Title: Fatal alveolar echinococcosis of the lumbar spine

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Authors: Aurore Keutgens¹, Paolo Simoni², Nancy Detrembleur³, Frédéric Frippiat⁴, Jean-Baptiste Giot⁴, François Spirlet⁵, Saro Aghazarian⁶, Julie Descy¹, Cécile Meex¹, Pascale Huynen¹, Pierrette Melin¹, Norbert Müller⁷, Bruno Gottstein⁷, Yves Carlier⁸, Marie-Pierre Hayette¹

Affiliations: ¹Department of Medical Microbiology, University Hospital of Liège, Belgium, ²Department of Medical Imagery, University Hospital of Liège, Belgium, ³Department of Pathology, University Hospital of Liège, Belgium, ⁴Department of Infectious Diseases, University Hospital of Liège, Belgium, ⁵Department of Pneumology, Hospital of Dinant, Belgium, ⁶Department of Pathology, Hospital of Dinant, Belgium, ⁷Institute of Parasitology, University of Bern, Switzerland, ⁸Laboratory of Parasitology, Free University of Brussels, Belgium

Institution: University Hospital of Liège, Domaine du Sart Tilman, B35, 4000 Liège, Belgium

Corresponding author: Marie-Pierre Hayette, mphayette@ulg.ac.be
Abstract

For the last ten years, the southern part of Belgium has been recognized as a low-risk endemic area for alveolar echinococcosis. This infection, caused by *Echinococcus multilocularis*, usually induces a severe liver condition, and can sometimes spread to other organs. However, alveolar echinococcosis involving bones has been described only very rarely. Here, a fatal case of spondylodiscitis due to *E. multilocularis* contracted in southern Belgium is reported.
Case report

A 75-year-old man, a former legionnaire living in the southern part of Belgium, was referred to our institution because of deterioration in his condition despite several treatment attempts. His medical history included alcoholic liver cirrhosis, diabetes mellitus type II, and the presence of numerous non-evolutionary lung nodules, thought to be after-effects of tuberculosis.

He initially came for a hospital consultation because he had been suffering from a severe pain in the lower back for a few weeks. Laboratory investigations revealed pathological values for hemoglobin (12.4 g/dl; normal values (NV), 13.3 to 17.2 g/dl), platelet count (102 10^9/liter; NV, 150-450 10^9/liter), C-reactive protein (40 mg/liter; NV, ≤ 6 mg/liter), alkaline phosphatase (137 UI/liter; NV, 40-124 UI/liter), gamma-glutamyl transferase (66 UI/liter; NV 5-50 UI/liter), gamma globulins (34%; NV, 11.1-18.8%), and total IgE (2005 UI/ml; NV, 0-105 UI/ml). His eosinophil count was within the normal range.

Radiological examination confirmed the presence of an osteitis and a paravertebral abscess in the L5 region. A transbronchial biopsy of the pulmonary nodules was performed using a thin needle and histological examination reported numerous necrotic granulomatous lesions suggestive of tubercles. Thin-needle biopsies of the lumbar lesions also demonstrated the presence of several necrotic granulomas on histological examination. Bacteriological cultures including a specific medium for the growth of mycobacteria (MB/BacT® system, bioMérieux, France) were performed on the pulmonary and lumbar biopsies but proved negative, as did direct examination for acid-fast bacilli (AFB). A polymerase chain reaction (PCR) specific for Mycobacterium tuberculosis (RealAccurate™ M. tuberculosis kit, Pathofinder, The Netherlands) was also
performed on the lumbar biopsied tissues but was non-interpretable because of the presence of amplification inhibitors. In an attempt to confirm the suspected tuberculosis, chirurgical biopsies were performed on the L5 vertebrae and the paravertebral abscess. Histological examination again revealed the presence of granulomas, and all bacteriological cultures and microscopic examinations, including the detection of mycobacteria, remained negative. *M. tuberculosis* PCR performed on the biopsies was negative (using the same method as used in the thin-needle biopsies).

However, despite the lack of laboratory evidence, an anti-tuberculosis treatment combining isoniazid, rifampicin, ethambutol, pyrazinamide, and moxifloxacin was initiated. During the follow-up, an *Echinococcus granulosus* serology was sent to the National Reference Laboratory and was reported strongly positive with a titer of 5120 by indirect hemagglutination assay (IHA) using crude antigens of *E. granulosus* (ELI.H.A.®, ELITech Benelux, Belgium) (NV, titer<160). Considering this seroconversion (the same serology had been negative one year before), a reexamination of the biopsies was carried out but did not confirm a parasitic origin of the lesions and so this etiology was not taken into account. After 2 months of treatment, no improvement could be observed and the back pain became increasingly debilitating. Consequently, the therapy was stopped and the patient was referred to the University Hospital of Liège for further investigation. A new imaging work-up by computed tomography (CT), magnetic resonance imaging (MRI), and 18fluorodeoxyglucose positron emission tomography (18FDG-PET) was carried out. CT revealed multiple well-circumscribed roundish nodules on both lungs. Lesions showed a perivascular distribution suggesting some hematogenous spread (Figures 1A and 1B). Some of these nodules showed a central cavitation due to the
erosion of the airways (Figure 1B). No hepatic lesions were observed despite elevated hepatic enzymes, probably due to the patient’s severe alcoholic liver cirrhosis, also confirmed by CT (images not shown).

CT of the lumbar spine revealed an extensive and active vertebral body osteolysis of L4 and the posterior arches of L4 and L5 vertebrae (Figure 2A and 2B). MRI showed bone marrow changes of the vertebral bodies of L3 and L4 and of the posterior arches of L4 and L5, associated with a large infiltration of the nearby paravertebral soft tissues. Multiple fluid collections were detected within the abnormal soft tissue. $^{18}$FDG-PET showed an intense and heterogeneous uptake by the distal lumbar spine, but lung lesions were not visible by this method.

Histological examination of the paravertebral abscess showed numerous cysts ranging from 0.5 to 10 mm wide, surrounded by a severe granulomatous inflammatory reaction. In some of these cysts there were amorphous eosinophilic membranes, staining with periodic acid-Schiff (PAS) (Figure 3). Observation under polarized light did not reveal any specific structures (no hooklets). Again, all of the biopsies were negative for bacterial cultures including mycobacteria (BACTEC Mgit® 960 System, Becton Dickinson, USA). Microscopic examination of the lumbar biopsies did not reveal any parasites: no protoscolices or hooklets were observed.

New serological samples were sent to the National Reference Laboratory in Brussels. Again, elevated antibody titers against *E. granulosus* were detected by IHA (ELI.H.A.®, ELITech Benelux, Belgium, titer, 2560; NV, titer<160) and also by ELISA using a crude antigen of *E. granulosus* (in-house technique). The presence of specific antibodies against *E. multilocularis* Em2 and/or Em18 antigens was detected by ELISA,
immunodiffusion (presence of two precipitin bands), and Western blot (presence of antibodies against Em18), using in-house techniques.

Lumbar and lung biopsies were sent to the Institute of Parasitology in Bern, Switzerland, where a multiplex PCR assay was performed. A 395-bp fragment specific to *E. multilocularis* was detected and led to the final diagnosis. This PCR targets mitochondrial genes for NADPH dehydrogenase subunit 1, cytochrome oxidase subunit 1, and the small subunit of ribosomal RNA of taeniids, as described by Trachsel et al. (20). The distinction between *E. granulosus*, *E. multilocularis*, and other *Taenia* spp. is based on the length of amplified products.

Although the patient was treated with albendazole (ABZ), his clinical condition deteriorated (malnutrition, pulmonary infection, liver cirrhosis, and dementia) and he died a few days after the diagnosis was established. Unfortunately permission to carry out an autopsy was not granted by the patient’s family.

Alveolar echinococcosis (AE) is caused by *E. multilocularis*, a zoonotic parasite present in the Northern Hemisphere (4, 11, 17); cystic echinococcosis is caused by *E. granulosus* and its epidemiology differs. Infection is mainly acquired by ingestion of eggs eliminated by infected foxes, such as the red fox (*Vulpes vulpes*) and the artic fox (*Alopex lagopus*), although coyotes, domestic dogs, and wolves can also be infected (7, 10). Wild rodents are the main intermediate hosts. Additionally, humans can also become incidental hosts of the larvae. Until now, Belgium was considered to be a low-risk country for this parasitic infection. However, autopsy studies have highlighted the high rate of infection among foxes living in southern Belgium (50%) contrasting with a much lower percentage.
(1.7%) observed in the northern part (12, 22). Furthermore, since the first clinical case of AE was reported in southern Belgium in 2002 (3), three other case reports have been published in the same geographical area (6).

Usually, the primary infection site of *E. multilocularis* is the liver. But this parasite can develop in extrahepatic structures and infect other organs such as the pancreas, spleen, lungs, and brain. Bone infection is uncommon, occurring in up to 1% of all cases (19). Moreover, primary extrahepatic infections are extremely rare with *E. multilocularis*. Indeed, only a few cases of AE with no evidence of liver involvement have been reported in the literature (8, 14, 16). In the present case, imaging could not confirm the presence of any hepatic involvement and no biopsy was ever performed. However, numerous nodules were found in the lungs and they were probably due to the migration of the larvae from a primary, but unconfirmed, hepatic infection.

The incubation period is asymptomatic and varies from 5 to 15 years (1, 21). After this period, the symptoms of the disease generally include abdominal pain, hepatomegaly, and cholestatic jaundice due to cystic hepatic lesions. For this patient, because of his underlying liver condition, it was very difficult to relate a parasitic etiology to his hepatic disorders.

Confusion between *E. multilocularis* infection and carcinoma is common, but this was not the case here. CT findings of bone involvement due to *E. multilocularis* are not specific and led in this case to the confusion with tuberculosis because of the presence of granulomas at histology. At chest CT, parenchymal lesions caused by *E. multilocularis* are round or oval, dense, and well circumscribed with an intersegmental distribution. Some lung lesions may present an internal cavity. The absence of marked retraction of
adjacent organs such as pleura, bronchi and pulmonary vessels seems to be characteristic of AE (15). Bone abnormalities at CT consist of heterogeneous and active destructive osteolysis (18). MRI may show a diffuse infiltration as well as tube-like cavities/cystic lesions with a multi-vesicular morphology if soft tissues are involved (14, 18).

If *E. multilocularis* lesions are suspected on imaging results, the diagnosis should include a species-specific serology such as ELISA or immunodiffusion combined with Western Blot using Em2- and/or Em18-antigen (9, 20), PCR of biopsied tissues, and, if feasible or if PCR could not be done, immunochemistry (5, 8, 13). The serological tests using purified and/or recombinant Em2 antigens have a high sensitivity of 90-100% and a specificity of 95-100% (2). Because of potential cross-reactivity between the two *Echinococcus* species the use of Em2-based serological tests should be carried out even if *E. granulosus* serology is positive as in the present case where the patient had elevated *E. granulosus* IHA titers. Furthermore, in endemic areas, the use of *E. multilocularis* specific serological tests should be recommended in the primary diagnosis tests while *E. granulosus* serology is often used as a screening assay for *Echinococcus* infection because of the availability of commercial tests.

In this case, no cystic lesions were detected in the liver but some lung and paravertebral lesions were observed. The histological examination showed typical parasitic cysts and fibrous capsules consistent with echinococcosis. No hooklets were ever observed, consistent with the fact that in humans and other atypical intermediate hosts the germinal membrane of multilocular cysts usually does not produce protoscolices (10). In this case, *E. granulosus* serology was strongly positive and this was probably due to a cross-reaction between this species and other cestodes such as *E. multilocularis* and *Taenia*.
A specific *E. multilocularis* serology against purified Em2 and/or Em18 antigens was clearly positive by three different serological tests, including Western blot. Furthermore, PCR led to the detection of *E. multilocularis* nucleic acids in both paravertebral and lung biopsies, confirming the definitive diagnosis of AE. The prognosis for spinal echinococcosis is very poor. In all cases, radical surgery is the treatment of choice with total resection of the lesions. After surgery, continuous benzimidazole treatment should be given for at least 2 years to reduce the risk of recurrence (2). ABZ is the most active drug and is given at 10-15mg/kg/day divided in two doses; drug monitoring is recommended at the beginning of treatment. Mebendazole can replace ABZ in the case of intolerance at a daily dose of 40-50 mg/kg/day divided in three doses. In the case of inoperable lesions, long-term benzimidazole treatment should be given over several years with follow-ups over a minimum of 10 years to rule out possible recurrence (2). In the case of spinal lesions, the treatment is less effective than for hepatic lesions. Untreated or inadequately treated disease presents high mortality rates. In this case, the diagnosis was delayed and ABZ treatment was not effective because of the extent of disease progression and the patient’s hepatic impairment. This case emphasizes the usefulness of species-specific PCR performed on biopsies to confirm the presence of the parasite in the infected tissues. Medical doctors practicing in southern Belgium must be aware of the disease in order to make an early diagnosis that allows a rapid and curative surgical treatment.


Figures 1A-1B

Figures 1A and 1B. Chest CT shows multiple well marginated roundish nodules with a perivascular distribution (white arrows) (Figures 1A and 1B) and some solid nodules with an internal cavity due to the erosion of the distal bronchioli by the nodules (white arrowhead) (Figure 1B).
Figures 2A-2B. Sagittal and axial reformatted CT images of the lumbar spine: there is a massive active bone osteolysis of the posterior arches of L4 and L5 (white arrows) (Figures 2A and 2B) and of the vertebral body of L4 (asterisk) (Figure 2B).
Figure 3. The histopathological examination of the paravertebral lesion shows a fibrous capsule characterized by the presence of a PAS-positive laminated layer, typical of the metacestode stage of *E. multilocularis* (PAS staining, original magnification, 4x).