

1 **Development and Evaluation of an Enterovirus D68 Real-Time Reverse**  
2 **Transcriptase Polymerase Chain Reaction (RT-PCR) Assay**

3

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21 **Keywords**

22 EV-D68, enterovirus, RT-PCR, infectious disease, virus

23

24 **ABSTRACT**

25 We have developed and evaluated a real-time reverse transcription PCR (RT-  
26 PCR) assay for detection of human enterovirus D68 (EV-D68) in clinical  
27 specimens. This assay was developed in response to the unprecedented 2014  
28 nationwide EV-D68 outbreak associated with severe respiratory illness in the  
29 United States. As part of our evaluation of the outbreak, we sequenced and  
30 published the genome sequence of the EV-D68 virus circulating in St. Louis,  
31 Missouri. This sequence, along with other GenBank® sequences from past EV-  
32 D68 occurrences, was used to computationally select a region of EV-D68  
33 appropriate for targeting in a strain-specific RT-PCR assay. The RT-PCR assay  
34 amplifies a segment of the VP-1 gene with an analytic limit of detection of 4  
35 copies per reaction, and was more sensitive than commercially available assays  
36 that detect enteroviruses and rhinoviruses without distinguishing between the  
37 two, including three multiplex respiratory panels approved for clinical use by the  
38 FDA. The assay did not detect any other enteroviruses or rhinoviruses tested,  
39 and did detect divergent strains of EV-D68, including the first EV-D68 strain  
40 (Fermon) identified in California in 1962. This assay should be useful for  
41 identifying and studying current and future outbreaks of EV-D68 viruses.

42

43

44 **INTRODUCTION**

45 Human enterovirus D68 (EV-D68) was first isolated from samples obtained in  
46 California in 1962 from four children with pneumonia and bronchiolitis (1). The

47 type strain isolated from one of these children has been designated the Fermon  
48 strain. Subsequently, only small numbers of EV-D68 cases were reported until  
49 the early 2000s (2). However, from 2008-12 outbreaks in Japan, the Philippines,  
50 the Netherlands, and the USA (Georgia, Pennsylvania, and Arizona) have  
51 revealed EV-D68 as an emerging pathogen capable of causing severe  
52 respiratory illness (2-5, 7, 9). During the 2014 enterovirus/rhinovirus season in  
53 the United States, EV-D68 circulated at an unprecedented level (5). From August  
54 2014 to January 2015, Centers for Disease Control and Prevention (CDC) and  
55 state public health laboratories confirmed a total of 1,153 cases of respiratory  
56 illness caused by EV-D68, with at least 14 deaths. The spectrum of disease was  
57 diverse. Cases of flaccid paralysis have been reported in association with EV-  
58 D68 infection, but as of the time of this report, a causal relationship has not been  
59 proven (6). Infected individuals were primarily children, and resided in 49 states  
60 and the District of Columbia (5). The CDC has also reported there were likely  
61 millions of EV-D68 infections in which the etiology was not determined (5).

62

63 In mid-August of 2014, hospitals in Missouri and Illinois noticed an increased  
64 number of patients with severe respiratory illness and reported the presence of  
65 EV-D68 (7). We also observed this pattern at St. Louis Children's Hospital in St.  
66 Louis, Missouri. Because efforts to define the outbreak were hampered by the  
67 lack of a test for EV-D68 that did not require nucleotide sequencing, we  
68 undertook the development of a rapid, specific RT-PCR assay. We began by  
69 sequencing the genome of a representative EV-D68 isolate from St. Louis to

70 obtain the sequence information required to define an assay with optimal  
71 sensitivity and specificity (8). EV-D68 causes respiratory illness and the virus can  
72 be found in an infected person's respiratory secretions, such as saliva, nasal  
73 mucus, or sputum (9). Therefore, an appropriate assay would primarily focus on  
74 evaluating respiratory disease due to EV-D68 by targeting nasopharyngeal and  
75 other respiratory specimens.

76

77 Development goals for our EV-D68 RT-PCR assay included: 1) avoiding false-  
78 positive detection of closely related enteroviruses and rhinoviruses, 2) increasing  
79 clinical and analytical sensitivity compared to other available assays, and 3)  
80 retaining capability for sensitive detection of all known EV-D68 variants.

81

## 82 **MATERIALS AND METHODS**

83 **Local specimens.** After the EV-D68 outbreak was identified in August 2014 (7),  
84 clinical specimens testing positive for enterovirus/rhinovirus with the BioFire  
85 FilmArray Respiratory Virus Panel (BioFire Diagnostics, Inc., Salt Lake City,  
86 Utah) were provided for further testing by the Diagnostic Virology Laboratory at  
87 St. Louis Children's Hospital, consistent with a protocol for testing of de-identified  
88 residual clinical specimen material approved by the Washington University  
89 Human Research Protection Office. Fourteen enterovirus/rhinovirus-positive  
90 specimens from the 2014 season were identified as containing EV-D68 by  
91 sequencing of the 5'-nontranslated region of each virus (10). Extracts of total  
92 nucleic acid were prepared from 100 $\mu$ l aliquots of original specimen using a

93 bioMerieux NucliSENS® easyMAG® automated extractor (bioMerieux Durham,  
94 NC).

95

96 **Challenge panel from New York State Department of Health.** We received a  
97 challenge panel from the New York State Department of Health (courtesy of  
98 Kirsten St. George and Daryl Lamson). Viruses included are shown in  
99 **Supplemental Table S1.** This panel included nucleic acid extracts prepared  
100 using the NucliSENS® easyMAG® automated extractor from clinical specimens  
101 containing the following viruses, identified at the Wadsworth Laboratory by VP1  
102 sequencing: Coxsackie A16 (n=2) and 21 (n=2), echovirus 18 (n=2) and 30, and  
103 enterovirus 71 (n=2). The panel also included a collection of 20 EV-D68 viruses  
104 selected to represent a range of sequence variants. A review of the VP1  
105 sequences from this panel showed 93.8%-99.4% sequence identity when  
106 compared to the St. Louis 2014 strain. In comparison, the 1962 Fermon strain  
107 (see below) had 84.4% identity to the St. Louis 2014 strain in the sequenced VP1  
108 region.

109

110 **Challenge set from Children’s Hospital Colorado.** We also received a  
111 challenge set from Children’s Hospital Colorado (courtesy of Christine Robinson),  
112 consisting of frozen aliquots of cultures positive for the following viruses:  
113 Coxsackie A7 and 9; Coxsackie B 1-5; echoviruses 1,3,4,5,6,11,19, and 30; and  
114 enteroviruses 68 (Fermon), 70, and 71. Most of these viruses were obtained  
115 originally from the American Type Culture Collection (ATCC®). Others were

116 derived from clinical specimens that had been typed by the Centers for Disease  
117 Control (personal communication from Christine Robinson). All viruses received  
118 are shown in **Supplemental Table S1**. Total nucleic acid extracts were prepared  
119 at Washington University.

120

121 **Washington University samples.** Our Special Projects Laboratory at  
122 Washington University provided an additional panel of challenge viruses. These  
123 viruses had been detected in patient specimens from research projects carried  
124 out in the past five years (11). Viruses in this panel had been typed based on  
125 sequencing a region of the 5'-nontranslated region (10). Total nucleic acid  
126 extracts were prepared using either the NucliSENS easyMAG automated  
127 extractor or Roche MagNA Pure Compact System (Roche Diagnostics GmbH,  
128 Germany). Viruses included echovirus 14, Coxsackie A16, and 59 rhinoviruses  
129 from species A-C. The rhinovirus types and extraction methods are shown in  
130 **Supplemental Table S1**. We verified that our assay could amplify EV-D68 from  
131 total nucleic acid prepared on both extraction platforms.

132

133 **EV-D68 St. Louis 2014 genome sequence.** As previously described (8), we  
134 used high-throughput sequencing on the Illumina HiSeq 2500 to obtain one  
135 complete and eight partial sequences (GenBank: KM881710.2, BioProject:  
136 PRJNA263037) from specimens obtained during the 2014 outbreak in St. Louis.  
137 This genome sequence, along with other concurrently sequenced/published 2014

138 EV-D68 genomes, was used as a baseline for circulating EV-D68 sequence  
139 specificity.  
140  
141 **PCR amplicon sequence selection.** To create an assay with specificity for EV-  
142 D68, we performed comprehensive *in silico* analysis of all viruses in NIH's  
143 GenBank genetic sequence database using a *k*-mer approach described below  
144 to identify unique, contiguous sequences for candidate RT-PCR primers and  
145 probes. *K*-mer frequency-based methods were originally used in whole genome  
146 shotgun assembly algorithms to remove reads containing frequently occurring  
147 subsequences of length *k* during genome assembly (12, 13). We started by  
148 creating a consolidated viral sequence database by collecting all FASTA  
149 nucleotide sequences from viruses that infect vertebrate or invertebrate hosts, as  
150 found in the following areas of GenBank: RefSeq, Genome Neighbors, and  
151 Influenza Virus Resource. The database contained sequences from 34 viral  
152 families, which consisted of 190 annotated viral genera and 337 species. By  
153 design, this database contained only a single, complete EV-D68 reference  
154 genome (STL 2014 strain, GenBank: KM881710.2). Comprehensive *k*-mer  
155 analysis was performed on the database by indexing and reporting all 20-mer  
156 subsequences using Tallymer software (14). We eliminated 20-mers that were  
157 not unique in the *k*-mer pool, thus leaving 20-mers that were unique to EV-D68  
158 as well as those unique to other viral species. EV-D68-unique 20-mers were  
159 collected by using BLAST (15) to align all unique 20-mers to the EV-D68  
160 reference genome, requiring 100% identity. The EV-D68-specific 20-mers were

161 consolidated into contiguous sequences by merging overlapping sequences with  
162 the BEDTools suite of utilities (16). Contiguous sequences  $\geq 60$  base pair (bp)  
163 were identified as promising regions for RT-PCR primer and probe design. Of  
164 these, a 141-bp region was selected based on its uniqueness, length, and  
165 relative conservation among available EV-D68 nucleotide sequences. Notably,  
166 this region was within the VP1 gene that is considered the "gold standard" for  
167 enterovirus typing (17, 18).

168

169 **Design of oligonucleotide primers and probes.** In addition to the VP1 gene  
170 sequence represented by our candidate 141-bp region from the St. Louis 2014  
171 strain of EV-D68, we also collected 396 other unique EV-D68 VP1 sequences  
172 from GenBank. These nucleotide sequences were mapped and visualized online  
173 using MUSCLE (19) at the NIAID Virus Pathogen Database and Analysis  
174 Resource (ViPR) (<http://www.viprbrc.org>) website to produce a multiple sequence  
175 alignment (MSA). Focusing on the candidate 141-bp region within the MSA, we  
176 evaluated single nucleotide polymorphism (SNP) frequencies and identified  
177 conserved segments appropriate for primer and probe placement. The GenScript  
178 Real-time PCR Primer Design application (URL: [https://www.genscript.com/ssl-](https://www.genscript.com/ssl-bin/app/primer)  
179 [bin/app/primer](https://www.genscript.com/ssl-bin/app/primer)) was used to evaluate primer/probe options. Criteria for ideal  
180 amplicon selection included: primer sequences no shorter than 20 bp, PCR  
181 amplicons  $< 100$  bp in length, and  $T_m$  values within a  $+55$  to  $+70$  °C range.

182



183 Based on this procedure, we selected an RT-PCR set consisting of two primers  
184 and a single probe with complete sequence identity to the 2014 outbreak virus  
185 (WashU Design 1). To broaden the detection of EV-D68 viruses, we made  
186 modifications based on SNP frequencies that included the addition of degenerate  
187 bases and a second reverse primer (WashU Design 2). Both designs are shown  
188 in **Table 1** and **Figure 1**.

189

190 **Additional specificity analysis.** The selected RT-PCR primer and probe  
191 sequences were aligned to GenBank nt database while excluding EV-D68 taxon  
192 (txid 42789) sequences, to evaluate possible homology to non-EV-D68  
193 sequences. Using the NCBI's online BLAST interface (20, 21) for highly similar  
194 sequence alignment (megablast), fewer than 20 alignments (90-100% identity)  
195 were produced with all having identity to EV-D68 partial coding sequences that  
196 had been submitted to the database without full EV-D68 taxon designation (txid  
197 1193974). Using discontinuous megablast, the top alignments that were not  
198 related to EV-D68 had between 70-83% sequence identity to EV-D70.

199

200 **Washington University EV-D68 RT-PCR procedure.** Primers and probes for  
201 the WashU assays were ordered from Applied Biosystems® at Life Technologies  
202 (Grand Island, NY). Other reagents included low EDTA TE, AgPath-ID One Step  
203 RT-PCR kit (Life Technologies), and H<sub>2</sub>O for negative controls. Master mixes  
204 consisting of 10X primer/probe (4 μM primers/2 μM probe) were produced for  
205 each assay and 20 μL of master mix was added to each well of a 96-well PCR

206 plate. For the clinical specimens and controls, 5  $\mu$ L of each sample was added to  
207 the reaction. ROX™ Passive Reference Dye was included in the RT-PCR buffer  
208 to normalize well-to-well differences. Reactions were run on the Applied  
209 Biosystems® 7500 Real-Time PCR System and analyzed using accompanying Ct  
210 (threshold cycle) analysis software. Thermal cycling conditions were: 45 °C for 10  
211 minutes, followed by 95 °C for 10 minutes, followed by 45 cycles of 95 °C for 15  
212 seconds and 60 °C for 45 seconds.

213

214 **Modification of the CDC-published EV-D68 assay.** In mid-October 2014, the  
215 CDC Picornavirus Laboratory made a new EV-D68-specific RT-PCR assay  
216 available (personal communication from Steve Oberste at the Centers for  
217 Disease Control and Prevention, Atlanta, Georgia). We tested the CDC EV-D68-  
218 specific RT-PCR according to the procedure available at that time on the CDC  
219 website. In addition, we tested the same assay with Cy5 replacing FAM as the  
220 probe reporter dye (modified CDC assay) because of concerns for quenching of  
221 FAM by the guanine base located at the 5' end of the probe (22) (personal  
222 communication from Rangaraj Selvarangan, Children's Mercy Hospital, Kansas  
223 City, MO). Primers and probes for the CDC assay were ordered from Integrated  
224 DNA Technologies, Inc. (Coralville, Iowa).

225

226 **Commercial and laboratory-developed assay testing.** Commercial multiplex  
227 panels that detect enteroviruses/rhinoviruses were tested according to the  
228 manufacturers' instructions. These assays included: Luminex xTAG® Respiratory

229 Viral Panel (CE cleared- EU/ROW, analyzed with the IS software version 2.3,  
230 which includes the FDA-approved Luminex targets plus additional targets for  
231 coronaviruses and parainfluenzavirus type 4 to be used only for research  
232 purposes) (Luminex, Austin, TX), GenMark Dx eSensor® Respiratory Viral Panel  
233 (GenMark Diagnostics, Inc., Carlsbad, CA), BioFire FilmArray® Respiratory  
234 Panel IVD (BioFire Diagnostics, Inc., Salt Lake City, Utah), Cepheid GeneXpert®  
235 EV IVD (Cepheid, Sunnyvale, CA), and Focus Enterovirus Primer Pair Analyte  
236 Specific Reagent (ASR) (Focus Diagnostics, Inc., Cypress, California).

237 We also evaluated two laboratory developed tests (LDTs), the pan-enterovirus  
238 assay described by Nijhuis, et al. (23) and an assay described by Piralla, et al.  
239 (24) that targets the 5'-nontranslated region of EV-D68. To determine the relative  
240 sensitivities of the different LDTs and commercial molecular assays for the  
241 detection of EV68, material from the original specimen that yielded the full-length  
242 sequence of the St. Louis EV-D68 strain was used. For the Cepheid GeneXpert®  
243 and BioFire FilmArray® assays, which require raw un-extracted specimen, a  
244 series of 10-fold dilutions of the original specimen was made using Universal  
245 Transport Medium (UTM) (Diagnostic Hybrids, Athens, Ohio) as diluent. 300µl of  
246 each dilution was then tested in the BioFire assay and 140µl in the GeneXpert®  
247 assay according to the manufacturers' instructions. For the LDTs and the  
248 GeneMark and Luminex xTAG® assays, which require extracted nucleic acids,  
249 total nucleic acids were extracted from 100µl of original specimen using a  
250 bioMerieux NucliSENS® easyMAG® automated extractor (bioMerieux Durham,  
251 NC). A series of 10-fold dilutions of the extract was then made using low EDTA

252 TE as diluent, and each dilution was tested in each assay. For the Focus  
253 Enterovirus ASR assay, 5µl of reaction mix and 5µl of EasyMag nucleic acid  
254 extract was added to the wells of a 3M™ Integrated Cyclor Universal Disc, and  
255 the amplification assay was run using standard Focus Diagnostics assay  
256 parameters and 3M™ Integrated Cyclor. For the pan-enterovirus assay, we used  
257 the AgPath-ID One Step RT-PCR kit and recommended cycling conditions, using  
258 an Applied Biosystems® 7500 Real-Time PCR System. For the assay targeting  
259 the 5'-nontranslated region of EV-D68, we followed the authors' recommended  
260 procedures and cycling conditions, using an Applied Biosystems® 7300 Real-  
261 Time PCR System.

262

263 **Analytic limit of detection.** A 791-bp region of VP1 containing the amplicon of  
264 the WashU assays was reverse transcribed, amplified and cloned from a clinical  
265 sample from the 2014 season from St. Louis using the primers EV68-VP1-2325-  
266 fwn GGRTTCATAGCAGCAAAAAGATGA and EV68-VP1-3121-rvni  
267 TAGGYTTCATGTAAACCCTRACRGT, which were previously described (25).  
268 The product was cloned using a TOPO® TA cloning kit (Life Technologies, Grand  
269 Island, NY). Sequence was verified by dideoxy sequencing of the plasmid insert.  
270 The plasmid was linearized with *SpeI* prior to its use as a template in the real-  
271 time RT-PCR assay. The analytic limit of detection (LOD) was determined by  
272 testing up to 10 replicates of dilutions of the linearized cloned VP1-containing  
273 plasmid on two separate days. Probit analysis was carried out using IBM SPSS  
274 Statistics Desktop (version 22) software.

275

276 **RESULTS**

277 **Comparison of WashU and CDC assays.** We tested our two assays and the  
278 two versions of the CDC assay on a set of clinical samples from the 2014  
279 outbreak (**Table 2**). We also included the Fermon strain of EV-D68 obtained from  
280 the Children's Hospital Colorado. The two WashU assays performed similarly on  
281 the samples, with less than 1 cycle difference between the two assays for 12 of  
282 the 14 samples. The published CDC assay (FAM reporter) performed less well,  
283 failing to detect 6 of the 14 samples. However, the modified CDC assay (i.e.  
284 substitution of FAM with Cy5) enabled detection of all 14 samples. However, the  
285 Ct values were higher for the modified CDC assay when compared to the WashU  
286 assays. The WashU assays but not the CDC assays detected the Fermon strain.  
287 Strikingly, the WashU Design 2 assay detected Fermon 6.7 RT-PCR cycles  
288 earlier than WashU Design 1 assay and the amplification curve indicated  
289 improved amplitude and amplification efficiency (**Figure 2**).

290

291 To follow-up on this observation, additional clinical samples from the 2014  
292 season that had been tested with WashU Design 1 were identified for  
293 comparison with the modified CDC assay (**Table 3**). Only the modified assay was  
294 used because of its greater sensitivity. The samples were selected to include 10  
295 from each of 4 categories based on the Ct of the WashU assay: Ct < 22; Ct = 22-  
296 27; Ct = >27-32; Ct > 32. Twenty samples negative for EV-D68 were also tested.

297 In this test the modified CDC assay detected all of the samples with Ct values  
298  $\leq 32$ , but failed to detect those with Ct values  $> 32$ .

299

300 **Other EV-D68 viruses.** The WashU assays were used to test an additional 20  
301 specimens positive for EV-D68 from the New York State Department of Health.  
302 Both WashU assays detected EV-D68 in each sample.

303

304 **Analysis of specificity.** Specificity of the WashU assays was evaluated using  
305 test panels provided by the New York State Department of Health, the Children's  
306 Hospital Colorado, and our own Special Projects Laboratory. These panels  
307 included 4 different Coxsackie A viruses, 5 different Coxsackie B viruses, 9  
308 different echoviruses, 3 enteroviruses including EV-D70, which is the enterovirus  
309 that is most closely related to EV-D68, and 59 rhinoviruses representing species  
310 A-C. All viruses tested are shown in **Supplemental Table S1**. The presence of  
311 viral RNA was confirmed for each of these samples by amplification of the  
312 nucleic acid extract with an alternative pan-enterovirus/rhinovirus real-time RT-  
313 PCR assay. The WashU assays did not amplify any of the of the test panel  
314 viruses.

315

316 **Comparison with laboratory-developed and commercial assays.** We  
317 compared sensitivity of the WashU EV-D68 assays with that of 5 commercial  
318 enterovirus assays and 2 LDTs that detect enteroviruses and/or rhinoviruses, but  
319 do not specifically distinguish subtypes (**Table 4**). We prepared 10-fold serial

320 dilutions of a clinical sample from the 2014 St. Louis outbreak and tested each of  
321 the assays in parallel. We found that the WashU assays were able to detect EV-  
322 D68 at a dilution of  $10^{-5}$ , which was 10- to 100-fold more sensitive than the  
323 commercial Luminex xTag<sup>®</sup>, GenMark Dx eSensor<sup>®</sup>, Biofire FilmArray<sup>®</sup>, Cepheid  
324 GeneXpert<sup>®</sup>, and Focus Enterovirus assays. The LDT targeting the 5'-  
325 nontranslated region of EV-D68 showed equivalent sensitivity in detecting  
326 Fermon when compared to the WashU Design 2 assay; however, it had higher Ct  
327 values overall when compared to the WashU assays in detecting the 2014  
328 outbreak strain, and was 10-fold less sensitive in serial dilution testing. Only the  
329 pan-enterovirus LDT had comparable sensitivity to the WashU assays.

330

331 **Analytic sensitivity.** In order to determine the limit of detection (LOD) of the  
332 WashU EV-D68 assay, the cloned 791-bp fragment of VP1 was serially diluted in  
333 a range of  $0.14 \times 10^0$  to  $1 \times 10^2$  copies per reaction and tested with the WashU  
334 Design 1 assay. Up to ten replicates were carried out at each dilution on two  
335 separate days. The resulting 95% LOD determined by probit regression analysis  
336 was 4 copies per reaction, with a 95% confidence interval of 3.1-6.6 copies.

337

### 338 **DISCUSSION**

339 During the summer and fall of 2014, enterovirus D68 circulated at an  
340 unprecedented level in the United States (4-5, 7). Because no molecular test was  
341 available for EV-D68-specific identification, laboratories were forced to rely on  
342 amplification and partial sequencing of the structural protein genes, VP4-VP2 or

343 VP1 (17, 18), a much more cumbersome procedure than a specific real-time RT-  
344 PCR assay. The lack of a rapid molecular assay resulted in vast under-  
345 recognition and under-reporting of cases of EV-D68 infection because the  
346 majority of clinical laboratories did not have the ability to test specifically for EV-  
347 D68. Specific identification of EV-D68 was primarily from the CDC and state labs.  
348 Several FDA-approved multiplex assays for detection of respiratory viruses  
349 detect enteroviruses, but these systems are broadly reactive and do not  
350 distinguish between enteroviruses and rhinoviruses; results are typically reported  
351 as *human rhinovirus/enterovirus*.

352

353 In response to the 2014 nationwide enterovirus D68 outbreak and associated  
354 increase in severe respiratory illness presentations, we developed and evaluated  
355 a real-time reverse transcription PCR assay for detection of EV-D68 in clinical  
356 specimens. Development of this assay was informed by sequencing the  
357 complete genome of the EV-D68 virus circulating in St. Louis, MO during the  
358 outbreak. Our RT-PCR's primer and probe sequences were derived  
359 computationally by *k*-mer-mediated filtering of potentially cross-reactive, non-EV-  
360 D68 viral sequences. Broad detection of EV-D68 was achieved through multiple  
361 sequence alignment review using all published EV-D68 VP1 regions available  
362 through GenBank. Reduced sensitivity for the older, more distant Fermon EV-  
363 D68 type-strain, which has only 87.9% identity to the genome sequence of the  
364 St. Louis virus, led us to modify the assay, which then proved capable of  
365 efficiently amplifying more divergent EV-D68 viruses as well.



366

367 The CDC released the design and protocol for an EV-D68-specific RT-PCR on  
368 their website as a diagnostic resource for clinicians and health care professionals  
369 in mid-October 2014. As noted within the CDC's protocol, the amplicon size of  
370 272 bp is larger than ideal for a real-time RT-PCR assay. Furthermore, their  
371 selected TaqMan® probe had a guanine (G) at the 5'-end linked to the  
372 fluorophore FAM, potentially incurring unwanted fluorescence quenching.  
373 Replacement of FAM with Cy5 significantly improved the CDC assay's ability to  
374 detect EV-D68 (**Table 2**).

375

376 We evaluated the CDC's assay alongside our own, testing against EV-D68-  
377 positive clinical samples (n=35). Based on serial dilution testing of the 2014  
378 outbreak virus, the WashU RT-PCR assays were 100-fold more sensitive than  
379 the published CDC assay, and the CDC assay failed to detect the Fermon strain.  
380 In addition, the WashU assays were at least 10-fold more sensitive for detection  
381 of EV-D68 than the FDA-approved commercial assays (i.e. Luminex xTAG RVP,  
382 GenMark Dx eSensor RVP, Biofire FilmArray IVD, and Cepheid GeneXpert) for  
383 enteroviruses/rhinoviruses detection (**Table 4**) with the further advantage of  
384 specific identification of EV-D68. The WashU assays showed no evidence of  
385 amplification of other enteroviruses, including the relatively closely related EV-  
386 D70 virus, or rhinoviruses.

387

388 There are two limitations of this study. First, we were not able to test the  
389 specificity of this assay against every known enterovirus or rhinovirus subtype. It  
390 is possible that the assay could cross-react with another subtype, although that is  
391 not likely based on *in silico* analysis of genome sequences. It is also possible that  
392 the assay could cross-react with a subtype that has yet to be discovered.  
393 Second, although we have tried to show that our assay evaluated a broad range  
394 of EV-D68 strains, EV-D68 strains may exist or emerge with mutations in the  
395 PCR target region that cause the assay to miss that strain of the virus.

396

397 Development of another EV-D68-specific RT-PCR by Piralla, et al. was  
398 communicated in March 2015 (24). This underscores the international interest in  
399 EV-D68 detection stimulated by the global reemergence of the virus in 2014. The  
400 assay targets a 60-bp region of the 5'-nontranslated region of EV-D68.

401 Comparison of the assay to the CDC's RT-PCR and commercially available  
402 enterovirus/rhinovirus clinical assays was not reported in their paper. In our  
403 dilution tests, the assay was 10-fold less sensitive in detecting the 2014 outbreak  
404 strain of EV-D68 when compared to the WashU assays. Furthermore, the  
405 WashU assays detected the undiluted outbreak specimen 7 cycles before the 5'-  
406 nontranslated-targeting assay reached detection. Because these assays detect  
407 completely different segments of the viral genome, they may have  
408 complementary value in future applications.

409

410 While there are no specific treatments for EV-D68, and currently no antiviral  
411 targets available, rapid and accurate diagnosis of current and future EV-D68  
412 infections is of great concern to clinicians and public health authorities. The EV-  
413 D68-specific RT-PCR assay we have developed can be used for epidemiological  
414 studies of the EV-D68 outbreak and for virus monitoring in subsequent seasons.  
415 It is unclear at this time whether typing EV-D68 will be useful for patient  
416 management. However, some FDA-approved multiplex respiratory panels may  
417 not detect EV-D68 optimally or at all. In laboratories using those assays, an  
418 additional assay that detects EV-D68 will be useful for laboratory documentation  
419 of EV-D68 infection, which may help with prognosis, antibiotic use, and  
420 appropriate isolation. The ongoing importance of improved diagnostic capability  
421 for EV-D68 is underscored by the recent decision by the Department of Health  
422 and Human Services to encourage development of EV-D68 testing capability by  
423 authorizing emergency use of new *in vitro* diagnostics for EV-D68 detection  
424 (<http://www.gpo.gov/fdsys/pkg/FR-2015-02-27/html/2015-04121.htm>).

425

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436 the EV-D68 VP1 gene, and Elena Deych from the division of General Medical  
437 Sciences in the Department of Medicine at Washington University for calculating  
438 limit of detection.

439

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448

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#### 540 **FIGURE LEGENDS**

541 **Figure 1.** WashU and CDC RT-PCR design comparison. WashU and CDC RT-  
542 PCR primers and probe locations are illustrated within the VP1 gene of the 2014  
543 outbreak EV-D68 St. Louis (GenBank: KM881710.2) reference genome.

544

545 **Figure 2.** Amplification plot showing WashU RT-PCR assay EV-D68 sensitivity.  
546 PCR amplification cycle number is displayed on the X-axis while  $\log(\Delta R_n)$  is  
547 shown on the Y-axis.  $R_n$  is the fluorescence of the reporter dye divided by the



548 fluorescence of a passive reference dye.  $\Delta R_n$  is  $R_n$  minus the baseline and is  
 549 plotted against PCR cycle number. The light green and light purple lines show  
 550 detection of the 2014 EV-D68 outbreak strain using the WashU Design 1 and  
 551 Design 2 assays, respectively. The brown and dark purple lines show detection  
 552 of the more distant 1962 Fermon EV-D68 type-strain using the WashU Design 2  
 553 and Design 1 assays, respectively. The incorporation of degenerate bases and  
 554 mixed primers in WashU Design 2 shows a significant increase in sensitivity (6.7  
 555 cycles earlier detection) for the Fermon type-strain (brown line), with minimal  
 556 decrease in sensitivity to the 2014 outbreak strain (light purple) (<0.5 cycles  
 557 difference).

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TABLE 1. WashU EV-D68-specific RT-PCR assay primers and probes

Designation	ID	Sequence (5'-3')	Strand	Location <sup>c</sup>	Tm	Modification
WashU Design 1 <sup>a</sup>	L1-1	CACTGAACCAGAAGAAGCCA	forward	2475-2494	59.01	n/a
WashU Design 1 <sup>a</sup>	R1-1	CCAAAGCTGCTCTACTGAGAAA	reverse	2551-2572	58.93	n/a
WashU Design 1 <sup>a</sup>	P1-1	TCGCACAGTGATAAATCAGCACGG	forward	2502-2525	68.39	5' Fam & 3' Tamra
WashU Design 2 <sup>b</sup>	L1-2	CAC(T/C)GAACCAGA(A/G)GAAGCCA	forward	2475-2494	58.38-59.01 <sup>†</sup>	n/a
WashU Design 2 <sup>b</sup>	R1-2	CCAAAGCTGCTCTACTGAGAAA	reverse	2551-2572	58.10-59.75 <sup>†</sup>	n/a
WashU Design 2 <sup>b</sup>	R2-2	CTAAAGCTGCCCTACTAAG(G/A)AA	reverse	2551-2572	58.10-59.75 <sup>†</sup>	n/a
WashU Design 2 <sup>b</sup>	P1-2	TCGCACAGTGATAAATCAGCA(T/C)GG	forward	2502-2525	68.39-69.21 <sup>†</sup>	5' Fam & 3' Tamra

n/a: not applicable

<sup>a</sup> Distinct, single paired-primer design. Amplicon size is 98 bp.<sup>b</sup> Degenerate bases and mixed primers included in design. Amplicon size is 98 bp.<sup>c</sup> EV-D68 STL 2014 (GenBank: KM881710.2) subregion positions, 5'-3' orientation.<sup>†</sup> Tm ranges span all combinations of degenerate bases and mixed primers.

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**TABLE 2.** Comparison of WashU and CDC assays using 2014 EV-D68 outbreak specimens and the Fermon strain

Test Material	Ct values:				ΔCt:	
	WashU Design 1 <sup>a</sup>	WashU Design 2 <sup>b</sup>	CDC <sup>c</sup>	Modified CDC <sup>d</sup>	WashU Design 1 <sup>a</sup> and WashU Design 2 <sup>b</sup>	WashU Design 2 <sup>b</sup> and Modified CDC
EV-D68 specimens:						
WU-EV-1	21.0	21.3	neg	23.7	0.3 <sup>‡</sup>	2.4
WU-EV-2	24.2	25.4	neg	28.7	1.2	3.3
WU-EV-3	20.0	20.7	41.0	22.7	0.7	2.0
WU-EV-4	20.7	20.8	neg	22.5	0.1 <sup>‡</sup>	1.7
WU-EV-5	22.2	22.7	34.6	24.4	0.5 <sup>‡</sup>	1.7
WU-EV-6	20.9	21.2	25.9	23.9	0.3 <sup>‡</sup>	2.7
WU-EV-7	20.5	20.0	neg	23.4	-0.5 <sup>‡</sup>	3.4
WU-EV-8	27.3	27.3	neg	30.8	0 <sup>‡</sup>	3.5
WU-EV-9	17.3	17.5	27.7	20.5	0.2 <sup>‡</sup>	3.0
WU-EV-10	21.4	22.1	37.2	23.8	0.7	1.7
WU-EV-11	26.3	26.8	neg	30.8	0.5 <sup>‡</sup>	4.0
WU-EV-12	24.1	24.5	38.5	27.5	0.4 <sup>‡</sup>	3.0
WU-EV-13	11.2	11.0	23.9	14.7	-0.2 <sup>‡</sup>	3.7
WU-EV-14	20.3	18.5	32.7	20.6	-1.8 <sup>‡</sup>	2.1
Fermon	22.7	15.9	neg	neg	-6.8 <sup>‡</sup>	n/a
water	neg	neg	neg	neg	n/a	n/a

Ct: Crossing threshold; n/a: not applicable

<sup>a</sup> Distinct, single paired-primer design.<sup>b</sup> Degenerate bases and mixed primers included in design.<sup>c</sup> CDC published design with FAM.<sup>d</sup> Modification of CDC assay by replacement of FAM with Cy5.<sup>‡</sup> ΔCt ≤ 0.5

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**TABLE 3.** Comparison of sensitivities of WashU Design 1 and modified CDC assays using 2014 EV-D68 outbreak specimens

Ct value range (WashU Design 1 defined)	# Samples tested	Positive tests:	
		WashU Design 1	Modified CDC
<22	10	10	10
22-27	10	10	10
>27-32	10	10	10
>32	10	10	0
neg	20	20	20

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TABLE 4. Comparison of detection of EV-D68 using laboratory-developed and commercial assays

Test Material	Laboratory-developed assays:					Commercial assays:				
	WashU Design 1 <sup>a</sup>	WashU Design 2 <sup>a</sup>	Modified CDC <sup>a</sup>	5'-nontranslated <sup>a,b</sup>	Pan-entero <sup>a,c</sup>	Luminex xTAG RVP <sup>d</sup>	GenMark Dx eSensor RVP <sup>e</sup>	Biofire FilmArray IVD	Cepheid GeneXpert <sup>a</sup>	Focus Enterovirus ASR <sup>f</sup>
EV-D68 <sup>g</sup> dilutions:										
10 <sup>-1</sup>	21.3	22.9	23.5	30.0	27.1	4415	10.5	pos	28.1	28.2
10 <sup>-2</sup>	24.0	25.5	28.0	33.0	30.1	5112	3.4	pos	31.2	31.6
10 <sup>-3</sup>	28.5	29.9	34.2	36.1	33.7	5405	6.9	pos	34.1	35.9
10 <sup>-4</sup>	31.8	33.1	neg	41.0	38.1	1132	neg	pos	neg	38.1
10 <sup>-5</sup>	36.2	37.0	neg	neg	37.1	neg	neg	neg	nt	neg
10 <sup>-6</sup>	neg	neg	neg	neg	neg	neg	neg	neg	nt	neg
Fermon <sup>h</sup>	20.0	15.4	neg	15.2	18.5	4775	neg	nt	nt	20.7
EV-D70 <sup>i</sup>	neg	neg	neg	neg	14.5	3023	6.8	nt	nt	13.7
water	neg	neg	neg	neg	neg	neg	nt	nt	nt	neg

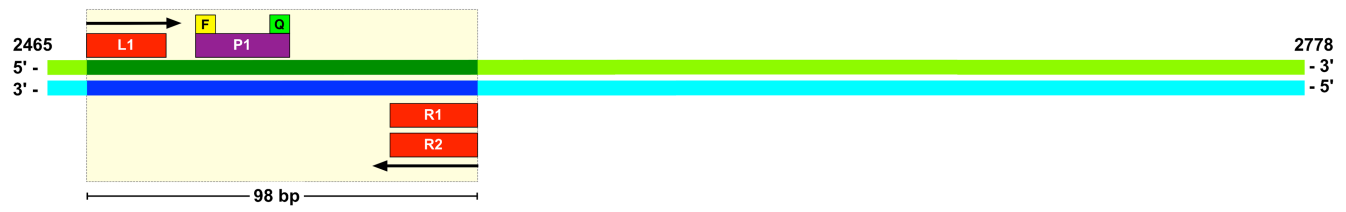
nt = not tested

<sup>a</sup> Ct (cross threshold) values.<sup>b</sup> Protocol as described by Piralla, et al.<sup>c</sup> Protocol as described by Nijhuis, et al. Modifications described in Methods.<sup>d</sup> Luminex MFI (Mean Fluorescence Index) values: negative <150; equivocal 150-300; positive >300.<sup>e</sup> GenMark nanoampere (nA) values: positive >3 with >100 being strong positive.<sup>f</sup> Nucleic acid extracted from nasopharyngeal swab from EV-D68-positive patient. See Methods section for details.<sup>g</sup> ATCC® strains; total nucleic acid extracted from infected cell culture.

568

Figure 1

## WashU RT-PCR



## CDC RT-PCR

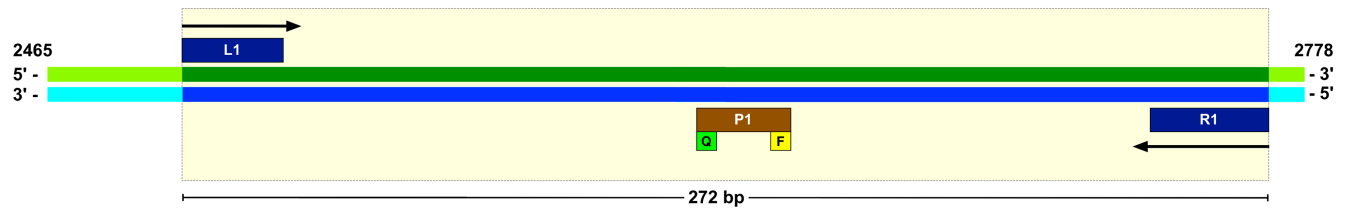


Figure 2

