Molecular Epidemiology of Rotavirus in Cats in the United Kingdom

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Rotavirus are leading causes of gastroenteritis in the young of many species. Molecular epidemiological studies in children suggest that interspecies transmission contributes to rotavirus strain diversity in people. However, population-based studies of rotaviruses in animals are few. We investigated the risk factors for infection, and genetic diversity of rotavirus A in a cross-sectional survey of cats housed within 25 rescue catteries across the United Kingdom. Morning litter tray fecal samples were collected during the winter and summer in 2012 from all pens containing kittens and a random sample of those housing adult cats. Group A rotavirus RNA was detected by real-time reverse transcription-PCR, and positive samples were G and P genotyped using nested VP4 and VP7 PCR assays. A total of 1,727 fecal samples were collected from 1,105 pens. Overall, the prevalence of rotavirus was 3.0% (95% confidence interval [CI], 1.2 to 4.9%). Thirteen out of 25 (52%; 95% CI, 31.3 to 72.2%) centers housed at least one rotavirus-positive cat. The prevalence of rotavirus was associated with season (odds ratio, 14.8 [95% CI, 1.1 to 200.4]; P = 0.04) but not age or diarrhea. It was higher during the summer (4.7%; 95% CI, 1.2 to 8.3%) than in winter (0.8%; 95% CI, 0.2 to 1.5%). Asymptomatic epidemics of infection were detected in two centers. G genotypes were characterized for 19 (33.3%) of the 57 rotavirus-positive samples and P genotypes for 36 (59.7%). Two rotavirus genotypes were identified, G3P[9] and G6P[9]. This is the first population-based study of rotavirus in cats and the first report of feline G6P[9], which questions the previous belief that G6P[9] in people is of bovine origin.

Rotavirus A (RVA), a species of the Rotavirus genus and the family Reoviridae, is an important pathogen causing acute diarrhea in the young of many animal species, including people (1, 2). With the advent of modern sequencing techniques, the extent of the contribution of interspecies transmission and reassortment to rotavirus genetic diversity is increasingly being realized (3–5). Despite the many reports of potential zoonotic infections in people (6, 7), due to the scarcity of rotavirus surveillance programs in animals, little is known about the prevalence of potential anthropo- notic and zoonotic strains in animals. Particularly, our knowledge and understanding of rotaviruses circulating in companion animal populations is minimal, which is remiss when we consider the extent of contact that occurs between pets (especially cats and dogs) and children in developed countries.

Although infections with feline rotavirus (FRVs) rarely cause severe illness in cats (8–11), FRVs have captured attention as perpetuating, albeit infrequent, sources of human disease. Human RVAs with genetic homology to feline RVAs have been isolated from widespread geographical locations, including Japan (12, 13), Israel (14, 15), Tunisia (16), and the United States (17). Additionally, putative human/feline reassortant rotaviruses have been identified in children in Italy (18).

Despite the reports of FRV isolations from people, there have been no recent studies or surveillance of rotaviruses in cats. FRV infection was first identified by serology in cats in 1978 (19). Experimental infections have given inconsistent results, with some showing an association between rotavirus and reduced fecal quality (increased water content and suboptimal stool conformation) in kittens (8), while others failed to link infection with disease (9, 10, 20). Currently, rotavirus is considered to play a minor role in clinical disease and is not routinely screened for in diarrheic cases in small-animal veterinary practices (21).

The prevalence of rotavirus infection in cats has been investigated by serum antibody titers and fecal electron microscopy; seroprevalence studies indicated that exposure ranged from 3.5% to 100% (8–11, 22), while electron microscopy indicated 3 to 6% of cats were infected (9, 10, 20). These studies involved small numbers of cats and looked at convenience samples of subpopulations (e.g., veterinary hospital admissions, single premises, and research colonies) rather than a representative sample of the national feline population.

The aim of this study was to examine, using a systematic population-based approach irrespective of diarrhea status, the prevalence and genotypes of RVA circulating in domestic cats in the United Kingdom.

MATERIALS AND METHODS

Study population. The study population comprised cats held in the 25 rehoming or adoption centers in the United Kingdom run by Cats Protection, the United Kingdom’s largest feline welfare charity. Each year, it rehomes or reunites approximately 50,000 cats with owners. These centers are widely distributed geographically, with 21 in England, two in Wales, one in Northern Ireland, and one in Scotland (Fig. 1, left). The centers vary in size and their construction. The number of cat accommodation...
spaces (pens) are fixed and range from 16 in a specially adapted city house to 202 in the purpose-built National Cat Adoption Centre (NCAC).

The populations of cats in the centers are in constant flux. The relinquishment and adoption rates are such that centers operate at capacity throughout the year, although stocking density (cats per pen) will vary. The demographic pattern in the centers changes with the seasonal breeding pattern of cats, such that a higher proportion of the population are kittens during the summer months (June to August) (Fig. 2). Additionally, the centers will not put cats originating from different sources in the same pen, so relinquishment events (single cats or multicat households) will also influence the total population size and stocking density in each center.

Study design. Two cross-sectional studies were undertaken to account for the seasonal changes in demography. The first was in the United Kingdom during the winter months (3 February to 30 March 2012), and the second was in the summer months (29 May to 17 August 2012). The centers were stratified by size (small, medium, and large) and randomly allocated to summer and winter collection periods (Fig. 1, left).

The unit of sampling was the pen. These samples were selected from pen occupancy data obtained the day prior to sampling. All pens containing at least one kitten were selected. In addition, a random sample of those housing one or more adult cats was also selected; the sample size was chosen to allow 95% confidence of detecting one positive pen if the prevalence of fecal shedding was 2%, assuming a test with 100% specificity and 95% sensitivity. This also allowed a prevalence of 2% to be estimated, with 95% confidence and 1.3 to 1.9% precision.

Recording sheets were used to transcribe demographic data from a number of sources, including center admission records, pen data recording sheets, veterinary paper records, the internal database of Cats Protection (PAWS), and from observations of pen content and construction, unit structure, hygiene precautions, and center management.

Sample collection and processing. Fecal samples were collected from litter trays and, where necessary, the pen floor between 6.30 a.m. and 12.00 p.m. (noon) on the first day of the study visit; where feces were not present, the cats were monitored through the rest of the working day, and a collection was made if feces were passed. In large centers, where the number of cats necessitated a longer visit for data transcription, cats who defecated only once every 2 to 3 days were observed, and samples were collected from these individuals when feces were eventually passed.

Fecal samples were collected in sterile 30-ml universal tubes using either individual disposable gloves or wooden applicator sticks. The color, consistency, and number of complete deposits of feces in and outside the litter tray were recorded. The color was recorded as brown, green, yellow, black, or other (which was described). Consistency was graded as 1 (watery) to 6 (hard, dry), using a modified version of the Bristol Stool Scale (Meyers Scale) (23). Where the number of fecal deposits was equal to the number of cats, it was assumed that each was from a different cat (as an adult cat is highly unlikely to defecate twice in the morning unless it has large intestinal diarrhea or diffuse gastrointestinal disease resulting in a
Detection and typing of rotavirus. Ten percent fecal suspensions were prepared, clarified by centrifugation at 12,000 rpm for 10 min, and a 250-μl aliquot was used for RNA extraction (QiAamp RNA kit; Qiagen, Manchester, United Kingdom), according to the manufacturer’s instructions, and eluted into 50 μl of RNase-free water. A 20-μl aliquot was used for reverse transcription using random primers and SuperScript II reverse transcriptase (Invitrogen, Paisley, United Kingdom), according to the manufacturer’s instructions, giving a final cDNA volume of 35 μl. Rotavirus NSP3-specific quantitative PCR (qPCR) (24) was performed, and samples with a threshold cycle (Cₚ) value of <40 were considered positive. The qPCR mixture per reaction was 12.5 μl of Invitrogen Platinum master mix, 8 pmol NSP3-F/NSP3-R primers, and 3 fmol NSP-3 probe with 2 μl of cDNA, made up to 25 μl with RNase-free water. The assays were run on a Rotor-Gene Q 6000 thermal cycler at 50°C for 2 min, 95°C for 15 s and 60°C for 1 min, and then 40 cycles of 95°C for 15 s and 60°C until aliquoted. The samples were kept at −80°C until testing.

Ethics approval. This study was approved by the University of Liverpool Veterinary Research Ethics Committee (VREC20) and the Cats Protection ethics review committee.

RESULTS

Population structure. A total of 1,727 fecal samples were collected from 1,105 pens across the 25 centers. The median number of occupied pens per center was 41 (interquartile range [IQR], 30 to 79). The number of samples from each center varied from 8 in the North London Centre to 224 in Bridgend. The ages of cats sampled ranged from 1 week to 21.5 years of age. Overall, approximately one-third (30.9%; confidence interval [CI], 29 to 32.8%) of the Cats Protection Adoption Centre population was kittens (<6 months). The proportion of cats that were kittens was significantly greater during the summer collection period (Fig. 2), at 44.6% compared with 13.9% in the winter period (P < 0.0005). This was also reflected in the sample, where the proportion of kittens was 33.6% overall (CI, 31.4 to 35.9% [581/1,727]), at 48.2% in the summer and 11.6% in the winter. The median ages of the cats sampled in the summer were 9.0 months (IQR, 3.0 to 30.8 months) compared with 36 months (IQR, 10.5 to 84.0) for the winter-sampled population (P < 0.0005).

A total of 85.6% (95% CI, 83.6 to 87.8%) of the cats defecated during the collection period. These cats were of similar age to those that did not defecate. The median ages were 16.5 months (IQR, 3.3 to 62 months) and 26.5 months (IQR, 1.5 to 84.5 months), respectively. Of the fecal samples, 1,686/1,727 (97.6%) were scored for consistency. The median fecal score was 5 (ideal) (IQR, 4.0 to 5.0). Of the samples, 5.6% (95% CI, 5.0 to 6.6%) had a fecal score of 6 (dry/hard), 11.9% (95% CI, 11.0 to 11.6%) had a score of 5 (normal), 22.3% (95% CI, 21.3 to 23.3%) had a score of 4 (hard/soft), 21.1% (95% CI, 20.1 to 22.1%) had a score of 3 (diarrhea), and 2.4% (95% CI, 2.3 to 2.5%) were scored as 2 (wet/soft). Of the samples, 60.2% (1,040/1,727) were collected during the summer.

Rotavirus prevalence. The overall estimated prevalence of rotavirus qPCR-positive fecal samples in the population was 3.0% (95% CI, 1.2 to 4.9%) in the winter period (P < 0.0001). The proportion of centers with rotavirus-positive cats was also higher during the summer (69.2%; CI, 44.3 to 89.4%) than that in winter (33.3%; CI, 11.6 to 62.3%), but this difference was not statistically significant (P = 0.16).

The higher prevalence in the summer was a reflection of two centers (Table 1), Truro and Birmingham, in which the prevalences were 61.2% (CI, 57.5 to 65.1%) and 10.2% (7.9 to 12.5%), respectively. These prevalences were significantly higher than those in other centers (P < 0.0001) and were considered to be infection epidemics. The prevalences in the remaining centers ranged from 0 to 8.9%. There was no significant difference in the

and multivariable logistic regression analyses were used to examine the associations between infection and age, season, and diarrhea using the melogit commands in Stata. A three-level model was used, incorporating the center, pen, and individual. Age was modeled as a continuous variable and also as a binary variable. Three categories were used for kittens: cats age ≤5 months, ≤3 months, or ≤2 months. Fecal score was also reduced to a binary variable, with a cutoff at both scores 2 and 3. Cats with a score ≤2 or 3 were considered to have diarrhea.

Geographical distribution maps were constructed using QGIS 2.0.1 (Dufour).
prevalences in the centers sampled in the winter period, which ranged from 0 to 2.9%.

**Lack of association between rotavirus and diarrhea.** The presence of rotavirus RNA in feces was not associated with diarrhea. The median fecal score for rotavirus-positive feces was 5.5 (IQR, 4 to 5), compared with 5 (IQR, 4 to 5) for rotavirus-negative feces. This difference was not statistically significant ($P = 0.17$). When a binary variable was created, with a fecal score of either 3 or ≥2 considered to be diarrhea, there was still no association with the presence of rotavirus. The odds ratios (OR) were 1.83 (95% CI, 0.60 to 5.53; $P = 0.28$) and 4.48 (CI, 0.79 to 25.49; $P = 0.09$), respectively. Intraclass correlation coefficients indicated that diarrhea was highly correlated with the same pen within a center; 53 and 60% of the variation in the probability of having a diarrhea score of 3 or 2 was associated with pens in the same center. In contrast, it was only slightly correlated with the same center alone, accounting for 7 and 10% of the total residual variances, respectively.

**Risk factors for fecal rotavirus.** In univariable analysis, the presence of rotavirus in feces was associated with season. The OR for rotavirus presence in the summer collection period was 12.3 (CI, 1.07 to 141.5; $P = 0.04$) compared with that in the winter period. There was no association with age, whether entered in the model either as a continuous variable in months (OR, 1.8; CI, 0.99 to 1.02; $P = 0.8$) or as a binary variable defining a kitten of 5 months (OR, 1.41; CI, 0.52 to 3.85; $P = 0.5$), 3 months (OR, 1.32; CI, 0.46 to 3.80; $P = 0.6$), or ≤2 months (OR, 1.17; CI, 0.30 to 4.64; $P = 0.82$) of age. When season, kittens, and an interaction term between season and kittens were entered into a multilevel model, only season remained significant (OR, 14.8; CI, 1.1 to 200.4; $P = 0.04$) (Table 2). Intraclass correlation coefficients, estimated by including season, center, and pen in four-level interval-constant models, indicated that 76% of the variance was associated with pens within the centers, 41% with centers within seasons, and 6.3% with season alone.

**Limit of detection.** The limit of detection for SA11 in the two-step NSP3 qPCR was between 16 and 32 IVP/reaction. Intra-assay repeatability was good, with a coefficient of variation of 0.015. The limits of detection for feline rotavirus genomes belonging to the FRV-64 genogroup (K9 genogroup) and the FRV-1 genogroup were similar.

**Molecular characterization.** G genotypes were characterized for 19 (34%) of the positive samples and P genotypes for 34 (61%) of the positive samples. Two G genotypes were identified, G6 (16 [84%]) and G3 (3 [16%]). A single P genotype was recognized, P[9]. Combined G and P genotypes were found for 13 of the positive samples (23%); two of these were G3P[9], and 11 were G6P[9]. Higher NSP3 C$_r$ values correlated with a reduced likelihood of being able to determine a genotype (Fig. 3). Culture and sequencing of representative feline rotavirus strains, followed by primer and probe redesign, were essential to genotyping both G6P[9] and G3P[9] genotypes.

Genotype G6 was isolated in both the winter and summer collection periods from three centers, Glasgow, Birmingham, and Truro, which span the length of the United Kingdom. Truro and Birmingham were centers at which epidemics of infection were observed. G3 was isolated from Exeter (winter) and Bridgend (summer) (Fig. 1, right and Table 3).

**DISCUSSION**

This study represents one of the first population-based studies of rotavirus prevalence in any animal species. Feline rotaviruses (G6P[9] and G3P[9]) were detected at a low prevalence (3.0%) in the cat population in the United Kingdom. This is similar to estimates from other countries (9, 10, 20) but showed interesting regional and seasonal variations. We report the first detection of epidemics of asymptomatic rotavirus infection (prevalences, 61.2% and 10.2%) in cats in spatially and temporally distinct locations (Table 1). The full details of these will be reported elsewhere. The low frequency of rotavirus epidemics in the cat population might be due to a combination of the low national prevalence of infection (3.0%) and the “snapshot” view that is
afforded by cross-sectional sampling. Longitudinal sampling strategies based on this prevalence could be used to investigate transmission dynamics in more detail. Biosecurity measures for the Cats Protection Adoption Centres are of a high standard across the country, as they all adhere to strict hygiene guidelines. However, it is known in human hospitals that viral diseases, particularly gastrointestinal pathogens, are not easily contained, with rotavirus being one of the most frequent pathogens to transmit nosocomially and cause outbreaks, particularly in pediatric and neonatal wards (30). A return to Truro 6 weeks later found a complete turnover of cats and a reduction of the center prevalence from 61.2% (21/34) to 2.5% (1/40), despite the continued influx of new individuals, which might be thought to maintain epidemic infection. Therefore, it is unknown whether the observed epidemics arose from a spread within a center or reflected an intake of cats already infected with rotavirus due to an outbreak in the local area. The diversity and prevalence of feline calicivirus strains in United Kingdom cat shelters have been suggested to arise from cats sampling local strain diversity prior to entering a shelter, rather than infection occurring within a center (31).

The absence of an association between rotavirus infection and diarrhea in cats is in stark contrast to people, in whom diarrhea is a major cause of morbidity and mortality. Infection has also been associated with diarrhea and decreased productivity in cows (32, 33), suckling pigs (34–36), and horses (37, 38). Asymptomatic infections are reported, although their importance in transmis-

TABLE 3 Distribution and genotypes of feline rotaviruses isolated from all FRV-positive Cats Protection Adoption Centres in the United Kingdom during 2012

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<th>Total no. of positives</th>
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<td>21</td>
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<td>57</td>
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<sup>a</sup> X indicates G or P rotavirus genotypes that were unable to be elucidated.
sion is not well understood due to the lack of population-based studies. The lack of an association between feline rotavirus infection and diarrhea may reflect cat behavior. Queens clean the perineal region of their kittens to stimulate defecation and consume the feces that are produced. Maternal coprophagy may reduce the risk of kitten diarrhea by preventing transmission within and between litters and by “orally vaccinating” the queen, increasing the titer of milk anti-rotavirus IgA antibodies.

Low viral titers and virus strain type may also be a reason for the lack of association of feline rotavirus with diarrhea. Many of the $C_v$ values obtained for rotavirus-positive feline fecal samples, even in the epidemics of infection observed in this study, fell out of the clinically relevant range consistent with human symptomatic rotavirus infection (39). In cows, asymptomatic individuals shed similar viral titers to those of clinically infected individuals, and the roles of virulent and avirulent strains of rotavirus have been postulated (40, 41). In dogs and pigs, species in which asymptomatic infections are more frequently recognized (35, 42–45), no population-based studies of sufficient power exist to truly characterize the role of asymptomatic infection. Asymptomatic infection may be a reflection of the nature of the relationship of G6P[9] and G3P[9] with the feline host. It is possible that zoonotic infection with these strains is similarly associated with asymptomatic carriage or mild clinical signs in people, and if population studies of adults and children, particularly the pet-owning population and those working in contact with cats, were performed, we may see a greater prevalence than what we currently accept.

Rotavirus most commonly infects neonatal and young people, cattle, and pigs (6, 7, 46). However, this was not the case for the cat population in this study. Kittens may play a role as a multiplier of infection without this being detected because of maternal coprophagy. Kitten feces are not found in litter trays until they reach approximately 4 weeks of age. Ethically, per-rectum fecal sampling requires a home office license in the United Kingdom and was not possible. This age group, the equivalent of very young children, is not represented and therefore is part of a systematic bias in our study. However, rotavirus was not detected in the feces of any of the nursing queens.

FRV infection was strongly associated with season (OR, 14.8 [CI, 1.1 to 200.4]; $P = 0.04$). It was more common in the summer months, contrasting with the pattern observed in people and cattle in the United Kingdom, where rotavirus is considered a cold weather disease (32, 47, 48). In worldwide surveillance studies, country income level is a more reliable predictor of infection than is latitude or geographical location. Wealthier countries have a seasonal peak (49), the timing and spread of which are influenced by birth rate (50); poorer countries experience year-round disease associated with high transmission and birth rates (51). An increase in the susceptible population is therefore important, but it is possible that seasonality is also influenced by an increased density of individuals within housing and airspace. Cattle are brought into close contact by indoor housing over the winter, and people spend more time indoors over the winter in close proximity with others (52). In our cat population, although infection was not associated with age, it is possible that kittens play a role in seasonality but it is masked by population dynamics and cat behavior. Cats are seasonal and prolific breeders; an average adult queen can produce two litters of four kittens between spring and autumn (53, 54). During the breeding season, the increased number of animals per pen and the greater volume of stray kittens and pregnant queens might increase the risk for the transmission of infection.

We have identified two G and P genotype combinations carried by rotaviruses circulating in the cat population in the United Kingdom in 2012, G3P[9] and G6P[9]. While G3P[9] is a recognized feline genotype (AU-1-like and BA222-like genotype constellations [13, 14, 55]), this is the first report of G6P[9] detection in cats. G6 was the more prevalent genotype (84%) and was detected in Scotland, the Midlands, and Cornwall, which are geographically distinct regions encompassing the length of the United Kingdom. Further, it was identified in both the winter and summer collection periods. Although both rotavirus genotypes did not coexist within a single center, there is potential for spatial coexistence, as G and P genotyping was incomplete. (This is a common finding in the molecular epidemiology of rotavirus and most likely reflects low virus titers, although the possibility that a novel feline sequence reduced the efficiency of primer binding should also be considered). Both G3P[9] and G6P[9] genotypes have been isolated from people in other parts of the globe. Human G3P[9] is considered to be a direct result of transmission events from canine or feline rotaviruses and has been reported in human clinical surveillance samples worldwide, including Japan (13), Israel (56), Brazil (57), Thailand (58), Russia (59), and Hungary (60). G6P[9] was originally isolated from an Italian child with diarrhea (61) and has subsequently been reported in the United States (62), Hungary (60, 63), Japan (64), Australia (65, 66), and Tunisia (16), Yamamoto and colleagues (64) considered that their isolates represented reassortment events between bovine-like human rotaviruses and human/feline AU-1-like rotaviruses. G6 is a common genotype in cattle/buffalo (67–70), sheep (71–73), and goats (74, 75) and has been identified sporadically or at a low prevalence in rabbits (76) and pigs (77, 78). It is uncommon in people, and although a zoonotic origin is postulated (64, 79–83), it has not yet been convincingly proven whether such zoonotic strains spread among people. More recently, with the advent of advanced genome sequencing techniques and a more robust classification system (84), the possibility of G6 feline origin at some historical point has been proposed (16). With clustering of published human G6 genotypes with our feline G6 genotypes, rather than with published bovine G6 genotypes (85), our work strongly suggests that G6P[9] genotypes are examples of zoonotic or anthropozoonotic transmission between cats and people. Whole-genome sequencing to further explore the relationship between the G3P[9] and G6P[9] genotypes identified in this study and other human and animal rotaviruses is under way.

Interestingly, G3P[3] was not found in our study population. This genotype has been reported in cats (20, 86), people (14, 15, 17, 87–91), dogs (92–97), and other animals (98–102). This genotype may not be circulating in the cat population in the United Kingdom or may be at a prevalence too low for detection in our study (<2%). It is also possible that similar to human RVA, feline RVA strain diversity and the prevalences of different strains may fluctuate between years, but this can be confirmed only through sustained surveillance in consecutive years. Reassuringly, none of the common human rotaviruses were detected in cats, and no reassortment was observed between human and feline rotaviruses.

An additional limitation of this study was using a shelter cat population as a sentinel for the cat population in the United Kingdom. Sampling a shelter cat population rather than an owned pet population may carry with it the additional stressors and oppor-
tunities for disease spread associated with mass housing of cats from different backgrounds and a high-throughput environment. However, the majority of cats housed in Cats Protection centers are healthy cats that have been relinquished from homes due to socioeconomic factors. True strays represent a minority of the population, and feral cats are only occasionally and briefly housed for trap-neuter-release programs. Although the nosocomial spread of viral disease is difficult to prevent, hygiene standards were very good, and the diversity of feline calicivirus within these centers has been suggested to reflect local strain distribution rather than within-center spread (31). Cats were also relinquished from geographically widespread postcode locations throughout the United Kingdom. Therefore, we considered it a valid comparison to use these centers as a reflection of the pet cat population in the United Kingdom.

G6P[9] is a relatively common feline rotavirus and, along with G3P[9], exists at low prevalence in this cat population in the United Kingdom. Diarrhea and age are not risk factors for infection, although infection increases in prevalence over the summer. Transmission events between cats and people in the United Kingdom likely exist, although they are infrequent and do not cause outbreaks of disease. The surveillance of rotavirus in our domestic pet population is important for investigating rotavirus genetic diversity, elucidating the role of asymptomatic carriage, exploring zoonotic risk, and monitoring the potential role of nonhuman rotaviruses in the evolution of rotavirus.

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