Community-Acquired Lung Abscess Caused by *Legionella micdadei* in a Myeloma Patient Receiving Thalidomide Treatment

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**CASE REPORT**

A 51-year-old male presented with fever with 2 weeks of coughing and increasing shortness of breath. On the night prior to admission, the patient described rigors and night sweats. There were no other symptoms and no recent history of travel or animal exposure. Coincident with the onset of the patient’s illness, family members also developed fever with mild upper-respiratory-tract symptoms and malaise. The patient had stage IIIa myeloma diagnosed in 2001 and was initially treated with autologous bone marrow transplantation. Disease recurrence in 2002 was managed with bortezomib (Velcade). Due to disease progression, therapy was changed to thalidomide, 200 mg/kg body weight daily, and prednisone, 10 mg daily. The myeloma was described as being stable over the preceding 3 months, and there was no history of hospital admission for over 6 months. The patient had a documented severe allergy to fluoroquinolones.

On admission, the patient had a temperature of 38.6°C, a heart rate of 48 beats/min, a respiratory rate of 22 breaths/min, and an oxygen saturation of 88% on room air. The chest examination revealed bronchial breath sounds and crackles to the left upper lobe. The remainder of the examination was normal, with the exception of the presence of oral thrush. The patient was admitted for investigations and started receiving vancomycin and ceftriaxone therapy. Blood tests were normal, with the exception of a mild anemia (hemoglobin, 119 g/liter) and lymphopenia (lymphocytes, 0.2 × 10⁹/liter). The patient was not neutropenic. A chest X ray revealed a large opacification consistent with lung consolidation or abscess (Fig. 1A). Computerized axial tomography of the chest confirmed a large left-upper-lobe cavitating lesion (Fig. 1B). Bronchoalveolar lavage (BAL) fluid culture was negative on Gram’s stain, acid-fast stain (done at a reference laboratory for mycobacteriology), and immunofluorescent stain for *Pneumocystis carinii*.

Since the initial blood cultures and respiratory samples were culture negative, the infectious disease service was consulted. Vancomycin therapy was discontinued, and azithromycin therapy was started. Test results for legionella urine antigen were negative. Transthoracic needle aspiration of the lesion and chest tube drainage of the effusion were performed. The effusion was exudative, with a lactate dehydrogenase level of 2,450 IU/liter. Modified acid-fast staining (7) tests of BAL fluid and lung aspirate were requested by the infectious diseases service. Both samples were positive for small coccobacilli with this stain (Fig. 2), and cultures subsequently grew *Legionella micdadei* (confirmed with partial 16S rRNA gene sequencing).

The patient improved within 6 to 7 days after the initiation of azithromycin therapy and made a complete recovery. Due to the family syndrome, which was similar to Pontiac fever, further questioning identified the use of a portable humidifier that was rarely cleaned. Samples of legionella culture taken from the humidifier were sent to a reference water testing laboratory, but results were reported as unreliable due to an overgrowth of multiple bacteria in the sample. Testing of the home water system was not performed.

**Legionella infection causes 2 to 14% of community-acquired pneumonia (CAP). ** *Legionella micdadei* constitutes <1% of these infections. We describe a case of cavitary *L. micdadei* CAP in a myeloma patient receiving thalidomide treatment. The importance of considering pneumonia and problems in diagnosing pneumonia caused by *L. micdadei* in this patient population are reviewed.
in the setting of thalidomide therapy for multiple myeloma. Thalidomide and its immunomodulatory analogues are being used increasingly to treat malignancies (2) and for the treatment of other diseases (11). Thalidomide has been associated previously with lung toxicity (5), which may in itself predispose patients to pulmonary infections. Whether the use of this drug alone or in combination with steroids increases the risk of opportunistic infections remains to be proven. However, *Nocardi a farcinica* infection has been reported in patients receiving thalidomide during treatment for leprosy (1), and *Pneumocystis* pneumonia has been reported in patients receiving thalidomide in combination with temozolomide (20).

This case also demonstrates some of the pitfalls in diagnosing legionellosis. It is important to note that the urinary antigen test only reliably detects *Legionella pneumophila* serogroup 1, and many commercial direct-fluorescent antigen kits detect only *Legionella pneumophila* species. Thus, the use of culture or nucleic acid detection methods is required to definitively diagnose infection with legionella strains other than *L. pneumophila*. In this case, the findings of coccobacilli in the modi-
fied acid-fast stain allowed a rapid presumptive diagnosis of infection with *L. micdadei*. The use of carbol fuchsin, instead of safranin, as the counterstain in the Gram’s stain test would also have resulted in the detection of these bacteria.

On presentation, the patient was bradycardic. Bradycardia is reported in patients with legionella infections (14). In this case, there was preexisting evidence of bradycardia prior to the development of pneumonia. Thalidomide used for the treatment of myeloma has been associated with bradycardia in up to 50% of cases (10). There is at least a theoretical risk that the fluoroquinolones and thalidomide could interact to worsen bradycardia (8, 17, 23). While current evidence supports fluoroquinolones as the first-line therapy for treating *Legionella* pneumonia (3, 22, 27), due to this patient’s allergy to fluoroquinolones, azithromycin was used, with a complete response.

We suspect the source of infection was the home humidifier. Family members described an acute febrile illness that occurred at the same time that our patient became sick. Transmission of legionella from humidification systems has been documented previously (16, 25, 31, 33). There are specific recommendations to prevent nosocomial legionellosis in bone marrow transplantation patients (6). It may also be wise to advise other immunocompromised patients about the risks of appropriate measures to prevent infection with legionella.

This is the first case of a lung abscess caused by *L. micdadei* described in a patient receiving thalidomide for refractory myeloma. The probable source of infection was a portable home humidifier. Whether the use of thalidomide in the treatment of myeloma predisposes these patients to legionellosis and other opportunistic infections remains to be determined. Legionellosis including non-*L. pneumophila* species should be considered as a possible cause of pulmonary abscess, even in ambulatory immunosuppressed patients.

The authors declare they have no competing interests.

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26. Rudin, J. E., and E. J. Wing. 1984. A comparative study of Legionella in the treatment of myeloma predisposes these patients to legionellosis and other opportunistic infections remains to be determined. Legionellosis including non-*L. pneumophila* species should be considered as a possible cause of pulmonary abscess, even in ambulatory immunosuppressed patients.

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