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Rapid Screening and Identification of Methicillin-Resistant *Staphylococcus aureus* from Clinical Samples by Selective-Broth and Real-Time PCR Assay

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A screening method for methicillin-resistant *Staphylococcus aureus* (MRSA) by using selective broth and real-time PCR (broth-PCR) was developed and evaluated. The samples (*n* = 304) were cultured in the broth overnight, followed by *nuc* gene detection by real-time PCR. *nuc*-negative samples were further checked for the presence of *nuc* amplification inhibitors by a PCR internal inhibitor assay. *nuc*-positive samples and *nuc*-negative samples with PCR inhibitors were cultured onto plates and processed further. The diagnostic values for this MRSA screening method were 93.3% sensitivity, 89.6% specificity, 31.8% positive predictive value, and 99.6% negative predictive value. The application of the broth-PCR method will be able to report most of the negative samples (258 of 289 [89.3%]) on the next morning and can save as much as 84.9% (258 of 304) of the labor and cost spent on processing the *nuc*-negative specimens on plates. In the study, all the samples were processed in parallel by the broth enrichment method and the plating method for comparison. To identify MRSA, the isolated oxacillin-resistant *S. aureus* strains were tested by a duplex real-time PCR targeting the *mecA* gene and the *nuc* gene. A collection of MRSA, methicillin-susceptible *Staphylococcus aureus*, methicillin-resistant *Staphylococcus epidermidis*, and methicillin-susceptible *Staphylococcus epidermidis* strains and a panel of standard strains of 11 bacterial species other than *S. aureus* were also tested by this method, which was proved to be a valuable tool for MRSA identification in a routine microbiological laboratory.

Staphylococcus aureus is one of the most significant human pathogens, causing both nosocomial and community-acquired infections. Its main habitats are the nasal membranes and the skin of humans and warm-blooded animals. *S. aureus* can cause a range of infectious diseases from mild conditions, such as skin and soft tissue infections, to severe, life-threatening debilitation (14, 23). Strains of methicillin-resistant *S. aureus* (MRSA) were first detected in the early 1960s, shortly after methicillin came into clinical use. Resistance to methicillin is mediated by the presence of penicillin-binding protein 2a (PBP-2a), encoded by the *mecA* gene (4). No available β-lactam binds effectively to PBP-2a, and staphylococci resistant to methicillin or oxacillin should be generally regarded as resistant to all β-lactams (13). Since the end of the 1970s, the occurrence of MRSA has increased steadily. Molecular epidemiological studies have shown that a limited number of MRSA strains have spread by clonal dissemination between different hospitals, cities, countries, and even continents and are now the cause of hospital infections worldwide (5, 15). MRSA strains are usually introduced into an institution by an infected or colonized patient or by a colonized health care worker. Thus, epidemiological surveys and control measures are particularly important for MRSA. Rapid screening followed by accurate and timely identification of MRSA becomes an elemental procedure in preventive measures.

In the present study, a MRSA screening method using MRSA-selective broth and real-time PCR, and a duplex real-time PCR assay for rapid identification of MRSA strains, were developed and evaluated.

MATERIALS AND METHODS

Clinical samples. Three hundred four consecutive clinical samples sent to our laboratory for MRSA screening were investigated. The samples were from wounds or abscesses (35.9%), the anterior nares (27.0%), the perineum (19.7%), urine (7.9%), catheter insertion sites (3%), skin and soft tissues (0.7%), sputum (0.3%), the trachea (0.3%), and other sites (5.2%). Most specimens were sampled by swabs.

Bacterial strains. Culture collection strains tested in the study included *Enterococcus faecalis* ATCC 29212, *Enterococcus faecium* ATCC 19434, *Staphylococcus cohni* ATCC 29974, *Staphylococcus saprophyticus* ATCC 15305, *Staphylococcus xylosus* ATCC 29971, *Streptococcus pneumoniae* ATCC 6305, *Streptococcus pyogenes* ATCC 19615, *Escherichia coli* ATCC 25922, *Klebsiella pneumoniae* ATCC 13883, *Proteus mirabilis* ATCC 29245, *Pseudomonas aeruginosa* ATCC 27853, MRSA strains CCUG 46147 (a homogeneously, highly resistant strain) and CCUG 31966 (a heterogeneously, weakly resistant strain), methicillin-susceptible *S. aureus* (MSSA) strain ATCC 29213, methicillin-resistant *Staphylococcus epidermidis* (MRSE) strain ATCC 29887, and methicillin-susceptible *Staphyloocus epidermidis* (MSSE) strains ATCC 29886 and ATCC 12228. A collection of 19 representative clinical MRSA isolates, which had different pulsed-field gel electrophoresis banding patterns, and the 15 MRSA strains isolated in this study were also tested by a duplex real-time PCR for detecting the *mecA* and *nuc* genes.

Selective media and culture conditions. For evaluation and for comparison with the new MRSA screening method (broth-PCR method), strains were processed in parallel by the broth enrichment method and the conventional plating method during the study.

The samples were first plated onto two types of agar plates: a blood agar plate and a mannitol salt agar (MSA) plate with 1 μg of oxacillin/ml (19). The plates were incubated at 35°C for 24 to 48 h. After being streaked onto the agar plates, the samples were inoculated in the MRSA-selective broth. The MRSA broth being used to enrich MRSA in clinical specimens was composed of Iso-Sensitest broth (Oxoid), 2.3% NaCl, 1 μg of aztreonam (Bristol-Myers Squibb)/ml, and 2 μg of oxacillin (Sigma)/ml. The inoculated broth was incubated at 30°C.

In the conventional plating method, *S. aureus* was isolated and identified by a

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TABLE 1. The 15 MRSA strains detected by different screening methods and their sample types in the study

Sample or strain (n = 15)	Sample type	Results[a] with:							
		Broth-PCR (*nuc*, overnight culture)	Broth enrichment method			Plating method			
			Turbidity		MRSA detected	Blood agar plate		MSA plate	
			Overnight culture	2-day culture		Overnight culture	2-day culture	Overnight culture	2-day culture
1	Wound or abscess	+	−	+	+	+	ND	−	−
2	Anterior nares	+	+	ND	+	+	ND	+	ND
3	Wound or abscess	+	+	ND	+	+	ND	+	ND
4	Anterior nares	+	+	ND	+	+	ND	+	ND
5	Wound or abscess	+	+	ND	+	+	ND	+	ND
6	Anterior nares	+	−	+	+	+	ND	−	+
7	Perineum	+	−	+	+	+	ND	−	+
8	Urine	+	−	+	+	+	ND	−	+
9	Sputum	+	−	+	+	−	−	−	+
10	Perineum	+	+	ND	+	+	ND	+	ND
11	Anterior nares	+	+	ND	+	+	ND	+	ND
12	Wound or abscess	+	−	+	+	−	−	−	−
13	Perineum	−	−	+	−	−	−	−	+
14	Vestibulum nasi	+	+	ND	+	+	ND	−	+
15	Urine	+	+	ND	+	+	ND	−	+
No. of positive cases among the 15 MRSA samples		14	8	7	14	12	0	6	7

[a] +, positive; −, negative; ND, not determined.

standard procedure (11). Isolates that were oxacillin resistant in an oxacillin disk diffusion test were further verified by *mecA* and *nuc* duplex PCR.

In the broth enrichment method, the bacterial growth was indicated by turbidity. The turbid broth (100 μl), or the broth after a maximal 5-day incubation, was spread onto each of two agar plates, blood agar and MSA agar, and was further investigated as for the plating method.

In the broth-PCR method, all the samples were tested by real-time PCR for *nuc* in the overnight-cultivated broth, whether the broth turned turbid or not; then the *nuc*-negative samples were checked by a PCR internal inhibitor assay. In order to evaluate this new method, all the samples were further processed when the broth turned turbid or after a maximal 5-day incubation as described for the broth enrichment method.

Detection of *nuc* gene from broth after overnight cultivation. (i) DNA extraction. An aliquot (100 μl) of broth was centrifuged at 20,800 × g for 2 min. The supernatant was carefully removed, and the pellet was suspended in 100 μl of MilliQ water (i.e., water purified by reverse osmosis and filtration). The suspension was then heated at 95°C for 15 min. After centrifugation for 1 min at 20,800 × g to sediment the debris, the clear supernatant was ready to be used as template DNA in PCR.

(ii) Real-time PCR. The real-time PCR assay was carried out with the Light-Cycler system (Roche). Primers NUC1 (5′-GCG ATT GAT GGT GAT ACG GTT-3′) and NUC2 (5′-AGC CAA GCC TTG ACG AAC TAA AGC-3′), directed to the *nuc* gene, an *S. aureus*-specific marker, were used (2). Amplification reactions were performed in a volume of 20 μl containing 2 μl of DNA template, 4 mM MgCl$_2$, 0.25 μM each primer, and 2 μl of 10× LightCycler FastStart DNA Master SYBR Green I mixture (Roche). Following an initial denaturation at 95°C for 10 min to activate the FastStart *Taq* DNA polymerase, the 35-cycle amplification program consisted of heating at 20°C/s to 95°C with a 0-s hold, cooling at 20°C/s to 55°C with a 5-s hold, and heating at 20°C/s to 72°C with an 8-s hold. Then the one-cycle melting curve program consisted of heating at 20°C/s to 95°C with a 0-s hold, cooling at 20°C/s to 58°C with a 60-s hold, and heating at 0.1°C/s to 95°C with a 0-s hold. Finally, the experiment protocol ended with one cycle of cooling at 20°C/s to 35°C with a 30-s hold. The fluorescence channel was set at F1 (530 nm).

(iii) Data analysis. The identity of the PCR product from a sample can be confirmed by performing a melting curve analysis comparing its melting temperature (T_m) with the T_m of the product from the positive control. In the study, the samples with T_ms within the range of the T_m of the positive control's product ± 0.5°C were regarded as *nuc* positive.

(iv) Sensitivity assay. The MRSA strains CCUG 46147 and CCUG 31966 in serial 10-fold dilutions were inoculated into the MRSA broth and incubated at 30°C. *nuc* PCR was performed at time zero (just after inoculation), day 1 (after overnight cultivation), day 3 (after a 3-day cultivation), and day 6 (after a 6-day cultivation).

(v) PCR internal inhibitor assay. For *nuc*-negative samples, a PCR-inhibitor assay was performed to check if *nuc* amplification inhibitors were present in the extracted DNA. A minimal amount of purified *nuc*-positive DNA (5 pg), which was equivalent to the detection limit (overnight cultivation) of the broth-PCR, was added to the amplification mixture. Other PCR parameters were exactly the same as those of the *nuc* PCR used in the broth-PCR method. The sample was considered to contain a *nuc* amplification inhibitor if the *nuc* gene could not be amplified in the PCR inhibitor assay.

Identification of MRSA by duplex real-time PCR. A pure bacterial culture was used in the duplex real-time PCR assay.

(i) DNA extraction. A single colony was picked and suspended in 100 μl of MilliQ water. The suspension was then heated at 95°C for 15 min. After centrifugation for 1 min at 20,800 × g to sediment the debris, the clear supernatant was ready to be used as template DNA in PCR.

(ii) Duplex real-time PCR. The duplex real-time PCR was run by use of the LightCycler system (Roche). Primers MECA1 (5′-GCA ATC GCT AAA GAA CTA AG-3′) and MECA2 (5′-GGG ACC AAC ATA ACC TAA TA-3′) and primers NUC1 and NUC2, targeting the *mecA* gene and the *nuc* gene, respectively, were used (2, 19). Amplification mixtures contained 2 μl of DNA template, 3 mM MgCl$_2$, 1 μM (each) MECA1 and MECA2, 0.25 μM (each) NUC1 and NUC2, and 2 μl of 10× LightCycler FastStart DNA Master SYBR Green I mixture (Roche) in a final volume of 20 μl. The cycling program was the same as that used for detection of *nuc* except for 32 cycles of amplification.

(iii) Data analysis. Melting curve analysis was performed to determine which specific gene(s) had been detected from the samples. Strains with T_ms within the range of the positive control's T_m (*mecA*) ± 0.8°C and within the range of the positive control's T_m (*nuc*) ± 0.5°C were regarded as *mecA* and *nuc* positive, respectively.

RESULTS

MRSA screening. A total of 15 MRSA strains were detected by all three screening methods. The sample types and the detection of each of the 15 strains by the different screening methods are shown in Table 1.

By use of the broth-PCR method, among the 304 clinical samples investigated, 44 samples (14.5%) were found to be *nuc* positive after overnight cultivation in the MRSA broth (Fig. 1
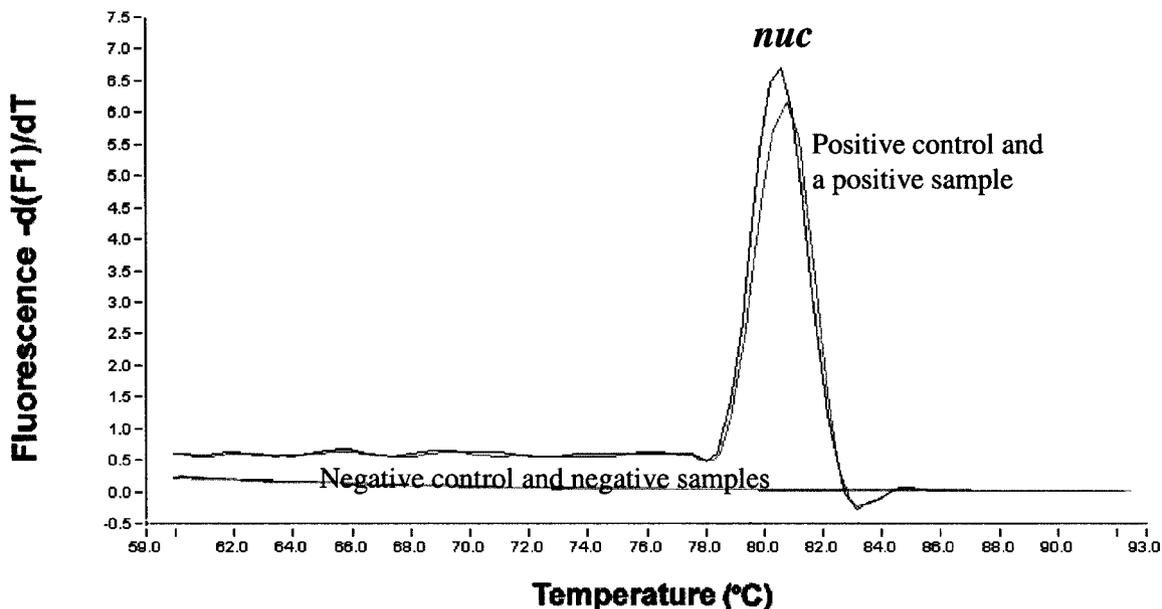
FIG. 1. T_m curves in the broth-PCR for detection of the *nuc* gene (MRSA screening).

and 2). Among the 260 *nuc*-negative samples, one sample was proved to contain a *nuc* PCR inhibitor. Among the 15 MRSA strains detected in the study, 14 strains were derived from *nuc*-positive samples and one was from a *nuc*-negative sample (sample 13) in which no *nuc* PCR inhibitor was detected. The strain (strain 13) missed in the broth-PCR assay was not detected by the broth enrichment method or the blood-agar plate method either, but it was found on the MSA plate, with only 2 colonies, after a 2-day cultivation (Table 1). The diagnostic values of the broth-PCR method were as follows: sensitivity, 93.3% (14 of 15); specificity, 89.6% (259 of 289); positive predictive value, 31.8% (14 of 44); and negative predictive value, 99.6% (259 of 260).

Among the 15 samples in which MRSA was found, turbid broth was observed in 8 samples after a 1-day incubation and in all 15 samples after incubation for 2 days (Table 1). However, in one case (sample 13), MRSA was not isolated from the enriched broth; instead, a coagulase-negative staphylococcus

(CoNS) was isolated. The predominant bacteria isolated from the turbid broth in this study were CoNS (64% of the cases), while MRSA and MSSA accounted for only 11 and 4%, respectively. The diagnostic values of the broth-enrichment method, after 2 days of incubation, were as follows: sensitivity, 93.3% (14 of 15); specificity, 61.2% (177 of 289); positive predictive value, 11.1% (14 of 126); and negative predictive value, 99.4% (177 of 178).

By the plating method, when the two types of agar plates were taken together, 14 of the 15 MRSA strains were detected after incubation for 2 days, with a sensitivity (93.3%) as high as those of the other two methods, but the specificity was poor (10.1% [31 of 289]). MRSA was detected from sample 13, but not from sample 12 (Table 1), by this method.

The sensitivity assay showed that the detection limit of the broth-PCR for *nuc* at the time of inoculation, time zero, was 10^4 to 10^5 CFU/ml of inoculum in broth. After overnight incubation, the detection limit was improved to 10^0 to 10^1
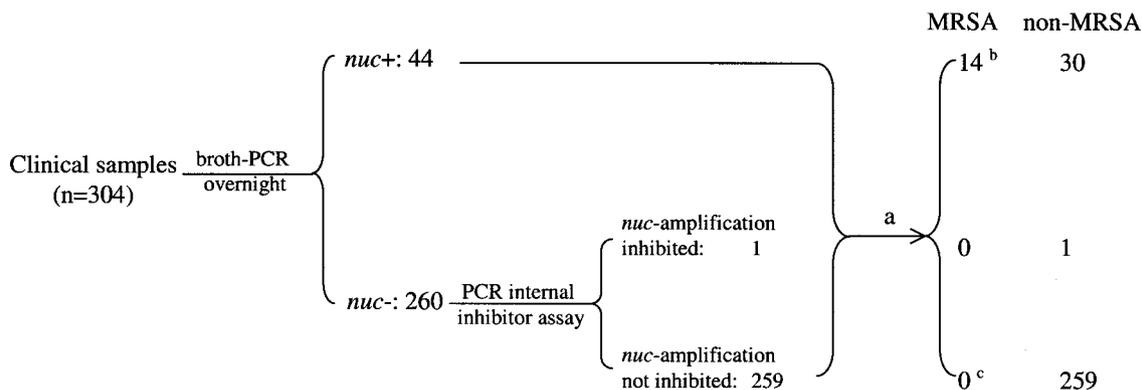

FIG. 2. Flowchart and results of the broth-PCR method in this study. a, the broth, when it turned turbid or after a maximal 5-day incubation, was spread to the agar plates and processed in a conventional way. b, one (sample 12) of the MRSA strains was not detected by the direct plating method. c, an MRSA strain was isolated from sample 13 on the MSA plate by the direct plating method.
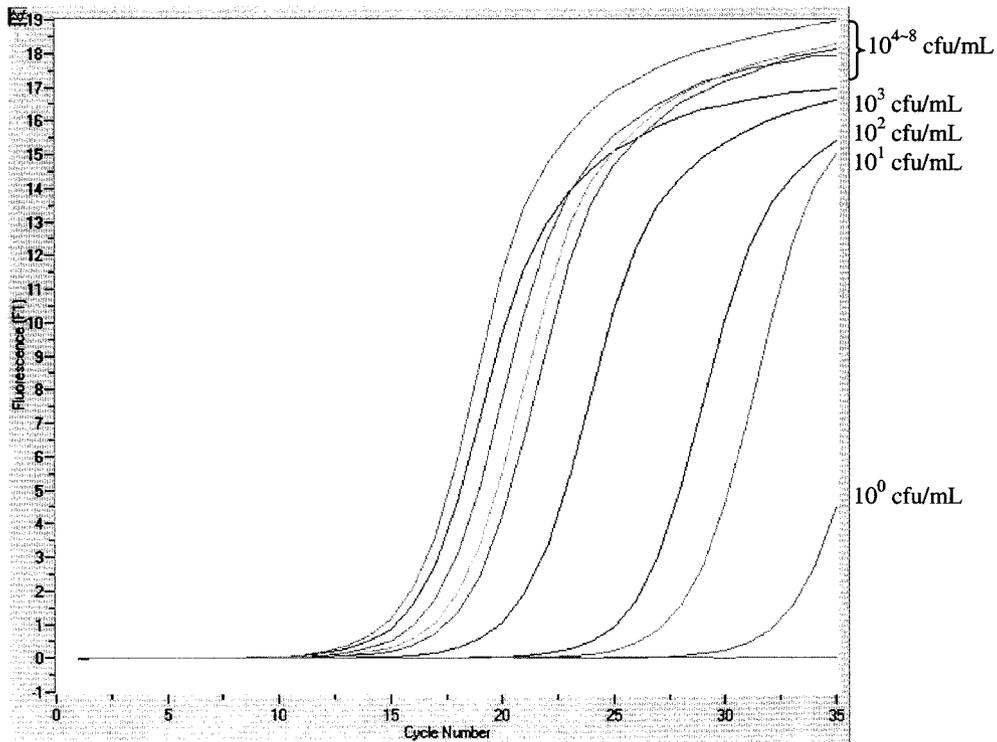
FIG. 3. Sensitivity of the real-time PCR assay for detection of the *nuc* gene from the overnight-cultured broth.

CFU/ml of inoculum in broth (Fig. 3). After 3 and 6 days of incubation, the detection limits were 10^0 to 10^1 and 10^0 to 10^2 CFU/ml of inoculum in broth, respectively.

MRSA identification. All MRSA strains tested in the study presented two peaks in the melting curve analysis; one peak was specific for the *mecA* gene with a T_m of 77.50 to 79.00°C,

and one was specific for the *nuc* gene with a T_m of 79.90 to 80.60°C. MSSA strains had only a *nuc* peak, MRSE strains had only a *mecA* peak, and MSSE strains had no peak (Fig. 4). The *mecA* and *nuc* genes could be detected, by use of LightCycler real-time PCR, with an amount of DNA template as small as 1.5×10^2 genomic molecules (Fig. 5).
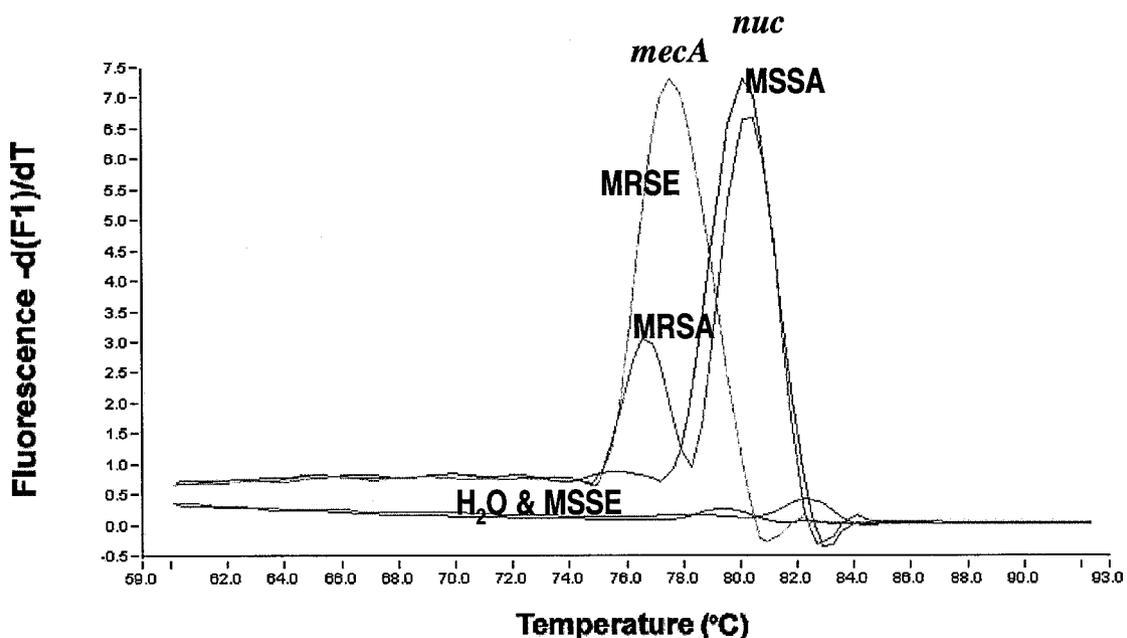
FIG. 4. T_m curves for MRSA, MSSA, MRSE, and MSSE in *mecA* and *nuc* duplex real-time PCR (MRSA identification).
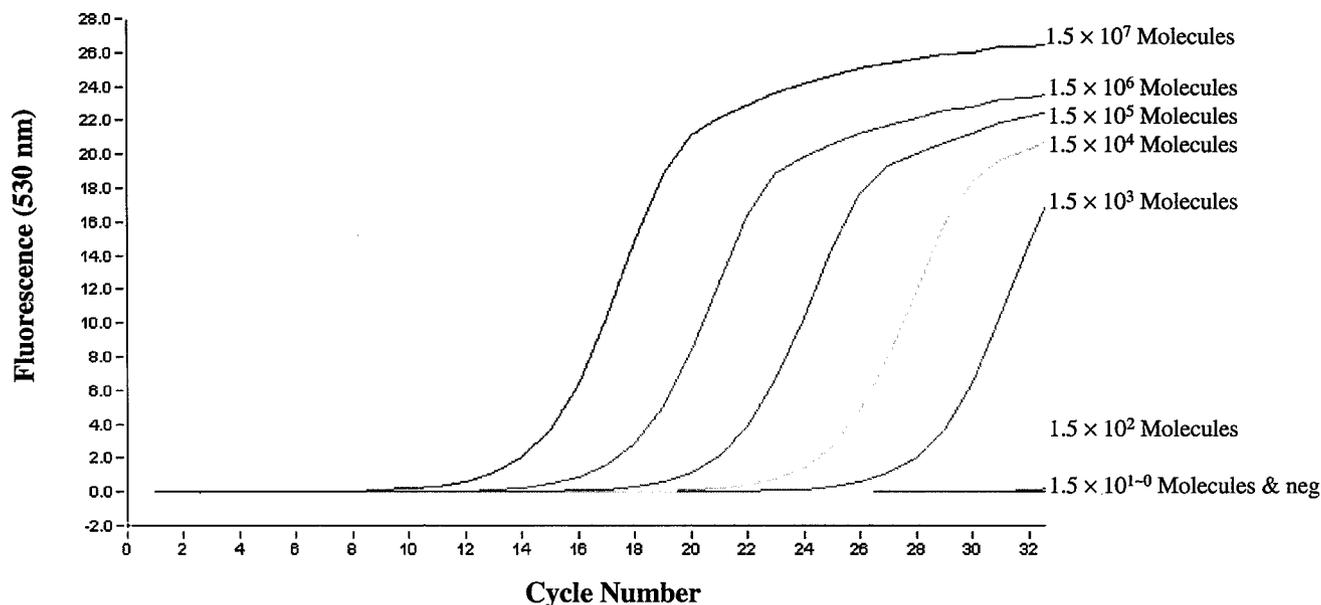
FIG. 5. Sensitivity of the *mecA* and *nuc* duplex real-time PCR assay, determined through serial dilutions of the template DNA extracted from MRSA strain CCUG 31966.

DISCUSSION

MRSA is now one of the most important nosocomial pathogens worldwide. The prevalence of MRSA, however, varies markedly by country. The prevalence of MRSA in northern European countries is low; this is assumed to be due at least in part to the prompt implementation of aggressive infection control measures (1, 6, 21, 22). Screening high-risk patients and health care workers for MRSA is one of the control measures. Several studies have found that such screening programs are cost-effective (3, 10, 12, 16).

The conventional culture methods are time- and labor-consuming, and the diagnostic values are not as good as those of the new MRSA screening method. Especially because the number of samples for MRSA screening has increased dramatically in recent years, a more efficient method is needed to meet the clinical requirements. In the present study, we report a rapid and sensitive method, using MRSA-selective broth and real-time PCR, to screen for the presence of MRSA. This procedure started with enrichment of bacteria in a selective broth that favors the growth of MRSA, followed by detection of an *S. aureus*-specific gene (*nuc*) via real-time PCR. The *nuc*-negative samples were further processed by a PCR inhibitor assay to check for *nuc* amplification-inhibitory substances. *nuc*-negative samples without *nuc* PCR inhibitors were regarded as MRSA negative. Compared to the broth enrichment method and the conventional plating method, which required incubation for 2 days, the overnight broth-PCR assay achieved the same sensitivity, 93.3%, and a higher specificity (89.6% versus 61.2 and 10.7%, respectively), positive predictive value

(31.8% versus 11.1 and 5.1%, respectively), and negative predictive value (99.6% versus 99.4 and 96.9%, respectively).

The gene coding for methicillin resistance (*mecA*) was not targeted in this screening assay (broth-PCR), because the DNA template used at this step was directly extracted from the broth, which was a mixed culture. In these mixed cultures, CoNS were the predominant bacteria. It is known that methicillin resistance is frequent among CoNS on a global scale (8, 9, 17). At our hospital the incidence of methicillin resistance in CoNS is 45%. Therefore, the addition of *mecA* in the screening method would not really increase the specificity and positive predictive value of the method, but it would give rise to false-positive results in cases such as those involving methicillin-resistant CoNS combined with MSSA.

The sensitivity assay showed that the *nuc* gene could be identified with an inoculum as low as 1 to 10 CFU/ml in the broth after overnight cultivation. Prolonged incubation did not produce higher sensitivity. The study indicated that overnight was a suitable interval for incubation before proceeding to the following PCR assay.

Since the sample used for *nuc* PCR was from the enriched broth, it is possible that PCR-inhibitory substances were present in the sample. To determine whether *nuc* amplification inhibitors were present in the *nuc*-negative samples, a PCR internal inhibitor assay was performed as a complementary test to the broth-PCR method. The compositions of clinical samples are usually complicated and display great variation, which could range from mixed culture to bacteria-free, so a possible way to check for PCR internal inhibitors is to add a minimal amount of positive DNA to the PCR system. In this study, the PCR inhibitor assay was aimed at determining if *nuc* amplification was inhibited or disturbed in those *nuc*-negative samples, so the direct method was to add the *nuc*-positive DNA to the PCR system. One advantage of using the *nuc*-positive DNA was that all the other parameters in the PCR inhibitor

assay, including the criteria in data analysis, were exactly the same as those in the *nuc* PCR, so the inhibitory status of the *nuc* PCR could be truly reflected through the PCR internal inhibitor assay. A negative result in the PCR inhibitor assay indicated that *nuc* amplification was inhibited or disturbed by the inhibitory substances in the sample DNA. Although only one sample was found to inhibit *nuc* amplification in this study, and it was proved to be a non-MRSA sample (Fig. 2), we still think it necessary to include this assay in the broth-PCR method in order to reduce the number of false *nuc*-negative cases.

With the application of this method, most of the negative samples (258 of 289 [89.3%]) can be identified the next morning after sampling, so the time to obtain the negative result can be reduced to 16 to 18 h. Meanwhile, as much as 84.9% (258 of 304) of the labor and cost spent on processing *nuc*-negative specimens on plates can be saved, which is especially cost-effective in countries such as Sweden, where the prevalence of MRSA remains low. This new MRSA-screening method has now been applied at our routine laboratory. The introduction of this new method is of significance in clinics. According to our policy, patients who are highly suspected to be colonized with MRSA, such as patients hospitalized abroad, are isolated in a single room until the cultures become MRSA negative. An earlier MRSA-negative report makes it possible for patients to go to open wards earlier, saving much expense.

One explanation for the missed MRSA strain in the broth-PCR assay and broth enrichment assay is that the inoculum of the bacteria in the broth was lower than the detection limits of the assays. PCR inhibitors were not detected from the extracted DNA of this sample (sample 13), and no *S. aureus* was isolated from the enriched broth.

Identification of MRSA by real-time PCR has been reported previously (7, 18, 20). In the study by Tan et al. (20), the detection of MRSA was performed with two separate PCRs, for an *S. aureus*-specific gene (*Sa442*) and the *mecA* gene, respectively, by using a cyanine 5-labeled probe and SYBR Green I. In the studies of Reischl et al. (18) and Grisold et al. (7), the PCR assay was carried out with two pairs of hybridization probes labeled with different dyes. Here we report a real-time PCR assay which applies SYBR Green I as the only fluorescent agent for detecting *mecA* and *nuc*, simultaneously, in one PCR. By using the conditions described in the present study, both *mecA* and *nuc* could be easily detected with a DNA template in a range of 1.5×10^2 to 1.5×10^7 genomic molecules in the reaction mixture (Fig. 5). The DNA extracted from a single colony, by using our simple and rapid boiling procedure (described in Materials and Methods), usually has a concentration of 1.5×10^6 to 6.0×10^6 molecules/µl. Thus, the duplex PCR with SYBR Green I described in this study is sensitive enough to be used as a routine diagnostic method. The specificity of this method has been tested with a panel of standard strains of species other than *S. aureus*, and no cross-reactivity was observed. Furthermore, by the combination of the simple template DNA preparation with the rapid thermocycling of the LightCycler system, results are available within 1 h.

In conclusion, the broth-PCR method is an efficient MRSA-screening assay. The duplex real-time PCR for rapid identification of MRSA is a valuable tool in a routine microbiological laboratory.

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ERRATUM

Rapid Screening and Identification of Methicillin-Resistant *Staphylococcus aureus* from Clinical Samples by Selective-Broth and Real-Time PCR Assay

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Volume 41, no. 7, p. 2894–2899, 2003. Page 2894, column 2, lines 16 and 17 should read as follows: "... CCUG 31966 (a homogeneously, highly resistant strain) and CCUG 46147 (a heterogeneously, weakly resistant strain) ..."