Deployable Laboratory Response to Emergence of Melioidosis in Central Sri Lanka

Timothy J. J. Inglis,1* Adam Merritt,1 Joanne Montgomery,1 Indika Jayasinghe,2 Vasanthi Thevanesam,2 and Russell McInnes3

Division of Microbiology & Infectious Diseases, PathWest Laboratory Medicine WA, Nedlands, Western Australia, Australia1; Department of Microbiology, University of Peradeniya, Peradeniya, Sri Lanka2; and Agilent Technologies, Melbourne, Australia3

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A portable molecular diagnostic laboratory was used to provide molecular confirmation of suspected melioidosis cases seen at Peradeniya Hospital, central Sri Lanka. Soil supernatants from rice field and rubber plantation samples also produced PCR-positive results. These procedures could be used for melioidosis field work in other remote locations.

Melioidosis was first reported in Sri Lanka in the 1920s (2). Sporadic cases have been reported since then, mainly for travelers returning to European countries (14). The Indian Ocean tsunami on Boxing Day, 2004, caused an increase in melioidosis cases and may have extended the distribution of the disease in the region (1). Two years ago an indigenous case in the Colombo area was reported (8), and several potential cases in Colombo and Peradeniya were noted. At that time, the local laboratory was unable to confirm an etiologic diagnosis. We had previously assisted the public health authorities in northeastern Brazil with an investigation into a fatal outbreak of melioidosis (15) through a series of visits in which we introduced field investigation skills, a standard case definition, and molecular diagnostic methods (6, 11). In the Peradeniya area of Sri Lanka, diagnostic microbiology services rely on classical bacteriologic methods, which are prone to a high degree of error (7). We drew on our recent experience with a deployable molecular microbiology laboratory in the remote Kimberley region of Western Australia. The methods used were developed using laboratory equipment that was sufficiently robust to operate in a severe environment, namely, a real-time TaqMan PCR assay developed in our central laboratory (11) but with amplification using a conventional thermal cycler and resolution by capillary electrophoresis on a laboratory chip device (Bioanalyzer 2100; Agilent Technologies, Little Falls, DE).

Suspected Burkholderia pseudomallei isolates were obtained from patients with gram-negative septicaemia seen in the University Hospital in Peradeniya. One patient was from Central Province, one was from Uva Province, and one was from Colombo. A total of four isolates collected from the three patients were maintained on agar slants after the initial isolation. These isolates were subcultured onto blood agar and incubated at 37°C for 48 h to obtain pure growth and distinct colonies. Environmental isolates were obtained by adding 100 g of soil (collected from a depth of at least 30 cm) to 100 ml of sterile, distilled water. A 1.0-ml aliquot of supernatant was transferred after 18 to 24 h into Trypticase soy broth, vortex mixed, and incubated at 37°C for 24 h. A 100-μl aliquot of supernatant was subcultured to freshly prepared Burkholderia pseudomallei selective agar (3) and incubated for 48 h at 37°C, after which the plates were examined. Colonies were picked and subcultured onto blood agar. Bacterial DNA was extracted by hot alkaline lysis in 100 μl of lysis buffer–NaOH–sodium dodecyl sulfate for 15 min at 95°C and diluted in ultrapure water. A previously described B. pseudomallei-specific real-time PCR assay was used to produce amplicons without fluorescence acquisition (11). Briefly, 12 μl of lpxO TaqMan master mix was dispensed into thin-walled PCR tubes, and 8 μl of bacterial or soil supernatant extract was added to each tube. Samples were cycled on a thermal cycler (model 2720; Applied Biosystems, Singapore) with negative and positive controls. On completion, the amplified product was analyzed by capillary electrophoresis. Control, molecular ladder, and test samples were processed using a microfluidic laboratory chip (DNA 1000 kit; BioAnalyzer 2100, Agilent Technologies, Waldbronn, Germany). Analysis was completed by comparing products observed in the gel-like image with those seen with the positive control. Two environmental sample locations were used, one in Peradeniya close to historic plantings of Para rubber trees (Hevea brasiliensis) for a preliminary sample run and a second location where a more detailed environmental survey of the rhizosphere of plantation rubber trees, banana palms, and rice terraces was conducted.

The deployable molecular diagnostic laboratory was successfully set up in Peradeniya in January 2008 and ran for 1 week until all molecular reagents were exhausted. One of the clinical B. pseudomallei isolates was run at a series of 10-fold dilutions to determine the sensitivity of the assay and to detect any PCR inhibition. A positive result was obtained at a dilution of 1 in 106 and used to provide a positive control for all subsequent studies (Fig. 1). Results from the series of bacterial DNA extracts provided preliminary molecular confirmation of the presence of B. pseudomallei in two of the three patient isolates (Table 1). None of the isolates from environmental samples were lpxO positive, but direct testing of soil suspension supernatants from the rice terrace and rubber plantation samples did produce several positive results.

* Corresponding author. Mailing address: Division of Microbiology & Infectious Diseases, PathWest Laboratory Medicine WA, QEII Medical Centre, Hospital Avenue, Nedlands, Locked Bag 2009, Western Australia 6909, Australia. Phone: 618 9346 3461. Fax: 618 9381 7139. E-mail: tim.ingle@health.wa.gov.au.

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This is the first time that molecular confirmation of a diagnosis of melioidosis in Sri Lanka has been obtained. We set up and ran a portable molecular diagnostic laboratory in Peradeniya, Sri Lanka, processing bacterial DNA extracts over 4 days by the use of six consecutive laboratory chips (72 extracts analyzed). This provided preliminary molecular confirmation of two cases of melioidosis for patients admitted to the Peradeniya Hospital. Supernatants from soil samples from rice field and rubber plantation locations produced PCR-positive results, though no PCR-positive bacterial isolates were obtained from primary environmental cultures. Local staff had direct, hands-on experience in these methods and demonstrated proficiency in running the standard procedures.

Recognition of *B. pseudomallei* in samples from sterile cultures such as venous blood is straightforward in regions where laboratory staff are familiar with the species, but inconsistently prepared agar or a lack of familiarity with its appearance on nonselective media can cause problems at the identification stage (13). In recent years, an increasing number of centers have turned to molecular methods to confirm the identity of suspected *B. pseudomallei* isolates or to detect DNA of the species directly in investigations of clinical samples (4, 10–12). The use of the lpxO PCR protocol as a single-round method gave confirmation of an etiological diagnosis in one case of successfully treated septicemia and one case of fatal septicemia of previously unknown etiology.

In Perth, Western Australia, we are required to provide an additional level of diagnostic certainty by obtaining a positive result with multiple PCR probes, a homologous *recA* sequence, or detection of 2-hydroxymyristic acid by gas liquid chromatography of bacterial fatty acid methyl esters (4). As these advanced methods...
are not currently available in Sri Lanka, our \( lpxO \) results are provisional and subject to confirmation by additional reference methods. The short time allowed for the laboratory deployment did not allow culture-based analysis of soil to run to conclusion—a period of around 3 to 4 weeks. It was therefore not possible to determine whether or not the \( lpxO \)-positive results obtained with soil supernatants from rice terrace and rubber plantation samples represented culturable \( B. \) \( pseudomallei \). This potentially more sensitive method may have detected bacterial DNA in the absence of culturable bacteria, in similarity to results reported previously from the Northern Territory of Australia (9). Though we are cautious in our interpretation in the absence of culturable bacteria, in similarity to results reported previously from the Northern Territory of Australia (9), we propose previously that rubber may have acted as a vehicle for the transfer of \( B. \) \( pseudomallei \) from the Americas (5). In conclusion, we have demonstrated the feasibility of assembling, preparing, and deploying a molecular diagnostic laboratory overseas.

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