LC-Red 640-N-hydroxy-succinimide ester; [Red 705], LC-Red 705-phosphoramidite; [Ph], 3′-phosphate.
Due to considerable sequence variation between the ST Ia and ST Ib genes (homology of only 83.9% between the ST Ia [GenBank accession number M25607] and ST Ib [GenBank accession number M34916] sequences), we designed two sets of primers targeting conserved regions between members of each variant toxin type to give 189-bp amplicons for each gene. From multiple-sequence alignments of the ST I genes (25), we identified a 34-bp region internal to the primers with a high degree of homology between ST Ia and ST Ib. We selected this region to serve as the target sequence for a common anchor hybridization probe (STI-HP-2) for both toxins. We designed the sensor hybridization probes for ST Ia and ST Ib (STI-HP-1a and STI-HP-1b, respectively) to differ from each other in their theoretical Tₘs (4) in order to differentiate between the presence of ST Ia and ST Ib by melting curve analysis. The use of a common anchor probe reduced the complexity and cost of the ST I multiplex by employing seven oligonucleotides (four primers and three hybridization probes) instead of eight oligonucleotides.

We designed the LT I and ST Ia/ST Ib LC-PCR assays to have identical amplification conditions so that both could be run simultaneously on the same instrument. Graphs depicting the accumulation of fluorescence throughout the LC-PCRs for LT I, ST Ia, and ST Ib are shown for a panel of representative strains in Fig. 1. The curve for strain H10407, which is positive for all three target genes, illustrates the clear discrimination between target genes attainable with the LC-PCR assays.

Sensitivity and specificity of LC-PCR assays for detecting target genes in pure bacterial cultures. To assess the ability of the LC-PCR assays to detect LT I, ST Ia, and ST Ib enterotoxin genes in a diverse collection of bacteria, we tested 161 E. coli isolates and 168 isolates of other bacterial species, including 51 strains of V. cholerae that are positive for the cholera toxin genes, in the LC PCR assays and compared these findings with those obtained by block cycler PCR assays. The correlation of the LC-PCR and block cycler assays is shown in Table 3. There was complete correlation between the LC-PCR results and those obtained by the block cycler PCR assays. Among the strains tested, the positive and negative predictive values of the LC-PCR assays for LT I, ST Ia, and ST Ib were each 100%. In scoring the results, it was important to complete the melting curve analysis step of the LC-PCR assay to successfully detect all the target genes. This was a factor for one strain in the collection (F7682 [LT I negative, ST Ia positive, ST Ib negative]) (Fig. 1; see Fig. 3). The ST Ia gene present in this strain was a sequence variant of ST Ia that was not detected during the quantification step, in large part because its optimal binding temperature for the hybridization probes was below that used during the amplification assay. Because the melting curve analysis extends over a lower temperature range than that used during the amplification assay, this step increases the sensitivity of the assay for detecting genes with
sequence variability in the region of the hybridization probes. In addition, the melting curve analysis also increases the sensitivity of the assay for detecting target genes that have not amplified sufficiently to be scored as positive after the quantification step. The benefit of this step in detecting samples with weak amplification is attributable, in part, to the large number of data points collected throughout the melting curve analysis, in contrast to the limited number of readings that such samples receive during the quantification step due to their shortened log-linear phase.

**Analytical sensitivity and specificity of the LC-PCR assays.** To determine the lower limit of detection for the LT I and ST I LC-PCR assays, we performed each of the assays on DNA preparations of reference strain H10407 at concentrations of $10^3$ to $10^6$ CFU/ml in phosphate-buffered saline. Findings from the LC-PCR assays and those performed in parallel with the block cycler assay revealed a conservative lower limit of $10^2$ organisms per reaction for the respective target genes in the LC-PCR assays as well as the block cycler PCR assay.

Because of the complexity of the hybridization probe detection format for the variants of ST I, we assessed the ability of the ST I LC-PCR assay to discriminate between the ST Ia and ST Ib genes by testing DNA preparations from *E. coli* strains that were positive for ST Ia, ST Ib, or both toxins in reaction mixtures that contained the four ST I primer oligonucleotides and either the ST Ia-specific or the ST Ib-specific pair of hybridization probes. Clearly positive or negative amplification curves were obtained, with no cross-reaction between the ST Ia-positive strains and the ST Ib-specific set of hybridization probes and vice versa. As expected, *E. coli* H10407, which is positive for both ST Ia and ST Ib, was positive in both sets of experiments.

**Sensitivity of LC-PCR assays for detecting target sequences in fecal specimens.** The sensitivities of the LC-PCR and block cycler PCR assays for detecting ETEC in spiked fecal specimens from healthy donors were compared for the following types of template DNA samples: DNA extracted directly from the spiked fecal specimen, DNA released by boiling bacterial growth from the primary isolation plate (MacConkey agar), and DNA released by boiling of an aliquot of overnight enrichment broth (GN broth). Findings from these experiments are summarized in Table 4. The LODs for ETEC in fecal specimens DNA extracted directly from the stool specimen was used in the PCRs were $10^5$ and $10^6$ CFU/g for LT I and ST I, respectively, in the LC-PCR assays and $>10^5$ CFU/g for both target genes in the block cycler PCR assay. When DNA from boiled bacterial growth from the MacConkey primary isolation plate was used in the PCR, the LODs in the LC-PCR and block cycler assays for both target genes were the same, $10^5$ CFU/g. Interestingly, when DNA from a boiled aliquot of overnight enrichment broth was used in the PCRs, the LOD for the LC-PCR assay was significantly improved, i.e., 1 CFU/g for LT I and 10 CFU/g for ST I. A similar improvement in sensitivity was observed for the block cycler PCR assay with the STI target (LOD, 10 CFU/g) but not with the LT I target (LOD, $>10^5$ CFU/g). The LODs for ST Ia and ST Ib in the LC-PCR assay were the same for all three experiments (data not shown).

In addition to the spiked fecal specimens, six stool specimens from persons who were part of an outbreak caused by ST Ia-positive *E. coli* O27:H7 were tested for the presence of ETEC in the LC-PCR and block cycler PCR assays. The findings obtained with both methods by using sweeps of bacterial growth from the primary isolation plates for DNA template preparation agreed completely; three of six samples were positive for ST Ia, and three were negative. For the three positive stool samples, positive findings for ST Ia genes were obtained after approximately 40 min (cycles 23 to 27) in the LC-PCR, in contrast to over 4 h in the block cycler PCR assay.

**Time requirements for LC-PCR and block cycler PCR assays.** We performed 40 amplification cycles for the LC-PCR assays, which typically took 70 min to accomplish. For the majority of samples (greater than 90% of isolates, enrichment broths, and growth from primary isolation plates), however, we could discriminate between PCR-positive and -negative samples after only 30 cycles, which took approximately 40 min to accomplish. LT I and ST I target genes in DNA extracted
directly from stool specimens at $10^5$ and $10^6$ CFU/g, respectively, typically required 35 to 38 cycles to detect. Block cycler PCR assays with agarose gel detection of amplicons typically took 4.5 to 5 h to complete. If a sequence-based identification of amplicons from the block cycler was performed, the block cycler assay would require 7 to 18 h, depending on the format of the detection assay (enzyme immunoassay or membrane-based hybridization with DNA probes).

**Differentiation of LT, ST Ia, and ST Ib variants by melting curve analysis.** Sharp and clearly interpretable melting curves (plotted as the negative derivative of fluorescence versus temperature) were obtained with all 138 ETEC isolates tested. Findings from the melting curve analyses of these isolates and the representative isolates sequenced for each Tm are summarized in Table 5. In the course of this study, the interassay precision of the LC melting curve analysis was ±1°C. Melting curve profiles of representative strains and the sequences of their target genes at the annealing region of the hybridization probes are shown in Fig. 2 and 3. A predominant Tm was detected for each of the target genes. The Tms of the control strains for LT I, ST Ia, and ST Ib were 62, 57, and 64°C, respectively. These Tms reflect complete homology between the hybridization probes and their target sequences.

A small number of strains possessed genes with sequence variation in the region of the hybridization probes. We noted a reduced Tm of 60°C for seven LT I-positive strains, a Tm of 49°C for one ST Ia strain, and Tm of 62 and 59°C for six ST Ib strains and one ST Ib strain, respectively (Table 5). Sequencing data obtained for the amplicons of representative strains at each Tm showed one to three nucleotide mismatches per strain between the target sequence and that of the hybridization probes. In general, there was a correlation between the number of mismatches between the target and probe sequences

![Figure 2](http://jcm.asm.org/Downloadedfromhttp://jcm.asm.org/)
FIG. 3. (A) Melting curve analysis performed on amplification products of four different ST-positive isolates, representative of the different ST genotypes observed in this study. Strain H10407 represents a typical ST Ia-positive and ST Ib-positive isolate, strain F7682 is an isolate harboring a variant ST Ia sequence, and strains C4046 and R554 are ST Ib-positive isolates harboring variant ST Ib sequences. (B and C) Sequence alignments with amplicons of the four different ST-genotypes; the sequences under GenBank accession numbers M25607 (ST Ia), M34916 (ST Ib), and M18345 (variant ST Ib); and ST Ia-specific sensor hybridization probe ST-HP-1a (B), ST Ib-specific sensor hybridization probe ST-HP-1b (B), or anchor hybridization probe ST-HP-2 (C). Sequence identity is indicated by dashes. The observed Tm’s are indicated.
DISCUSSION

We focused on the development of a reliable real-time PCR assay for the detection of LT I and ST I genes. Our set of real-time fluorescence PCR assays for LT I, ST Ia, and ST Ib covers the enterotoxin genes commonly associated with human disease. In the process of evaluating our assay, we by chance discovered a number of heretofore-unknown mutations within the amplification products of several ETEC strains tested. The sequences of the variant enterotoxin amplicons have been deposited in GenBank to help guide future assay development. Although the variants we detected were the exception and not the rule among the diverse collection of strains examined in this study, the presence of sequence variation in the toxins illustrates the advantage of the hybridization probe format and melting curve analysis for providing strain characterization over traditional block cycler PCR or other real-time PCR formats that lack the capacity for melting curve analyses. Strains with unusual Tₘ's will be easy to monitor and track if they are to cause an outbreak.

After evaluating the separate LT I and ST I LC-PCR assays, we attempted to combine them into a single multiplex reaction with six primer and five hybridization probe oligonucleotides in one capillary. The presence of LT I-specific genes was detected at 640 nm (channel F2), and the presence of ST I-specific genes was detected at 705 nm (channel F3). A melting curve analysis was performed to resolve the ST Ia and ST Ib variants. Although conditions that permitted the simultaneous detection and differentiation of the three target genes in a single reaction were identified (final concentrations of 5 mM MgCl₂ and 0.2 μM primers LT-1 and LT-2), the sensitivity of the assay was observed to be affected by slight deviations in primer oligonucleotide concentrations that can routinely occur among different batches of commercially synthesized oligonucleotides. For this reason, we do not recommend combining the present assays in a single capillary for routine diagnostic testing.

Since the rational design of probes for microarray systems is based on a comprehensive database of nucleotide sequences, a potential use for the enterotoxin LC-PCR assays is to screen strains to identify sequence variants of the enterotoxin genes. In this study, the melting curve analysis proved to be a very efficient method for identifying a small number of strains with variant enterotoxin genes for subsequent sequencing to develop DNA array-based assays.

Findings from the experiment with spiked stool specimens revealed significant variation in the LODs for the LC-PCR and block cycler PCR assays with the three different methods of template DNA preparation and highlight the importance of this single step for the performance of the PCR assays. The LODs for both target genes in the LC-PCR and for the ST genes in the block cycler PCR assays were lowest with DNA templates prepared from the overnight GN enrichment broths. The failure of the block cycler PCR assay to detect the LT genes from the GN broth was unexpected and illustrates the unpredictable nature of PCR assays. Experiments to determine if a component in the GN broth may be responsible for this selective inhibition are planned.

The LODs for the LC-PCR and block cycler PCR assays were similar to each other when overnight growth from the MacConkey plate was used to prepare the DNA templates. Interestingly, these values were 100- to more than 1,000-fold higher than those from the overnight GN broth culture. The reason(s) for this is not clear. Possible factors that may have affected the sensitivity of these assays include inhibitors carried over from the agar, slower growth characteristics of the target bacterium relative to nontarget bacteria on MacConkey agar compared with GN broth, and denser cell suspensions prepared from the agar plates than from the GN broth, resulting in too much DNA being added to the PCR mixture.

The highest LODs were observed for the DNA template preparation extracted directly from stool; the LC-PCR assay was 100 to 1,000 times more sensitive than the block cycler PCR assay for detecting the ST I and LT I genes, respectively. In comparison with block cycler PCR assays, this difference offers a potential advantage for LC-PCR assays for rapidly diagnosing ETEC infections, by allowing detection of ETEC without enrichment in samples containing 10⁵ to 10⁸ CFU/g. The practical benefit of this difference is not clear, as the percentage of diarrheal specimens with ETEC in this range is not known.

The combination of simplex LT I-specific and duplex ST I-specific LC-PCR assays described in this report offers rapid cycling (1 h or less) with real-time, sequence-specific detection of amplicons. The fluorescence-labeled hybridization probes not only provide confidence in the identification of target genes but also reduce the risk of product contamination of the laboratory because the amplification reaction, detection of PCR products, and melting curve analyses are conducted in a single closed capillary tube. Although our current protocol for processing stool specimens for ETEC requires an overnight enrichment step in GN broth to achieve optimal sensitivity, the rapid amplification and reliable detection of the prototype LT I and ST I genes, and variants thereof, in samples should facilitate the diagnosis of individuals infected with ETEC.

While the diagnosis and management of individual patients infected with ETEC do not require an isolate, the isolation of ETEC from patient samples is critical for public health purposes. The association of the ETEC target genes with a particular bacterium requires testing of isolates, and isolates are still needed for molecular subtyping (DNA fingerprinting) and serologic characterization for surveillance purposes. For these reasons, clinical laboratories are strongly encouraged to consult with their public health authorities for guidance on forwarding positive samples for isolation of ETEC. The speed with which bacterial colonies can be screened for target genes and these genes can be characterized with the LC-PCR assays should facilitate the detection and investigation of ETEC outbreaks. Although LC-PCR assays are currently more expensive to perform than block cycler PCR assays, their speed, reduced hands-on time, and greater information and the reliability of the results make them attractive alternatives to conventional block cycler PCR assays for the detection and characterization of ETEC.
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