Molecular Methods to Improve the Diagnosis and Identification of Mucormycosis

Authors: Sarah P. Hammond\textsuperscript{1,3,4}, Ralf Bialek\textsuperscript{5}, Danny A. Milner\textsuperscript{2,4}, Eva M. Petschnigg\textsuperscript{1}, Lindsey R. Baden\textsuperscript{1,3,4}, and Francisco M. Marty\textsuperscript{1,3,4}

Affiliations: \textsuperscript{1}Division of Infectious Diseases, \textsuperscript{2}Department of Pathology, Brigham and Women’s Hospital; \textsuperscript{3}Dana-Farber Cancer Institute; \textsuperscript{4}Harvard Medical School, Boston, Massachusetts 02115, USA; and \textsuperscript{5}Labor Dr. Krause & Kollegen MVZ, Kiel, Germany.

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* Corresponding Author:
Dr. Sarah P. Hammond
Division of Infectious Diseases
Brigham and Women’s Hospital
75 Francis St., PBB-A4
Boston, MA 02115
Phone: 617-525-8418
FAX: 617-732-6829
Email: shammond2@partners.org

‡ Current address: Department of Medicine, Boston Medical Center, Boston University
School of Medicine, Boston, MA 02118

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Abstract

Mucormycosis is difficult to diagnose. Microbiologic cultures often fail to grow in suspected cases. We identified all hematologic malignancy and stem cell transplant patients diagnosed with proven mucormycosis between 2001 and 2009 at our institution. Semi-nested PCR targeting Mucorales 18S ribosomal DNA and sequencing were performed on formalin-fixed paraffin-embedded tissue samples. Of 29 cases of mucormycosis, 27 had tissue available for PCR and sequencing. Mucorales PCR was positive in 22. Among 12 culture-positive cases, 10 were PCR-positive and sequencing was concordant to the genus level in 9. Among 15 culture-negative cases, PCR was positive and sequencing allowed for genus identification in 12. Mucorales PCR is useful for confirmation of the diagnosis of mucormycosis and for further characterization of the infection in cases where cultures are negative.

Keywords: mucormycosis, PCR, invasive fungal disease.
Introduction

The reported incidence of mucormycosis (previously referred to as zygomycosis) has been increasing in the last two decades, particularly among immunocompromised patients (3, 11, 12). In a recent study of invasive fungal disease in hematopoietic stem-cell transplant (HSCT) recipients, mucormycosis was the third most common infection after candidiasis and aspergillosis (8).

Despite its increasing frequency, mucormycosis remains difficult to diagnose. Radiographically and clinically mucormycosis is often indistinguishable from other common invasive mold infections such aspergillosis. Histopathology is the gold standard for diagnosis. However, histopathologic identification of Mucorales in tissue requires significant pathologic expertise and does not allow for species identification. Fungal cultures of tissue with histopathologically identified mucormycosis often fail to grow. In a review of 929 cases of mucormycosis reported between 1940 and 2003, only fifty percent were culture-positive (11).

The inability to confirm and speciate histopathologically-diagnosed mucormycosis has important treatment implications. In comparison to Aspergillus species which are typically susceptible to voriconazole, amphotericin B and echinocandins, Mucorales are usually only susceptible to amphotericin B and less frequently to posaconazole (1). Furthermore, there is significant variability in susceptibility by genus; in a study of 217 clinical isolates of Mucorales, 100% of Lichtheimia spp. (syn. Absidia pro parte), Rhizomucor spp. and Rhizopus spp. were susceptible to amphotericin B, while only 63%
of Cunninghamella spp. isolates were susceptible (1). Thus, novel techniques to confirm the diagnosis of mucormycosis in tissue and identify the infecting species are needed.

Detection of fungal DNA in tissue samples by PCR is a novel non-culture based method that may allow for improved diagnosis of mucormycosis (2, 4, 7, 9, 10). In particular, PCR with sequencing of the 18S ribosomal DNA of Mucorales has been described in paraffin-embedded tissue samples in clinical cases of invasive fungal infection in order to diagnose mucormycosis and identify the infecting species (2, 9, 10). We assessed the performance of Mucorales 18S ribosomal DNA PCR and sequencing in a retrospective cohort of patients treated for hematological malignancies with histopathologically-proven mucormycosis.

Materials and Methods

Patients and Definitions

All adult patients with hematologic malignancy and HSCT recipients at Brigham and Women’s Hospital/Dana-Farber Cancer Institute (BWH/DFCI) who developed proven mucormycosis between January 1, 2001 and December 31, 2009 were identified. Computerized medical records were reviewed for underlying hematologic diagnosis, stem cell transplant status, microbiologic results, pathologic results (from tissue aspirates, biopsies or autopsies), and radiographic results. This study was approved by the Partners Healthcare Human Research Committee.
The routine clinical approach to patients with suspected invasive mold infection in whom serum fungal antigens (galactomannan beginning in 2003 and 1→3-β-d-glucan beginning in 2004) do not suggest a diagnosis at BWH/DFCI includes surgical biopsy or CT-guided fine-needle aspirate of the affected area. Proven mucormycosis was defined by European Organization for Research and Treatment of Cancer/Mycosis Study Group criteria based pathologic assessment of tissue samples at the time the sample was collected (5). Mucormycosis was considered disseminated if there was radiographic evidence of infection in two or more non-contiguous sites.

**Histopathology**

Histopathologic analysis of biopsy specimens and cytopathologic analysis of fine-needle aspirate specimens were performed on formalin-fixed paraffin-embedded samples by an anatomic pathologist at the time the tissue specimen was obtained. All tissue samples were fixed in 10% neutral buffered formalin and processed per routine protocols to paraffin blocks. The cohort included all cases in which this initial pathologic assessment suggested mucormycosis. All available samples were reviewed a second time by an infectious disease pathologist (DAM) at the time the study was completed for confirmation. The histological sections examined by the infectious disease pathologist were the same sections analyzed at initial diagnosis by the primary pathologist. The primary pathologists and the expert infectious disease pathologist were blinded to PCR results.

**Fungal Culture**
Routine fungal cultures were performed on all biopsy, aspirate, and autopsy specimens. In cases where tissue culture yielded growth of a fungus, isolated pathogens were identified by standard phenotypic methods. Confirmatory species identification of most isolates was performed using phenotypic methods at a national reference laboratory (Fungus Testing Laboratory, University of Texas Health Science Center at San Antonio, TX).

Molecular Methods

DNA extraction and semi-nested PCR targeting the 18S ribosomal DNA of Mucorales, the mitochondrial DNA of *Aspergillus* species, and the human beta-globulin gene (extraction control) were performed on formalin-fixed paraffin-embedded tissue specimens (including biopsy specimens and cell blocks from fine-needle aspirates) as previously described (2, 9). The primers are located within the V4 and V5 variable regions of the 18S ribosomal DNA. The outer primers ZM1 (5′-ATT ACC ATG AGC AAA TCA GA-3′) and ZM2 (5′-TCC GTC AAT TCC TTT AAG TTT C-3′) are complementary to nucleotide positions 711 to 730 and 1117 to 1096 (*Rhizopus arrhizus*, GenBank accession number AF113440), respectively. Products of the seminested reaction using primers ZM1 and ZM3 (5′-CAA TCC AAG AAT TTC ACC TCT AG-3′) are 175 to 177 bp long and demonstrate enough variability to reliably identify genera, but not enough to distinguish species unequivocally.

All PCR testing was performed retrospectively at the time the study was completed. Tissue sections used for DNA extraction and PCR amplification were cut from the
existing tissue block at the time the study was initiated in 2010 (months to years after
original collection) using a fresh sterile blade and sterile tubes for collection and transport
to the molecular lab. For each tissue specimen, at least two extractions and PCRs were
performed each on two 5-micrometer tissue slices. In cases where multiple tissue
specimens were available from the same diagnostic procedure, up to four separate
samples per case were assayed. Mucorales and Aspergillus PCR products were
sequenced as previously described (2). Investigators who performed the PCR assays and
sequencing were blinded to clinical information and tissue culture results.

Analysis
Concordance of pathologic, microbiologic, and Mucorales PCR sequencing results were
assessed to order and genus in cases where cultures grew a mold of the order Mucorales.
In cases where cultures did not grow, the ability of PCR to identify the infecting mold to
the genus was assessed. The performance of Mucorales PCR and culture were compared
by McNemar’s test. Statistical analysis was performed using SAS 9.2 (SAS Institute
Incorporated, Cary, NC).

Results
During the study period, proven mucormycosis was diagnosed in 29 patients based on
initial pathologic review at the time of the clinical illness. The cohort included 14
patients with hematologic malignancy and 15 HSCT recipients. Diagnosis was made by
tissue biopsy in 21 patients, fine-needle tissue aspirate in 3 patients, and autopsy in 5
patients. There were 12 episodes of disseminated infection and 17 episodes of localized
Fungal tissue cultures grew Mucorales in 13 of 29 cases including: *Rhizopus* spp. (5), *Mucor* spp. (3), *Cunninghamella* spp. (2), *Rhizomucor* spp. (2), and *Lichtheimia* spp. (1). One tissue sample from a patient with sino-orbital infection grew both *Mucor circinelloides* and *Curvularia clavata*.

Among the 13 cases where both cultures grew Mucorales and initial review of tissue pathology was consistent with mucormycosis, 12 specimens were available when the study was performed for PCR assays and expert pathologic review (Figure). Ten of 12 were Mucorales PCR-positive, 9 of which were concordant with culture results to the genus level when sequenced. All 12 samples were Aspergillus PCR-negative and all 12 appeared consistent with mucormycosis on expert pathologic review. One case was PCR-positive for mucormycosis but the sequencing result, *Rhizomucor* spp., was discordant at the genus level with the culture result, *Mucor* spp. The cultured fungus in this case was identified locally but the isolated species was not sent for confirmation to the reference laboratory. Two of 12 cases in which cultures grew Mucorales were PCR-negative, including one case that was also human beta-globulin PCR- (control) negative.

Among the 16 cases where mucormycosis was diagnosed based on initial review of tissue histopathology alone, 15 paraffin-embedded specimens were available at the time the study was performed for PCR with sequencing and expert pathologic review (Figure).
Twelve of 15 samples were Mucorales PCR-positive and expert pathology review was consistent with mucormycosis in 10 of these 12 samples. Sequencing identified the following Mucorales: *Rhizopus* spp. (4), *Cunninghamella* spp. (4), *Rhizomucor* spp. (3), *Lichtheimia* spp. (1).

Three of 15 culture-negative cases were Mucorales PCR-negative. Two of these three were Aspergillus PCR-negative; expert pathologic review of these two cases suggested mucormycosis in one case and could not be identified further than invasive mold infection in the other. The third culture-negative Mucorales PCR-negative case was Aspergillus PCR-positive, with *Aspergillus flavus* identified by sequencing. Blinded expert pathologic review of this case also suggested invasive aspergillosis.

Among the five cases in which Mucorales PCR did not amplify, one sample each was from 2001, 2004, and 2005, and two were from 2009, thus there was no relationship between the age of the sample and Mucorales PCR negativity.

Overall Mucorales PCR was positive in 22 of 27 tissue specimens that were assessed. In comparison to tissue culture, Mucorales PCR was significantly more likely to confirm mucormycosis in pathologically defined cases (P = 0.008).

**Discussion**

These data demonstrate that Mucorales PCR of formalin-fixed paraffin-embedded tissue can be a useful tool for confirmation of pathologic diagnosis of mucormycosis. Among
27 tissue specimens with initial histologic evidence of mucormycosis. Mucorales PCR was positive in 22 specimens. Furthermore, we found a high rate of concordance among 12 specimens in which tissue culture grew Mucorales--PCR confirmed mucormycosis in 10 (83%) and sequencing was concordant at the genus level in 9 specimens. Comparison of Mucorales PCR results to those of microbiologic culture, strongly suggests the accuracy of this technique and allowed identification of the infecting mold in 12 culture-negative cases in this cohort. The present study confirms and extends findings from previous studies which assessed the performance of this technique in a limited number of cases of solely histopathologically identified mucormycosis (2, 9) and in culture-proven cases with non-formalin-fixed specimens (9, 10). Our data demonstrate that Mucorales PCR with sequencing offers a reliable way to confirm tissue diagnosis of mucormycosis and to identify the infecting species, thereby allowing for targeted antifungal therapy.

Mucorales PCR was negative in 5 tissue specimens with initial histopathologic evidence of mucormycosis. These negative samples included one tissue specimen that was repeatedly Aspergillus PCR-positive and appeared consistent with invasive aspergillosis to a blinded expert pathologist, suggesting that the initial pathologic diagnosis of mucormycosis made at the time of infection may have been incorrect. Another negative specimen was both Aspergillus PCR-negative and human beta-globulin (control) PCR-negative, suggesting that the DNA in the specimen was destroyed in the process of fixation, sample storage, or DNA extraction. The remaining three Mucorales PCR-negative specimens were control PCR-positive and Aspergillus PCR-negative. On expert pathologic review, one of these specimens, in which there was limited tissue, was not
characteristic for mucormycosis or aspergillosis. These negative Mucorales PCR results may be due to technical factors such as a limited amount of fungal DNA in small tissue specimens or degradation of fungal DNA, particularly in the older specimens in this retrospective study. In addition, the negative Mucorales PCR result in the case where expert pathologic review was not characteristic for mucormycosis or aspergillosis suggests possible infection due to a less common other mold (eg. *Fusarium* spp.).

In summary, Mucorales PCR of formalin-fixed paraffin-embedded tissue samples with sequencing had a high rate of concordance to the genus level with tissue culture and allowed for diagnostic confirmation and speciation in 12 of 15 cases of mucormycosis diagnosed solely on the basis of histopathology. This is a useful tool that can improve tissue diagnosis of mucormycosis and characterization of culture-negative invasive mold infection thus facilitating targeted antifungal therapy.
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References


Figure: Results of Mucorales and Aspergillus PCR and expert pathologic review

path – pathologic, AspPCR – Aspergillus PCR

One tissue sample each from the culture-positive and culture-negative groups were not available for pathologic review and PCR at the time the study was undertaken

* Cultured fungus identified locally, but species was not confirmed by the reference laboratory